

WHAT IS THE OLDER AMERICANS ACT?

The Older Americans Act (OAA) is a federal law that was passed in 1965. The goal of the OAA is to help senior citizens live at home and thrive as a part of their community for as long as possible.



The OAA provides critical services that help older adults live independently with dignity.

These services are administered through local Area Agencies on Aging and include:

- Nutrition Services
- Family Caregiver Support
- Home and Community-Based Services
- Protection from Abuse
- Health Promotion and Disease Prevention
- Homemaker Service
- Senior Centers
- Adult Treatment Centers
- Transportation

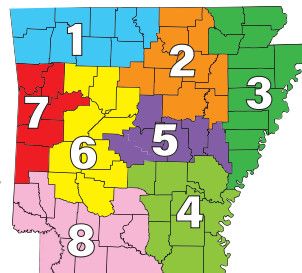
HOW DO I GET HELP?

No matter where you live in Arkansas, there is an Area Agency on Aging (AAA) nearby.

To learn more about services or supports provided by the Older Americans Act, contact to your county AAA today.

REGION 1:

NORTH WEST Baxter, Boone, Benton, Carroll, Madison, Marion, Newton, Searcy, Washington
aaanwar.org | 870-741-1144



REGION 2: WHITE

RIVER Cleburne, Fulton, Independence, Izard, Jackson, Sharp, Stone, Van Buren, White, and Woodruff
wraaa.com | 870-612-3000

REGION 3: EAST - Clay, Craighead, Crittenden, Cross, Greene, Lawrence, Lee, Mississippi, Phillips, Poinsett, Randolph, and St Francis
e4aonline.com | 870-972-5980

REGION 4: SOUTH EAST Arkansas, Ashley, Bradley, Chicot, Cleveland, Desha, Drew, Grant, Jefferson, and Lincoln
aaasea.org | 870-543-6300

REGION 5: CARELINK CENTRAL AR Faulkner, Lonoke, Monroe, Prairie, Pulaski, and Saline
carelink.org | 501-372-5300

REGION 6: WEST CENTRAL ARKANSAS - Clark, Conway, Garland, Hot Spring, Johnson, Montgomery, Perry, Pike, Pope, and Yell
seniorspecialists.org | 501-321-2811

REGION 7: SOUTH WEST ARKANSAS - Calhoun, Columbia, Dallas, Hempstead, Howard, Lafayette, Little River, Miller, Nevada, Ouachita, Sevier, and Union
agewithdignity.com | 870-234-7410

REGION 8: WESTERN ARKANSAS - Crawford, Franklin, Logan, Polk, Scott, and Sebastian
agingwest.org | 479-783-4500

DHS | Division of Aging, Adult, & Behavioral Health Services

ELDERLY ADULT CARE & SERVICES

Provided by the Older Americans Act



DHS | Division of Aging, Adult, & Behavioral Health Services

P.O. Box 1437 Slot W241 | 700 S. Main St
Little Rock, AR 72203 | OAA@dhs.arkansas.gov

WHAT HELP IS AVAILABLE?

The programs provided by the agencies covered under the OAA include a wide range of services that are designed to help older adults maintain their independence.

Some services provided include:

NUTRITION SERVICES

Meals are either available in senior centers or adult daycares, or they're delivered directly to seniors at home.



FAMILY CAREGIVER SUPPORT

The OAA helps provide a range of services for family caregivers.

One of the most helpful services is the Arkansas Lifespan Respite program. You can search for respite providers so you can take a short break from your normal caregiving responsibilities, and much more.

To learn more, visit ar.gov/respite.

HOME AND COMMUNITY-BASED SERVICES

Home and community-based services aim to provide help where it's most needed – at home and in the community. These supports include:

- Adult Day Services
- Non-Emergency Transportation.
- Health Services

PROTECTION FROM ABUSE

The OAA provides support to make sure that seniors know their legal rights and are protected from fraud and from being taken advantage of.

HEALTH PROMOTION AND DISEASE PREVENTION

Services include:

- Health Screenings
- Physical Fitness Activities
- Medication Management
- Education and Prevention for Chronic Disease Conditions

HOMEMAKER SERVICES

Homemaker services are for individuals who have difficulty with one or more daily living activities such as preparing meals, shopping for food or other personal items, managing money, using the telephone, or light housekeeping

SENIOR CENTERS

Senior centers are the most visible presence of OAA programs and services in local neighborhoods. They are important gathering places, where people participate in educational, nutrition, social, and cultural programs. Contact the Area Agency on Aging (AAA) for the nearest senior center near you.

ADULT DAY TREATMENT/HEALTH SERVICES

Personal care for dependent older adults in a supervised setting during some portion of a day. Services offered typically include social and recreational activities, training, counseling, and services such as rehabilitation, medications assistance, and home health aide services for adult day health.

TRANSPORTATION SERVICES

Transportation to things like medical appointments or grocery shopping is available through each region's AAA. Drivers are licensed and have completed relevant safety trainings. Contact your local AAA to request a ride.

