

The logo features a stylized red silhouette of the state of Arkansas. Inside the outline of the state, there is a white graphic of a person's profile with their hand raised to their forehead, symbolizing care or support.

# ARKANSAS LIFESPAN RESPITE

WINTER 2021 NEWSLETTER

## Volunteers needed to participate in respite awareness video

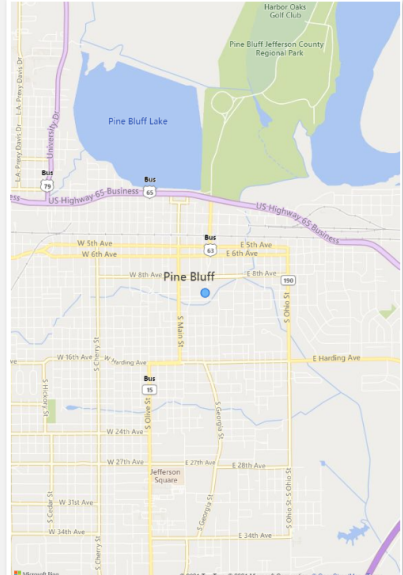
In efforts to launch a wide scale awareness campaign, DHS is looking for anyone interested in participating by sharing their caregiver or respite stories. If you are a family caregiver who needs respite or has used respite, or if you are a respite provider, please reach out to

[ARLifespan.Respite@arkansas.gov](mailto:ARLifespan.Respite@arkansas.gov)  
for more information.



**Lifespan Respite Provider Locations**  
Division of Provider Services and Quality Assurance

Provider Name: All | Medicaid Provider: All | Medicare Provider: All | Ages Served: All | County Served: All | Reset Filter(s) | Data as of 12/14/2021



**Provider List**

- ALS Association Arkansas Chapter-All-Statewide
- Alzheimer's Arkansas-All-Statewide
- ARChoices Medicaid Waiver Program-All-Statewide
- Area Agency on Aging of Northwest Arkansas-Baxter
- Area Agency on Aging of Northwest Arkansas-Benton
- Area Agency on Aging of Northwest Arkansas-Boone
- Area Agency on Aging of Northwest Arkansas-Carroll
- Area Agency on Aging of Northwest Arkansas-Madison
- Area Agency on Aging of Northwest Arkansas-Marion
- Area Agency on Aging of Northwest Arkansas-Newton
- Area Agency on Aging of Northwest Arkansas-Searcy
- Area Agency on Aging of Northwest Arkansas-Washington
- Area Agency on Aging of Southeast Arkansas-Arkansas
- Area Agency on Aging of Southeast Arkansas-Ashley
- Area Agency on Aging of Southeast Arkansas-Bradley
- Area Agency on Aging of Southeast Arkansas-Calhoun
- Area Agency on Aging of Southeast Arkansas-Chicot**
- Area Agency on Aging of Southeast Arkansas-Clark
- Area Agency on Aging of Southeast Arkansas-Cleveland
- Area Agency on Aging of Southeast Arkansas-Desha
- Area Agency on Aging of Southeast Arkansas-Drew
- Area Agency on Aging of Southeast Arkansas-Grant
- Area Agency on Aging of Southeast Arkansas-Jefferson
- Area Agency on Aging of Southeast Arkansas-Lincoln
- Area Agency on Aging of Southeast Arkansas-Winford
- Area Agency on Aging of Western Arkansas-Franklin
- Area Agency on Aging of Western Arkansas-Logan
- Area Agency on Aging of Western Arkansas-Polk
- Area Agency on Aging of Western Arkansas-Scott
- Area Agency on Aging of Western Arkansas-Sebastian
- Area Agency on Aging West Central Arkansas-Clark
- Area Agency on Aging West Central Arkansas-Conroy
- Area Agency on Aging West Central Arkansas-Garland
- Area Agency on Aging West Central Arkansas-Hot Spring
- Area Agency on Aging West Central Arkansas-Johnson
- Area Agency on Aging West Central Arkansas-

**Provider Name**  
Area Agency on Aging of Southeast Arkansas

**County Served**  
Chicot

**Services Offered**  
Respite care insures safety, improves general welfare and assists clients in avoiding institutionalization

**Ages Served**  
60+

**Eligibility Criteria**  
If eligible, caregiver could receive \$500 grant

**Medicaid Provider** Yes | **Medicare Provider** Yes

**Self Employed/Independent**  
No

**Cost of Service**  
Varies by service

**Address**  
709 East 8th PO Box 8569, Pine Bluff AR 71611

**Hours of Operation**  
M-F 8am to 5pm

**Phone**  
870-543-6300

**Email**  
www.aasea.org

**Website**  
www.aasea.org

## Now available: Respite Provider Search Locator

Needing respite but not sure where to find a respite worker?

