

Medicaid Services for People with Intellectual or Developmental Disabilities or Delays

Topics we will cover :

- Early Intervention (First Connections Grant)
- EPSDT and Autism Services
- Autism Waiver
- EIDT
- Children with Chronic Health Conditions
- OT, PT, Speech Therapy
- ADDT
- Community Integration Services
- CES Waiver
- PASSE

Key Terms

- **DDS** – Developmental Disabilities Services
- **Beneficiary** – a person who receives Medicaid
- **Provider** – anyone licensed in Arkansas as a Medicaid provider, who serves clients’ basic medical or specialty service needs: doctors, nurses, hospitals, clinics, therapists, counselors, pharmacists, etc.
- **DDS Waiver** – also known as CES Waiver – DDS utilizes this waiver to provide many services, such as supported living services, to eligible children and adults in their homes and communities.
- **EIDT** – Early Intervention Day Treatment
- **ADDT**- Adult Developmental Day Treatment
- **TEFRA** - The Tax Equity and Fiscal Responsibility Act
- **PASSE** – Provider-led Arkansas Shared Savings Entity
- **EPSDT** – Early and Periodic Screening, Diagnostic, and Treatment Services

How can parents find out which program is best for their child?

We're about to discuss several programs, but eligibility is what decides which services a person gets.

Call DDS Intake & Referral at 501-683-5687. They will help you to get access to the right programs for your diagnosis and eligibility.

You can also find more information on the DDS website:

<https://humanservices.arkansas.gov/about-dhs/ddds>

Programs: Early Intervention through the First Connections Program

Early intervention is developmental services for eligible infants and toddlers (birth to 36 months).

Early intervention seeks to identify developmental delays as early as possible and provide services to support the child's participation in typical child and family activities in the child's home or other integrated early learning environment.

The program assists the family in:

- knowing their rights under the Individuals with Disabilities Education Act (IDEA)
- communicating their child's strengths and needs to advocate for their child
- Learning from their early intervention team how to help their child learn and develop

Programs: Early Intervention through the First Connections Program

The 17 federally-defined early intervention services in IDEA:

- Assistive Technology/Adaptive Equipment (and AT Services)
- Audiology
- Family training, counseling, and home visits
- Health services
- Medical services
- Nursing services
- Nutrition services
- Occupational therapy
- Physical therapy
- Psychological services
- Service coordination services
- Sign language and cued language services
- Social work services
- Special instruction (developmental therapy)
- Speech-language pathology services
- Transportation and related costs
- Vision Services

The services provided are determined based on what is needed to reach functional goals on the child's and family's individualized early learning plan.

Programs: Early Intervention Services through the First Connections Program

Which children are eligible?

Infants and toddlers are eligible for the First Connections program if they have a diagnosed physical or mental condition that will probably result in delays in early learning/development or the child has a qualifying developmental delay* in any one of the following areas:

- Cognitive skills (relating to awareness and judgment);
- Social/emotional skills;
- Adaptive behavior (the ability to adjust to change);
- Communication skills; and/or
- Physical skills.

* Infants/toddlers are referred when a developmental delay is suspected. The program will provide a comprehensive developmental evaluation to determine if the child has a qualifying delay of 25% or greater of his/her chronological age.

Programs: EPSDT Services under the Medicaid State Plan

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) Services is a set of health services and developmental assessments for children and youth.

Early – services should begin at birth and continue through childhood and adolescence.

Periodic – children should receive well child check-ups at regular intervals.

Screening – to identify health and developmental problems.

Diagnostic – evaluation of health or developmental problems identified during check-ups that may require treatment.

Treatment – children should receive treatment for health or developmental problems identified during check-ups.

The following services are included but not limited to:

- Health history
- Assessment of both physical and mental health development
- Immunizations
- Lab tests
- Hearing and vision services
- Health education for parents

All Medicaid-eligible children and youth ages 0-20 are eligible for EPSDT.

Programs: ABA therapy for children with Autism under EPSDT

- **ABA—Applied Behavioral Analysis**
 - ABA is used to teach behaviors that can help children function in their home, school and community.
 - ABA can decrease problem behaviors
 - ABA can improve cognitive, communication, social and self-help skills.
- **ABA Services include:**
 - Evaluation
 - Individual treatment
 - Group treatment
 - Family sessions to work with parents.
- **ABA can be provided in many settings**
 - The clinic
 - The home
 - School
 - In the community (i.e., park or grocery store)

Programs: ABA therapy for children with Autism under EPSDT

Who is eligible?

