

RULES

FOR

ASSISTED LIVING FACILITIES LEVEL I

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100 **SCOPE**

These rules constitute the basis for the licensure of Level I assisted living facilities by the Arkansas Department of Human Services, Division of Medical Services, Office of Long Term Care. The Office of Long Term Care reserves the right, and may at any time, waive any or all of the requirements herein in event of emergency or for good cause shown in the sole determination of the Office of Long Term Care.

200 **PURPOSE**

The purpose of these rules is to establish standards for Level I assisted living facilities that provide services in a homelike environment for elderly and disabled persons. Level I assisted living facilities ensure that residents receive supportive health and social services as they are needed to enable them to maintain their individuality, privacy, dignity, and independence, in the highest degree possible in an apartment-style living unit. The assisted living environment actively encourages and supports these values through effective methods of service delivery and facility or program operation. The environment promotes resident self-direction and personal decision-making while protecting resident's health and safety.

300 **DEFINITIONS**

As used in these rules, the following definitions shall apply unless the context clearly states otherwise. Where these rules refer to an enactment of the General Assembly, such reference shall include subsequent enactment or amendments by the General Assembly on the same subject matter.

Abuse – Shall have the same meaning as prescribed by Ark. Code Ann. § 5-28-101 and 42 CFR §488.301. “Abuse” also includes sexual abuse as defined in Ark. Code Ann. § 5-28-101 (12).

Activities of Daily Living – The activities of daily living that are performed either independently, with supervision, with assistance, or by others. Activities of daily living include, but are not limited to, ambulating, transferring, grooming, bathing, dressing, eating and toileting.

ADA – The Americans with Disabilities Act.

Administrator – The person who has successfully completed a course of training or instruction certified by the Department as an assisted living facility administrator who is in charge of the daily operation of the facility. Until programs have been certified by the Department, Residential Care Facility Administrators or Nursing Home Administrators may be used.

Advertise – To make publicly and generally known. For purposes of this definition, *advertise* includes, but is not limited to:

1. Signs, billboards, or lettering;
2. Electronic publishing or broadcasting, including the use of the Internet or e-mail; and
3. Printed material.

Alzheimer’s Special Care Unit (ASCU) – A separate and distinct unit within an Assisted Living or other Home and Community-Based Services (HCBS) facility that segregates and provides a special program for residents with a diagnosis of probable Alzheimer’s disease or related dementia; that advertises, markets, or otherwise promotes the facility as providing specialized Alzheimer’s or related dementia care services.

Assisted Living Facility (ALF) – Any building or buildings, section or distinct part of a building, boarding home, home for the aged, or other residential facility whether operated for profit or not, that undertakes through its ownership or management to provide assisted living services for a period exceeding twenty-four (24) hours to more than three (3) adult residents of the facility who are not relatives of the owner or administrator. Assisted living facility means facilities in which assisted living services are provided either directly or through contractual arrangements or in which contracting in the name of residents is facilitated.

Assisted Living Program – A program of assisted living services.

Assisted Living Services – Housing, meals, laundry, social activities, assistance with transportation, direct care services, health care services, twenty-four (24) hour supervision and care, limited nursing services, for purposes of these rules, *assistance with transportation* means making arrangements for transportation.

Caregiver – Shall have the same meaning prescribed by Ark. Code Ann. § 5-28-101.

Choice – Viable options available to a resident that enables the resident to exercise greater control over his or her life. Choice is supported by resident’s self-directed care (including methods and scheduling) established through the care planning process, and the provision of sufficient private and common space within the facility to provide opportunities for residents to select when and how to spend time, and when and how to receive personal or assisted living services.

Common Areas (for Alzheimer’s Special Care Units) – Portions of the Alzheimer’s Special Care Unit, exclusive of residents’ rooms and bathrooms.

Common areas include any facility grounds accessible to residents of the Alzheimer’s Special Care Unit.

Compliance Agreement – If needed, the written formal plan developed in consideration of shared responsibility, choice and assisted living values and negotiated between the resident or his or her representative and the assisted living facility to avoid or reduce the risk of adverse outcomes that may occur in an assisted living environment.

Continuous – Available at all times without cessation, break or interruption.

Covered direct service staff member – This definition is pertinent to dementia training requirements listed in sections 504.5 and 504.6. A covered staff member means a staff member whose work involves extensive contact with residents or program participants. Covered direct service staff members include certified nursing assistants, nurse aides, personal care assistants, personal care aides, licensed practical nurses, licensed vocational nurses, registered nurses, activity directors, and staff members who provide direct patient care to residents.