To better assist family caregivers in finding qualified respite providers or independent respite workers, DHS has built an online, user-friendly search engine available on the DHS website. This search engine provides the caregiver the capability to filter their search by provider name, payment type/method, ages served, or county served. The search results will provide the caregiver with contact information for the provider, link to the provider's website (if applicable), and any eligibility criteria the provider had for services.

Respite providers included in the search engine may be an agency, other professional entity, or a self-employed/independent individual who has successfully complete the soon-to-be-released Lifespan Respite Care Provider Certification. The search engine is not an exhaustive list with every respite provider in the state. While we strive to provide as much information as possible and as accurately as possible, it is up to the respite provider to request to be placed on the search engine for public access. Respite providers can submit their service information form directly from the search engine.

To use the search engine and find a provider near you, go to: [humanservices.arkansas.gov/u/respite-search](https://humanservices.arkansas.gov/u/respite-search)



## **Coming soon statewide: Free online respite provider training and certification**

On January 1, 2022, DHS, along with the Arkansas Lifespan Respite Coalition, will release an free, online respite care worker training and certification course. Known as the Respite Care Provider Training (RCPT), these courses are designed for anyone interested in providing respite care to individuals with varying disabilities and ages across the lifespan. Learners can work at their own pace, starting and stopping as needed to complete all 10 modules. The RCPT is designed as an entry level training program suitable for individuals who have never provided respite before, along with individuals who currently serve as a respite provider. Certification of the RCPT modules will allow individuals to appear as an available respite service provider on Arkansas' new respite search locator.

Course topics include:

- What is Respite
- Disability Basics for Respite Providers
- Client Care for Respite Providers
- Medication Awareness for Respite Providers
- Safety Procedures for Respite Providers
- Caring for Challenging Moments for Respite Providers
- Wellness, Household, and Respite Activities
- Professional Ethics and Interpersonal Skills for Respite Providers
- Meeting with the Caregiver and Care Recipient
- Next Steps in Becoming a Respite Provider

The course is a product of the Respite Provider Recruitment, Training and Retention Project that Arkansas is participating in with 10 other states nationwide.

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Arkansas Department of Human Services  
**LIFESPAN RESPITE VOUCHER PROGRAM APPLICATION**  
(See instructions. For more assistance consulting this application call 1-800-853-1833 for Arkansas  
 Lifespan Respite)

Please include #1-8 form with application.

**Section 1: CARE RECIPIENT INFORMATION** (Person with medical condition requiring full-time ongoing 24/7 care or supervision)

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender:  Male  Female  
 Social Security Number: \_\_\_\_\_  
 Living:  Lives alone  With spouse only  With spouse & other relative  
 With other relative  With grandchild  With non-relative  
 Relationship:  With parent  With son or daughter  With grandchild  With sibling(s)  
 Medical Number (if applicable): \_\_\_\_\_  
 Total # of persons living in household: \_\_\_\_\_  
 Care Recipient:  Native Born or Naturalized Citizen  Alien or Alien Resident  Black or African American  
 Race/Ethnicity:  Native Hawaiian or Pacific Islander  White Caucasian  Hispanic or Latino  
 Other (please specify): \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ County: \_\_\_\_\_  
**Does the Care Recipient need help with any self-care activities? (check all that apply)**  
 Bathing  Feeding  Dressing  Household Chores  Driving  Transferring  Mobility  
 Meal Prep  Medication  Money/Finance  Grocery/Shopping  Transportation  Bath/Fresh  
 Personal Grooming  Communication Skills  Learning Disability  Physical Disability  
 Memory/Challenging Behavior  Other: \_\_\_\_\_  
**Requests of Care Recipient:**  
 If check all needs experienced by Care Recipient that requires respite:  Cognitive Impairment or Dementia  Functional Limitation due to Aging  Physical Disability  
 Behavioral Challenges  Learning Disability  
 Developmental and/or Intellectual Disability  Mental Health Issues  
 In the Care Recipient residing any care through Medicaid or any other program that provides respite care? (including that could be  
 considered a dual-eligibility program) \_\_\_\_\_ Agency? \_\_\_\_\_ Funding Source? \_\_\_\_\_  
 Yes/No, who services? \_\_\_\_\_  
 No/No, he/she is receiving no other services at this time that would be considered respite.  
**In the Care Recipient at high risk for exit of home:**  
**Homeowner/Health Care? (check all that apply in a living home, foster care, mental health institution, group home)**  Yes  No  Yes  No