- Children on Medicaid, ages 0-20 with a confirmed autism diagnosis
- In Arkansas, an autism diagnosis must include:
 - A physician's report
 - A psychological evaluation
 - A speech-language evaluation
- Must have a referral from your child's primary care physician (PCP).

Programs: Autism Waiver

This waiver provides intensive, evidence-based intervention for 20 to 30 hours per week in the homes of young children with autism who meet the eligibility criteria (program duration is a minimum of 2 years and a maximum of 3 years).

The team utilizes individualized strategies that have been proven effective with children with autism in building skills in areas of cognition, communication, self-care, socialization and appropriate behavior. Parents are trained and included as members of the team.

Your child may remain on the CES Waiver waiting list and still receive services from the Autism Waiver. If, however, your child is offered a slot on the CES waiver while the autism waiver services are ongoing, you would be required to choose which service you prefer.

Programs: Autism Waiver

Which children are eligible?

- Children must be eligible for Medicaid services.
- Children from 18 months to eight are eligible, but they have to enter the program before the 5th birthday.
- They also have to have the three-pronged Autism Spectrum Disorder (ASD) diagnosis, which includes a medical, psychological, and speech pathologist component. There must be Autism Specific testing done as well.
- Parents must be involved, and the services must be provided in the natural environment.
- The Waiver provides Applied Behavioral Analysis to children through a team approach. The Waiver is administered by DDS, with Partners acting as the Operating Agency for the Waiver program.

Programs: EIDT

Early Intervention Day Treatment (EIDT) is a successor program that combined 2 old programs (CHMS + DDTCS). This is a DDS preschool program available for children and youth ages 0-20 years old, but primarily focused on children ages 0-6 years old where the services are provided in a clinic setting on an outpatient basis.

The services must be deemed medically necessary and recommended by a developmental screen. Children qualify for an EIDT after further evaluations which show the need for developmental treatment as well as one of the following: occupational therapy, speech therapy, physical therapy, or nursing.

The following services are included but not limited to:

- Diagnosis and evaluation
- Habilitation – instruction in areas of self-help, socialization, and communication that help the child develop, retain or improve in skills that will help them to live in the community.
- Physical, Occupational, and Speech Therapy (after evaluation)
- Nursing Services (after evaluation)

Programs: Children with Chronic Health Conditions

Also known as Title V, this program serves children with chronic illness, physical disabilities, or special health care needs.

The following services are included but not limited to:

- Medically necessary items or equipment
- Parent Education
- Medical Camps
- Adaptive Equipment
- Respite Services
- Vehicle Modifications
- Case Management

Programs: Children with Chronic Health Conditions

Which children are eligible?

Children under the age of 18 who are:

1. Diagnosed with a condition that causes chronic illness or disability that may result in a need for periodic pediatric specialty treatment and follow-up.
2. Lives in Arkansas
3. The family has a financial need
4. The child does not live in a residential care setting (like a skilled nursing facility) and does not receive services through the PASSE or Autism Waiver.

Programs: OT, PT, and Speech

- Medicaid recipients of all ages with a developmental diagnosis or delay may be eligible to receive therapy services, such as
 - ❖ Occupational Therapy
 - ❖ Physical Therapy
 - ❖ Speech-Language Therapy
- Therapy services must be “referred” by your Primary Care Physician (PCP)—this means they must sign a prescription for you to receive the service.
- Services include:
 - **Evaluation**
 - **Individual Therapy Services**
 - **Group Therapy Services**

Programs: Adult Developmental Day Treatment

- **Adult Developmental Day Treatment (ADDT)** is a successor program to the Adult DDTCS program. It is available for **adults ages 18 and over** who are on Medicaid.
- **To be eligible the individual must:**
 - Have a developmental diagnosis (intellectual disability, spina bifida, cerebral palsy, epilepsy/seizure disorder, Down syndrome, cerebral palsy, or autism)
 - Be referred by a PCP
- **Services include:**
 - Diagnosis and Evaluation
 - Day Habilitation
 - Occupational Therapy
 - Physical Therapy
 - Speech Therapy
 - Nursing

Programs: DDS Waiver

Also known as the Community & Employment Support Waiver (CES). Clients are now served through the PASSE program.

