**HOT CAR DANGERS**

**Steps to Take & Why Clients with Disabilities Cannot Be Left in Vehicles.**

**Avoid this** risk by never leaving a client alone in a vehicle. When you're not in the vehicle, lock the doors and trunks so that no one can get in.

**Create reminders.** Put something in the backseat near the client that you wouldn't leave the car without. This will remind you to check for the client. Be certain where the client is at all times and plan ahead with caregivers. If the client doesn't arrive, make sure the caregivers call and tell you.

**Take action** if you see a client left in a vehicle. Call 9-1-1 immediately, and if possible, rescue the client from the vehicle after receiving emergency instructions.

**Interior Heat Can Rise**

15 Degrees Every 9 Minutes

**Know the Signs of Heat Stroke in Adults**

- Dry Skin
- Headaches
- Confusion/Strange Behavior
- Dizziness
- Rapid Breathing
- Rapid Heart Rate
- Nausea and Vomiting

**Cracking a Window Does Not Protect Your Client**

*Source: CDC, National Highway Traffic Safety Administration, & Arkansas Children’s Hospital*