

Attachment 2: Data Collection Instruments/Interview Protocols

PROGRAM STAFF AND SERVICE PARTNERS TREATING AT-RISK PREGNANT AND EARLY PARENTING WOMEN STUDY INTERVIEW PROTOCOL AND INTERVIEW QUESTIONS

Hi, my name is _____, and I will be your interviewer for this DHS/OSAMH research project. First, thank you for your participation. I know how busy you are, and I appreciate you taking the time out of your day to talk with me. You've been invited here today because you are a program administrator/medical professional/staff/service provider (choose one) working with at-risk pregnant and/or early parenting women who currently have substance use issues in Arkansas. We would like to talk to you about your program/service (choose one) treating/working (choose one) with at-risk pregnant and/or early parenting women clients with substance misuse issues/substance use disorder. We are interested in what your program/service provider (choose one) offers and what your role is working with these clients. We are trying to better understand the characteristics and variety of treatment and services offered, and how these programs and services are connected throughout the state of Arkansas.

Just to be clear, you can choose whether or not to participate in this interview and you can stop at any time. Although the interview will be digitally recorded for notetaking purposes, your responses will remain anonymous, and your name will not be mentioned in any report. The results of the interviews will be reported in aggregate. While I may capture some meaningful quotes, they will not be connected to you personally. There are no right or wrong answers to the interview questions. This interview should take about 30 minutes.

Do you have any questions before we begin?

Introduction

To get started, why don't you tell me a little bit about your job and any training you received to work with at-risk pregnant or early parenting women with substance misuse or substance use disorder issues?

- How long have you been working in this field?
- How long have you worked here?
- Approximately how many clients do you see in a week?

Prompts for Discussion

- What are the main activities or services offered to this particular population?
- What is the philosophy or approach of your program/service?
 - How does your program's philosophy influence the services you offer?
 - How does your approach differ from other similar programs?
 - Can you provide an example of how your program's philosophy is applied in daily activities or operations?
 - Can you describe a success story that illustrates your program's philosophy in action?
- Working with at-risk pregnant or early parenting women, what are the anticipated outcomes of the treatment and/or services you provide?
 - For the client

- For the family
- For the community

Conclusion

The goal of this interview is to better understand the characteristics and variety of treatment and services offered to at-risk pregnant women and early parenting women, and how these programs and services are connected throughout the state of Arkansas. The information that you provide will help the Arkansas Department of Human Services/Office of Substance Abuse and Mental Health gain a better understanding of how to reduce unmet treatment needs for substance misuse and substance use disorder and health related issues with this population in the state of Arkansas. This interview is one data collection method we are using to gather information.

Is there anything you would like to add that we haven't covered?

Thank you for participating in the interview. We appreciate you taking the time out of your day to be part of our study.

YOUNG ADULTS FORMERLY IN FOSTER CARE FOCUS GROUP PROTOCOL AND FOCUS GROUP QUESTIONS

Hi, my name is _____, and I will be the moderator for this DHS/OSAMH research project. This is my colleague _____. First, thank you for your participation. We know how busy you are, and we appreciate you taking the time out of your day to talk with us. We've invited you here today because you were formerly in foster care in Arkansas, and because of that, many of you share some common experiences. We would like your opinions on what should be included in a program to prevent alcohol and drug use among young people in foster care. Each of you may also have somewhat different opinions concerning topics related to your experiences. That's why it's important that each of you tell us about your thoughts – even if it's different from what everyone else has to say. We don't expect everyone to have the same perspective, so if you disagree with something, don't be afraid to speak up. Often, we learn the most when people have different ideas about something. There are no right or wrong answers or ideas.

It is important to understand we will be asking about alcohol and drug use, in general, among your peers. We will NOT be asking about your personal alcohol and drug use. It is also important to understand that your participation is voluntary, you do not have to answer any questions that make you feel uncomfortable, and you can end your participation at any time. Your participation will not affect your access to any benefits or services. The focus group should run for about 60-90 minutes.

My job is to introduce topics and try to keep the discussion on track AND make sure everyone gets a chance to talk. Please be mindful of other people, let them speak fully, and act respectfully toward your fellow participants. _____ (colleague) will be taking notes because we will be meeting around 4-6 groups of young adults formerly in foster care around the state, and we want to be able to keep track of what the different groups say. If it's okay with everyone, we will also be recording the discussion so that we don't miss any of your comments. We will be using each other's first names only during our discussion; but when we write up our summaries, no names will be used. [the *note-taker*] and I will keep all of the information you share with us confidential, and we ask that all of you do too.