**Section 2: PRIMARY CAREGIVER INFORMATION** (parent, spouse, other family/friend providing on-going care)

Name: \_\_\_\_\_ Gender:  Male  Female  18-59  60 or older  65 and the caregiver  
 Age: \_\_\_\_\_  
 Social Security Number: \_\_\_\_\_  
 Relationship:  Native Born or Naturalized Citizen  Black or African American  Hispanic or Latino  
 White Caucasian  Other (please specify): \_\_\_\_\_  
 Caregiver's relationship to the Care Recipient:  Spouse  Parent  Biological Parent  
 Adult Child  Grandchild  Sibling  Other (please specify): \_\_\_\_\_  
 Friend  Legal Guardian  Partner  Biological Partner  
 Foster Parent  Other  Sibling  Parent of Attorney  Daughter/Son (if low)  
 Grandchild  Grandparent  Neighbor  Other (please specify): \_\_\_\_\_

# Spotlight: Arkansas Lifespan Respite Vouchers

Now taking applications!

On November 1, 2021, DHS- DPSQA's Choices in Living Resource Center began taking respite voucher applications through the Arkansas Lifespan Respite Voucher Program. Family caregivers may apply for financial assistance in paying for respite support every 90 days, receiving \$300 each quarter and up to \$1,200 annually.

[Click here to learn more about the voucher program or to access the voucher application.](#)

## Notable achievements and events

November 2021 was proclaimed by Arkansas Governor Asa Hutchinson as Lifespan Respite Awareness Month.

To review and read the proclamation in its entirety, go to [ar.gov/arlifespanspote](http://ar.gov/arlifespanspote)



### PROCLAMATION

TO ALL TO WHOM THESE PRESENTS COME - GREETINGS:

WHEREAS: Families are Arkansas's most valuable resource for caring for loved ones who have extraordinary needs such as developmental and physical disabilities, mental and emotional disorders, Alzheimer's disease and related dementias, and extreme medical needs; and

WHEREAS: Parents and caregivers of individuals with extraordinary needs spend much of their time with direct personal care, which is physically and emotionally stressful; and

WHEREAS: Supports from the extended family and community are not always available or adequately trained to care for children and adults with extraordinary needs; and

WHEREAS: Respite is the act of providing physical and emotional relief to families who are responsible for day-to-day care of loved ones with extraordinary needs; and

WHEREAS: Respite care in its many forms strengthens the ability of families and caregivers to meet the challenging and intensive demands of ongoing care and to cope in times of family crisis; and

WHEREAS: Respite care services can reduce the costs society must bear in dealing with the results of abuse and neglect, and these services can help keep families out of already overburdened and expensive social welfare and criminal justice systems; and

WHEREAS: Having periodic respite care enables many families and caregivers to be more active participants in their communities;

NOW, THEREFORE, I, ASA HUTCHINSON, Governor of the State of Arkansas, by virtue of the authority vested in me by the laws of the State of Arkansas, do hereby proclaim November 2021 as

LIFESPAN RESPITE AWARENESS MONTH

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Arkansas to be affixed this 2<sup>nd</sup> day of July, in the year of our Lord 2021.



*Asa Hutchinson*  
 Asa Hutchinson, Governor

John Hutchinson  
 John Hutchinson, Secretary of State