This is a Medicaid home- and community-based waiver that serves individuals of all ages with developmental disabilities, who, without these services, would have to live in an institution such as a nursing home or intermediate care facility (ICF).

People of all ages are eligible, as long as the age of onset of the disability is before to the 22nd birthday. The disability must be severe enough that the individual meets the level of care criteria for admission to an ICF.

Clients on the CES Waiver are in a Provider led Arkansas Shared Savings Entity.

Programs: PASSE

- The **Provider-led Arkansas Shared Savings Entity (PASSE)** is a model of organized care created by Act 775 of 2017.
- Providers have come together to form organizations similar to insurance companies; each is called a PASSE.
- Individuals' services will be managed and reimbursed by the Provider-led Arkansas Shared Savings Entity (PASSE) groups.
- The PASSE Ombudsman office can assist you at 1-844-843-7351

PASSE Enrollment includes only:

- Individuals receiving services through DD Waiver
- Individuals who are on the DD Waiver Waitlist and receive Medicaid state plan services
- Individuals who are in private DD Intermediate Care Facilities
- Individuals that have a Behavioral Health Diagnosis and have received an Independent Assessment that determines they need services in Tiers 2 or 3

What services are covered?

State Plan Services

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| ✓ Personal Care | ✓ Physician Specialists | ✓ Family Planning |
| ✓ Primary Care Physician | ✓ Pharmacy | ✓ Inpatient Psychiatric |
| ✓ Durable Medical Equipment | ✓ Hospital Services | ✓ Outpatient Behavioral Health Counseling |
| ✓ Occupational Therapy | ✓ Physical Therapy | |
| ✓ Speech Therapy | ✓ Nursing Services | |

Community & Employment Supports

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| ✓ Respite | ✓ Supplemental Support | ✓ Consultation |
| ✓ Supported Employment | ✓ Adaptive Equipment | ✓ Crisis Intervention |
| ✓ Supported Living | ✓ Specialized Medical Supplies | |
| ✓ Community Transition Services | ✓ Environmental Modifications | |

Arkansas Community Independence Services

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| ✓ Supportive Employment | ✓ Planned Respite | ✓ Behavior Assistance |
| ✓ Peer Support | ✓ Emergency Respite | ✓ Crisis Intervention |
| ✓ Family Support Partners | ✓ Therapeutic Host Home | ✓ Mobile Crisis Intervention |
| ✓ Child & Youth Support Services | ✓ Community Reintegration Program | ✓ Individual Life Skills Development |
| ✓ Therapeutic Communities | ✓ Supportive Housing | ✓ Partial Hospitalization |
| ✓ Adult Rehabilitation Day Treatment | ✓ Supportive Life Skills | ✓ Group Life Skills Development |

Who are the PASSEs?

Arkansas Total Care

www.arkansastotalcare.com | 1-866-282-6280

John Ryan – jryan@centene.com

Care Coordination Contact: Lauren Grounds | (501) 263-3367

Lauren.H.Grounds@ArkansasTotalCare.com

Empower Healthcare Solutions

www.getempowerhealth.com | 1-866-261-1286

Nicole May – nicole.may@beaconhealthoptions.com

Care Coordination Contact: Jamie Ables | Office (501) 707-0961

Jamie.Ables@beaconhealthoptions.com

Summit Community Care

www.summitcommunitycare.com | 1-844-405-4295

Jason Miller - jason.miller@summitcommunitycare.com

Care Coordination Contact: Tiffany Parkhurst | (501) 773-6273

Tiffany.parkhurst@summitcommunitycare.com

Programs: Human Development Centers

- Developmental Disabilities Services (DDS) has five Intermediate Care Facilities to serve clients with intellectual and developmental disabilities. The facilities are:
- Arkadelphia Human Development Center, Arkadelphia, AR. – licensed for 104 beds.
- Booneville Human Development Center, Booneville, AR. – licensed for 138 beds.
- Conway Human Development Center, Conway, AR. – licensed for 518 beds.
- Jonesboro Human Development Center, Jonesboro, AR. – licensed for 109 beds.
- Southeast Arkansas Human Development Center, Warren, AR. – licensed for 100 beds.
- All locations accept clients age 18 and above with a qualifying diagnosis. Conway HDC is the only facility that accepts children.

Questions