



## Behavioral Health Home and Community Based Services

**Behavioral Health Services consists of counseling and other professional services. Home and community-based services (HCBS) are additional services that support people with mental health diagnoses. Behavioral Health HCBS treat symptoms that cause functional deficits and provide services that help individuals function – for example: life skills development, behavioral assistance, and supportive employment.**



**Program Goal: Treat the symptoms of mental health diagnoses that are impacting an individual's ability to function in home and community settings.**

### What HCBS are Offered?

Behavioral health HCBS offer the following services. The specific services a person receives depends on their unique needs.



**Adult / Supportive Life Skills Development:** A service that provides support and training for youth and adults on a one-on-one or group basis. This service helps individuals gain self-development skills needed to live as independently as possible.



**Adult Rehabilitative Day Service:** Ongoing support for recovering individuals which includes training to improve job skills, adapt to a work environment, and live in and maintain a household of their choosing.



**Aftercare Recovery Support (for Substance Abuse):** Ongoing support for recovering individuals, based on their level of need. This includes educating and assisting individuals with accessing necessary support and services.



**Assertive Community Treatment (ACT):** An evidence-based practice provided by a team of specialists that provides treatment and support and is available 24/7. This service is appropriate for individuals with extensive and/or unpredictable needs.



**Behavioral Assistance:** A service that helps youth and their families meet behavioral goals and make safety and behavior management plans. Staff provide support to families during times when behaviors are most challenging, such as during school mornings, bedtime, or after school.



**Child and Youth Support Services:** Short-term clinical services for caregivers aimed at promoting a child's positive behaviors, encouraging cooperation at school and home, and improving social skills.



**Crisis Stabilization Intervention:** A scheduled face-to-face service for individuals who recently experienced a psychiatric or behavioral health crisis; helping them stabilize and avoid 24-hour inpatient care.



**Family Support Partners:** A service provided by peer counselors, or Family Support Partners (FSP), who use their experience and training to help caregivers and families of children and youth with behavioral or developmental needs. This service provides information on child development, parenting, childcare activities, and community resources.










**Partial Hospitalization:** An intensive nonresidential therapeutic program that serves as an alternative to inpatient treatment, a step-down service, or a way to stabilize conditions and prevent hospitalization. This service includes at a minimum: intake, individual therapy, group therapy, and psychoeducation.



**Peer Support:** A service offered by trained and certified peer specialists (18 years or older) who are in recovery from behavioral health issues. Activities may include setting recovery goals, tracking progress, assisting with treatments, and sharing coping methods.



## What HCBS are Offered?

-  **Pharmacologic Counseling by RN:** A registered nurse provides medication information to the individual and / or their caregiver(s).
-  **Residential Community Reintegration Program:** Residential setting that provides 24/7 intensive therapeutic care for children and youth with emotional and / or behavior problems. The program serves as an intermediate level of care between inpatient psychiatric facilities and home and community-based behavioral health services and can serve as a step-down or transitional level of care to prepare youth for less intensive treatment.
-  **Supportive Employment:** A service designed to help individuals get and keep meaningful jobs in a competitive job market. Staff members provide support during interviews and on-the-job training once the individual is employed.
-  **Supportive Housing:** A service that aims to ensure that individuals have a choice of permanent, safe, and affordable housing. Activities may include finding housing options, completing housing applications, communicating with landlords, coordinating the move, and providing training on how to be a good tenant.
-  **Therapeutic Communities:** Highly structured residential environments in which the primary goals are behavioral health treatment and personal growth. Individuals participate in daily seminars, group counseling, and other activities.
-  **Therapeutic Host Homes:** A home or family setting that has intensive, individualized treatment for individuals with severe behavioral or developmental needs which put them at risk of being placed in a residential setting. The host parent is trained to carry out the member's person-centered plan in the context of family and community life.
-  **Treatment Plan:** A plan developed by a clinician and the individual to deliver specific mental health services that restore, improve, or stabilize the individual's mental health condition.

## What are the Eligibility Requirements?

To receive these services, applicants must have a documented diagnosis of a mental health condition and meet eligibility requirements for the 1915(i).

### 1915(i) Eligibility Requirements:

- Be a Medicaid beneficiary aged 4 and older
- Meet a minimum of a Tier 2 on the Behavioral Health Arkansas Independent Assessment (ARIA).

### PASSE Eligibility Requirements

Medicaid beneficiaries are enrolled in the PASSE if they:

- Have been determined eligible for the 1915 (i) and
- Are in an allowable Medicaid eligibility category.

For more information about the PASSE, refer to the PASSE fact sheets on [ar.gov/HCBS](http://ar.gov/HCBS)

## Who is Responsible for Administering Behavioral Health Services?

The Behavioral Health Services Program is operated by the Office of Substance Abuse and Mental Health (OSAMH), under the administrative authority of the Division of Medical Services (DMS).

For questions, please contact the Office of the PASSE Ombudsman at 1-844-843-7351 or by visiting their website [humanservices.arkansas.gov/u/passeombudsman](http://humanservices.arkansas.gov/u/passeombudsman)