



Counseling Services

What are Counseling Services?

Through Counseling Services, Medicaid beneficiaries with behavioral health diagnoses receive treatment and services from certified Behavioral Health Services professionals.

Counseling Services aim to help Medicaid beneficiaries learn new methods of coping and improve mental wellbeing.



ar.gov/hcbs

What types of services can beneficiaries receive?

- Behavioral Health Counseling (Individual, Group, Marital/family, Multi-family)
- Individual
- Group
- Multi-family
- Psychoeducation
- Mental Health Diagnosis
- Interpretation of Diagnosis
- Substance Abuse Assessment
- Pharmacologic Management
- Psychiatric Assessment
- Intensive Outpatient Substance Abuse Treatment
- Crisis Intervention
- Crisis Stabilization Unit
- Substance Abuse Detoxification

What are the eligibility requirements?

To receive these services, applicants must meet **all** of the following requirements:

- Be Medicaid eligible.
- Complete one of the following intake assessments:
 - Mental Health Diagnosis
 - Substance Abuse Assessment
 - Psychiatric Assessment
- Have documentation of medical necessity from a provider.

For more information or to apply, visit Access Arkansas at access.arkansas.gov