Deficiency – A facility’s failure to meet program participation requirements as defined in these and other applicable rules and laws.

Dementia – A loss or decrease in intellectual ability that is of sufficient severity to interfere with social or occupational functioning; it describes a set of symptoms such as memory loss, personality change, poor reasoning or judgment, and language difficulties.

Department – The Department of Human Services (DHS) and its divisions and offices.

Direct Care Services – Services that directly help a resident with certain activities of daily living such as assistance with mobility and transfers; assistance provided to a resident to consume a meal, grooming, shaving, trimming or shaping fingernails and toenails, bathing, dressing, personal hygiene, bladder and bowel requirements, including incontinence, or assistance with medication, only to the extent permitted by the state Nurse Practice Act and interpretations thereto by the Arkansas State Board of Nursing.

Direct Care Service Plan – A written plan for direct care services that is developed to meet the needs and preferences of the resident or his or her representative through a negotiated process that becomes a part of the resident’s occupancy admission agreement.

Direct Care Staff – Any licensed or certified staff acting on behalf of, employed by, or contracted by the facility, to provide services and who provides direct care services or assistance to residents, including activities of daily living and tasks related to medication administration or assistance.

Direct Care Staff (Alzheimer's Special Care Unit) – An individual who is an employee of the facility, or an individual who is an employee of a temporary or employment agency assigned to work in the facility, who has received or will receive, in accordance with these rules, specialized training regarding Alzheimer's or related dementia, and who is responsible for providing direct, hands-on care or cuing services to residents of the ASCU.

Direct Contact – The ability or opportunity of employees of the facility, or individuals with whom the facility contracts, to physically interact with or be in the presence of residents.

Direct Threat – A significant risk to the health or safety of self or others that cannot be eliminated by reasonable accommodation. This term as used in these rules is designed to ensure conformity with the Americans with Disabilities Act (ADA) in determining whether a person with a disability poses a “direct (health or safety) threat”.

Directed Plan of Correction – A plan developed by the Department that describes the actions the facility will take to correct deficiencies and specifies the date by which those deficiencies will be corrected.

Discharge – When a resident leaves the facility, and it is not anticipated that the resident will return. A discharge occurs when a return to the facility by the resident requires that admission procedures set forth in these rules be followed.

Disclosure Statement (Alzheimer's Special Care Unit) – A written statement prepared by the facility and provided to individuals or their representatives, and to individual's families, prior to admission to the ASCU, disclosing the form of care, treatment, and related services especially applicable to, or suitable for residents of, the ASCU.

Elopement – Circumstances where a resident, who has been identified as being cognitively impaired, has left a facility without staff knowledge. Facilities must comply with all reporting requirements of any special programs in which they participate.

Emergency Measures – Those measures are necessary to respond to a serious situation that threatens the health and safety of residents.

Endangered Adult – Shall have the same meaning as prescribed by Ark. Code Ann. § 5- 28-101 and as amended.

Exploitation – Shall have the same meaning as prescribed by Ark. Code Ann. § 5-28-101.

First Aid Measures – Temporary interventions necessary to treat trauma or injury.

Health Care Service Plan – A written plan for health care services that is developed to meet the needs and preferences of the resident or his or her representative through a negotiated process that becomes a part of the resident’s occupancy admission agreement.

Health Care Services – The provision of services in an assisted living facility that assists the resident in achieving and maintaining well-being (e.g., psychological, social, physical, and spiritual) and functional status. This may include nursing assessments and the monitoring and delegation of nursing tasks by registered nurses pursuant to the Nurse Practice Act and interpretations thereto by the Arkansas State Board of Nursing, care management, records management and coordinating basic health care and social services in such settings. Health care services may not be provided in a Level I Assisted Living Facility except as provided in Section 702 of these rules.

Home Health Services – Home health aide services, medical supplies suitable for use in the resident’s assisted living facility apartment, and nursing services as defined in the state Nurse Practice Act and interpretations thereto by the Arkansas State Board of Nursing.

IDR – The informal dispute resolution process as described in these rules.

Imminent Danger to Health and Safety – Shall have the same meaning as prescribed by Ark. Code Ann. § 5-28-101.

Impaired Adult – Shall have the same meaning as prescribed by Ark. Code Ann. § 5-28-101.

Independence – The maintenance and promotion of resident capabilities to enhance the resident’s preferences and choices within a barrier-free environment.

Individual Assessment Team (IAT) – A group of individuals possessing the knowledge and skills to identify the medical, behavioral, and social needs of residents of the Alzheimer’s Special Care Unit (ASCU), and to develop services designed to meet those needs.

