



Independent Choices Program (Self-Direction in Arkansas)

What is the Independent Choices Program?

Independent Choices is a program for Medicaid-enrolled elderly individuals and adults with disabilities that allows beneficiaries to self-direct their **personal assistance services** using a monthly cash allowance provided as part of the program. **“Self-direction”** means that a beneficiary (or their representative) is responsible for recruiting, hiring, training, and supervising the person who will provide them care in their home or community.



ar.gov/hcbs

How do Beneficiaries "Self-Direct" their Care?

Employer Authority

The beneficiary is in charge of **recruiting, hiring, training, and supervising** their direct care worker.

Budget Authority

The beneficiary decides **how their cash allowance is spent** on their care.

What are the eligibility requirements?

To be eligible to receive these services, applicants must meet all of the following requirements:

- Be eligible for Medicaid.
- Be 18 years of age or older.
- Be receiving or be medically eligible to receive personal assistance services which include state plan personal care and ARChoices attendant care services.
- Not be living in a home or property owned, operated, or controlled by a provider of services (e.g., single family homes, group homes, adult family homes, etc.)

For more information or to apply, visit Access Arkansas at access.arkansas.gov