

## What is Health Care Transition?

Health care transition is the process of changing from a pediatric to an adult model of health care. The goal of transition is to optimize health and assist youth in reaching their full potential. To achieve this goal requires an organized transition process to support youth in acquiring independent health care skills, preparing for an adult model of care, and transferring to new providers without disruption in care.

## What are the Six Core Elements?

The six core elements of health care transition define the basic components of health care transition support. These components include establishing a policy, tracking progress, administering transition readiness assessments, planning for adult care, transferring, and integrating into an adult practice.

For more information or to learn who represents your area call:

Rodney Farley

Parent Consultant

Title V Children with Chronic Health  
Conditions (CHC)

1-800-482-5850 ext 22277

## Recommended Health care Transition Timeline

**Age: 12** Make youth and family aware of transition policy

**Age: 14** Initiate health care transition planning

**Age: 16** Prepare youth and parents for adult model of care and discuss transfer

**Age: 18** Transition to adult model of care

**Age: 18-22** Transfer care to adult medical home and/or specialists with transfer package

**Age: 23-26** Integrate young adults into adult care

To begin Health Care Transition, assemble a team with pediatric and adult providers, clinic support staff, Title V CSHCN nurse/social worker and the youth and family. For more helpful resources and information check out [www.gottranstion.org](http://www.gottranstion.org)

The PAC representative in your area is:

**Parent Advisory  
Council, Inc.**



## **PARENT ADVISORY COUNCIL, INC.**

The Parent Advisory Council, Inc. (PAC) is a diverse group of parents and guardians of children with special health care needs (CSHCN). The PAC is committed to advocacy and educating other families, government agencies and healthcare professionals on issues that affect children with special health care needs.

The PAC has representatives from across the state of Arkansas who meets quarterly along with service providers and agencies for collaboration.

## **MISSION STATEMENT**

The mission of the PAC is to serve as a liaison between the families of children with special health care needs (CSHCN) and existing resources.

## **PURPOSE**

The PAC will bring issues that impact the lives of these children and families, with appropriate recommendation, to representatives of service agencies within the state.

The PAC will also have a teaching responsibility to the families they represent, service agencies and the professionals who serve the children.

The ability of parents and families to initiate change will be increased by

the collaborative relationship.

## **PARENT ADVISORY COUNCIL GOALS**

Provide a vital link between families of CSHCN and available services.

Provide input and feedback to appropriate agencies on how services are delivered to children and their families.

Promote family's access and utilization of various support groups.

Educate service providers concerning the changing needs of families that have CSHCN.

Educate families about current health care issues.