Individual Support Plan – A written plan developed by an Individual Assessment Team (IAT) that identifies services to a resident of the Alzheimer’s Special Care Unit (ASCU).

Limited Nursing Services – Acts that may be performed by licensed personnel while carrying out their professional duties, but limited to those acts that the department specified by rule. Acts that may be specified by rule as allowable

limited nursing services shall be for persons who meet the admission criteria established by the Department for facilities offering assisted living services, shall not be complex enough to require twenty-four (24) hour nursing supervision and may include such services as application and care of routine dressings, and care of casts, braces, and splints.

Assisted Living I License – A time-limited, non-transferable, permit required by Ark. Code Ann. § 20-10-224 and issued for a maximum period of twelve (12) months to a licensee who complies with the Department rules. This document must list the maximum number of beds for the facility.

Medication Assistance and Monitoring – Services provided by the facility, either directly or through contract, in accordance with the Nurse Practices Act and interpretations thereto by the Arkansas State Board of Nursing, designed to ensure that residents receive necessary or prescribed medication, and to prevent wastage of medication.

Mental Abuse – Verbal, written, or gestured communication, to a resident, or to a visitor or staff, about a resident within the resident’s presence, or in a public forum, that a reasonable person finds to be a material endangerment to the mental health of a resident.

Neglect – Shall have the same meaning as prescribed by Ark. Code Ann. § 5-28-101 and 42 C.F.R. §488.301.

New Admission – An individual who is being admitted to the facility for the first time, or who is returning after a formal discharge.

Non-Compliance – Any violation of these rules, or of applicable law or rules.

Nurse Practice Act – As used in these rules, the term *Nurse Practice Act* refers to Ark. Code Ann. §17-87-101 *et seq.* and interpretations thereto by the Arkansas State Board of Nursing.

Operator – The individual or entity that conducts the business of the facility. The individual or individuals executing the licensure application form shall be deemed an operator.

Office of Community Services (OCS)– The Office within the Division of Provider Services and Quality Assurance of the Department of Human Services (DHS) that has the responsibility for the licensure, certification, and rules, of (HCBS) facilities, herein referred to as the Department or OCS.

Person – An individual, partnership, association, corporation, or other entity.

Personnel, Staff, or Employee – Any person who, under the direction, control, or supervision of facility administration, provides services as defined in these rules for compensation, or who provides services voluntarily, and may include the owner, operator, professional, management and persons, firms, or entities providing services pursuant to a contract or agreement.

Plan of Correction (P-o-C) – A plan developed by the facility and approved by the Department that describes the actions the facility will take to correct deficiencies, and which specifies the date by which those deficiencies will be corrected.

PRN – A medication or treatment prescribed by a medical professional to a person, allowing the medication or ointment to be given “as needed”.

Program Requirements – The requirements for participation and licensure under these and other applicable rules and laws as an assisted living facility.

Proprietor or Licensee – Any person, firm, corporation, governmental agency, or other legal entity, issued an assisted living facility license, and who is responsible for maintaining approved standards.

Protective Services – Shall have the same meaning as prescribed by Ark. Code Ann. § 5-28-101.

Provisional Licensure is a temporary grant of authority to the purchaser to operate an existing facility upon application for licensure to the Department.

Provisional Placement – Placement in an assisted living facility made for the purposes of assessment to determine appropriateness of admission or emergency, such as placement by law enforcement or Adult Protective Services. A provisional placement shall be permitted for no longer than thirty (30) days, at which time the resident must either be discharged or admitted to the facility in conformity with these rules. A provisional placement shall not be an admission pursuant to these rules, and any individual in an assisted living facility pursuant to a provisional placement shall not be deemed a resident of the facility.

Representative or Responsible Party – An individual, who, at the request of the applicant or resident, or by appointment by a court of competent jurisdiction, agrees to act on behalf of a resident or applicant for the purposes of making decisions regarding the needs and welfare of the resident or applicant. These rules, and this definition, does not grant or permit, and should not be construed as granting or permitting, any individual authority or permission to act for or on behalf of a resident or applicant in excess of any authority or permission granted by law. A competent resident may select a representative or may choose not to select a representative. In no event may an individual act for, or on behalf of, a resident or applicant when the resident or applicant has a legal guardian, attorney-

in-fact, or other legal representative. For purposes of these rules only, representatives will also refer to the terms, *responsible party*, *guardian*, *power of attorney* or similar phrase.

Separate Premises – Buildings housing Assisted Living Facility operations that are located on non-contiguous land.

