



What are Home and Community-Based Services?

Home and community-based services (HCBS) provide opportunities for Medicaid beneficiaries to receive services in their own home or community rather than long-term care facilities, hospitals, or intermediate care facilities institutions or other settings. These services enable individuals to have more independence in their community.

Who uses this type of Care?

This type of care is usually for older adults, people with disabilities, and people with chronic illness who need help with everyday activities. For example, people with physical disabilities, cerebral palsy, Down syndrome, mental health conditions, and other conditions

How can home and community-based services help?

The help that individuals can receive through HCBS depends on each individual's need. Some examples include:

Older Adults

May need assistance with toileting, bathing, and cooking (i.e., personal care services).

People with Physical Disabilities

May need access to durable medical equipment or modifications to their homes to help them complete their daily activities (i.e., durable medical equipment and environmental modification services).

People with Intellectual or Developmental Disabilities

May want help finding competitive, integrated employment in their communities (i.e., supported employment services).

People with Mental Health Illnesses

May benefit from peer support, where they can connect and learn life skills (i.e., peer support services).

What HCBS Programs are Available in Arkansas?

Arkansas Medicaid has several programs that help people receive HCBS. Each program has its own eligibility rules around types of disabilities, personal needs, housing, and financial situation. Some people may qualify for more than one program and can choose the best program for their life situation.

Autism Waiver	AR Choices in Homecare Waiver	Living Choices Assisted Living Waiver	Community and Employment Supports Waiver	Personal Care Services
Independent Choices	Home Health Services	Program of All-Inclusive Care for the Elderly (PACE) Waiver	Private Duty Nursing	State Plan Behavioral Health Services

Note: Each program will be described in a separate document.

For more information, visit ar.gov/HCBS