Are there any questions before we begin? We will now go through the consent form and answer any questions you might have.

Introduction

Explain importance of study using current data from Arkansas.

- In 2022, there were 4,524 children in foster care in Arkansas.
- 4 out of 10 children in foster care in the United States have parents with substance abuse issues.
- A national study indicated that 1 in 5 foster children acknowledged tolerance for alcohol, while 22% reported drug use in the past year.

Prompts for Discussion

1. *Think back to your younger self. If one of your friends wanted to avoid getting involved in alcohol or drugs, what advice would you give them?*
 - a. What do you think are effective motivators to prevent young people from getting involved with alcohol and/or drugs?
 - b. How would you communicate these motivators to one of your peers?
 - c. What tactics would you use to try and convince them (personal experience, facts/knowledge you learned from a trusted source, etc.).
 - d. If someone had already started using alcohol and/or drugs, what do you think would motivate them to cut down or stop using?
2. *What features do you think are important in a program to prevent foster children from using alcohol and/or drugs?*
 - a. What topics would the program cover?
 - b. What kind of messages would you like to see in use to get their ideas across?
 - c. Do you see the program as basically a media program, or do you see it having activities that can be done online, with printed materials, face-to-face meetings, etc.?
3. *Who should be involved in the program?*
 - a. Service Providers?
 - b. Mentors?
 - c. Peer Recovery Specialists?
 - d. Counselors?

Conclusion

The moderator provides a short overview of the purpose of the study (5 minutes before end of focus group).

The goal of this focus group is to gather information to better understand the alcohol and drug prevention needs of youth in foster care. The information that you provide will help the Arkansas Department of Human Services/Office of Substance Abuse and Mental Health (DHS/ OSAMH) gain a better understanding of what should be included in a program to prevent alcohol and drug use among young people in foster care. This focus group is one data collection method we are using to gather information.

- Is there anything anyone would like to add that we haven't covered?

Thank you for participating in the focus group. We appreciate you taking the time out of your day to be part of our study.

COLLEGE STUDENTS IN RECOVERY INTERVIEW PROTOCOL AND INTERVIEW QUESTIONS

Hi, my name is _____, and I will be your interviewer for this DHS/OSAMH research project. First, thank you for your participation. I know how busy you are, and I appreciate you taking the time out of your day to talk with me. You've been invited here today because you are part of a Collegiate Recovery Community in Arkansas. We would like to talk to you about your participation in this community and why you chose to be part of this group. We are interested in what the program offers, what you feel works best, and what could be done better in this type of program. We are trying to better understand the characteristics of services offered and how these programs could be proliferated in colleges and universities throughout the state of Arkansas.

It is important to understand we will be talking about alcohol and drug use, in general, and that we will NOT be asking about your personal alcohol and drug use. You choose what information you want to provide to us. Your participation in this interview is completely voluntary. You can choose whether or not to participate in this interview and you can stop at any time. Although the interview will be digitally recorded for notetaking purposes, your responses will remain anonymous, and your name will not be mentioned in any report. The results of the interviews will be reported in aggregate. While I may capture some meaningful quotes, they will not be connected to you personally. There are no right or wrong answers to the interview questions.

Do you have any questions before we begin?

Introduction

To get started, why don't you tell me a little bit about what you're studying here, how far along you are in your studies, and what your career goals are at this time.

Prompts for Discussion

- What prompted you to join this recovery community here on campus?
- What services or events do you participate in?
- What part of the program do you feel has benefited you the most?
- How has participating in this program changed your life?
- Is there anything that you feel could be added to the programming that is offered through this organization?
- Do you feel there is any stigma in being part of this recovery community?
 - How do you feel about that?
 - What do you do, if anything, to deal with it?
- What services do you feel you might still need after you graduate?
 - How will you go about getting them?

Conclusion

The goal of this interview is to better understand the characteristics of services offered and how these programs could be proliferated in colleges and universities throughout the state of Arkansas. The information that you provide will help the Arkansas Department of Human Services/Office of Substance Abuse and Mental Health (DHS/OSAMH) gain a better understanding of how to reduce unmet treatment needs for substance misuse and substance use

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disorder and health related issues at colleges and universities in the state of Arkansas. This interview is one data collection method we are using to gather information.

Is there anything you would like to add that we haven't covered?

Thank you for participating in the interview. We appreciate you taking the time out of your day to be part of our study.