



2022 ARKANSAS CAREGIVER AND RESPITE CONFERENCE

SCHEDULE AT A GLANCE

Monday, November 14, 2022	
8:30a – 9:00a	Doors Open
9:00a – 10:00a	Welcome/Opening Comments
10:00a – 10:30a	Understanding “What is Respite?”
10:30a – 10:45a	Break
10:45a – 11:45a	Stress: The Good, Bad, and Ugly
11:45a – 1:00p	Lunch
1:00p – 1:30p	Breakout Session 1
1:30p – 1:45p	Break
1:45 – 2:15p	Breakout Session 2
2:15p – 2:30p	Break
2:30p – 3:15p	Breakout Session 3
3:15p – 3:30p	Break
3:30p – 4:00p	Breakout Session 4

Tuesday, November 15, 2022	
8:30a – 9:00a	Doors Open
9:00a – 9:30a	Welcome/Opening Comments
9:30a – 10:30a	Overview of the Arkansas Alzheimer’s and Dementia Respite Pilot Project
10:30a – 10:45a	Break
10:45a – 11:45a	Panel Discussion: Long-Term Care Options
11:45a – 1:00p	Lunch
1:00p – 1:30p	Building a Workforce
1:30p – 1:45p	Break
1:45 – 2:45p	Panel Discussion: Caregiver Stories
2:45p – 3:00p	Break
3:00p – 4:00p	Awards, Recognition and Closing Remarks