Positive Outcomes: 89% of all FCT families had a positive closure.

Completion Outcomes: 98% of FCT families who completed the 4 phases of treatment had a positive closure.

Engagement: 94% of FCT families had more than 5 direct contacts and at least 45 days of treatment.

Family Voice: 89% of FCT families report that "the services received helped us to better handle our family problems."

This pilot is designed to treat the youth's behaviors by increasing family health and well-being, and promote attachment and resiliency.

By partnering with the youth, siblings, caregivers, grandparents and other valuable members in a child's life, FCT breaks maladaptive cycles and sets up each generation for success.

FCT FAMILIES INCLUDE THOSE WITH:

- Youth Transitioning from Institutional Settings
- Multi System Involvement (Behavioral Health/Mental Health, Child Welfare, Juvenile Justice)
- Mental Health/Substance Use
- Family Functioning Stabilization Needs
- Youth and Family Reunification Needs

HISTORICAL OUTCOMES

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4 PHASES OF FCT

1. Joining and Assessment
   - Gain family trust and identify strengths and areas of family need

2. Restructuring
   - Identify maladaptive patterns and practice new skills

3. Valuing Change
   - See change as necessary over compliance

4. Generalization
   - Skills adoption and predict future challenges

Learn more at familycenteredtreatment.org