Significant Change – Any improvement or decline in a resident’s medical, physiological, psychological, or social condition, in which:

- a. The decline cannot be reasonably expected to resolve itself; or,
- b. In which the decline may cause a worsening of another or pre-existing medical, physiological, psychological, or social condition.

Substandard Quality of Care – One (1) or more deficiencies related to participation requirements, as set forth in these or other applicable rules or laws, that constitute either immediate jeopardy to resident health or safety; a pattern of, or widespread actual harm, that is not immediate jeopardy; or a widespread potential for more than minimal harm, but less than immediate jeopardy, with no actual harm.

Survey – The process of inspection, interviews, or record reviews, conducted by the Department.

Standard Survey - A comprehensive survey conducted by the Department on an average of every eighteen (18) months for each facility.

Transfer – The temporary or permanent relocation of a resident from one living unit within the facility to another living unit within the facility, or the temporary relocation of a resident to a location outside the facility.

Twenty-Four (24) Hour Nursing – Services that are ordered by a physician or advance practice nurse for a resident whose condition requires the supervision of a physician or advance practice nurse and continued monitoring of vital signs and physical status and whose condition is medically complex enough to require onsite nursing supervision on a twenty-four (24) hour per day basis.

Visually and Functionally Distinct Area – A space that can be distinguished from other areas within the apartment by sight. A visually and functionally distinct area need not be a separate room. To create a visually distinct area, one or more of the following methods must be employed: change in ceiling height, separation by ceiling soffit(s) or wall returns, change in flooring color, partial height partitions or counters, use of alcoves, use of permanent screening devices such as columns or fixed screens. In the case of an “L” shaped studio apartment or unit, kitchenettes and living areas may be combined and bedroom areas may be in a leg of an “L”

shaped plan and qualify without additional separation methods.

400 LICENSURE

400.1 No Level I assisted living facility may be established, conducted, or maintained in Arkansas without first obtaining a long term care facility license as required by Ark. Code Ann. § 20-10-201, *et seq.*, Act 1230 of 2001, and these licensing standards. All licenses issued hereunder, and the beds stated on the license, are non-transferable from one owner or proprietor to another, or from one site or location to another. No Level I assisted living facility may operate with more beds than is stated in the license, and no Level I assisted living facility may accept more residents than the number of beds stated on the license. No license shall be issued without proof of a valid, current Permit of Approval issued by the Health Services Permit Commission or Health Services Permit Agency.

400.2 The issuance of a Level I assisted living facility license shall be a grant of authority to the facility to operate an assisted living facility that does not provide services for or house individuals who meet the medical eligibility for nursing home level of care with the stated bed capacity set out in the license, subject to the provisions regarding loss of beds below. The initial license shall state the number of beds as set forth in the Permit of Approval. Subsequent licenses issued to the same owner will state the number of beds for which the facility has been authorized by the Health Services Permit Commission or the Health Services Permit Agency at the time of the issuance of the subsequent license. Licenses issued as a result of a change of ownership shall state the number of beds for which the facility was licensed on the date of sale of the facility or the date of the sale of ownership of the facility.

400.3 No individual meeting the criteria for Level II level of care may reside or be housed in a Level I unit or Level I bed.

401 LICENSING INFORMATION

401.1 Licenses to operate a Level I assisted living facility are issued to be effective without expiration unless the license is revoked, suspended, or terminated by the Department. Fees for new licensure applications will be prorated by dividing the total licensure fee by three hundred sixty five (365) and then multiplying the result by the total number of days from the date the application is approved through June 30th.

401.2 Licenses shall be issued only for the premises and persons specified in the application and shall not be transferable.

401.3 Licenses shall be posted in a conspicuous place on the licensed premises.

401.4 Separate licenses are required for Level I assisted living facilities maintained on separate premises, even though they are operated under the same management.

When two or more buildings located on contiguous land house Assisted Living operations, the owner or operator may choose to license each operation in each building separately, or to have all operations in all buildings operate under a single license. Multiple licenses for multiple operations housed in separate buildings on contiguous land will be considered and treated under these rules as separate Assisted Living Facilities, and each licensed operation must conform to the requirements of these rules independent of the other licensed operations housed in other buildings on contiguous land.

401.5 Every Level I assisted living facility owner shall designate a distinctive name for the facility, which shall be included on the application for a license. The name of the facility shall not be changed without prior written notification to and receipt by the owner of the assisted living facility of approval from the Department.

402 INITIAL LICENSURE

402.1 Initial licensure requires that the applicant for licensure possess a current, valid Permit of Approval (P-o-A) issued by the Health Services Permit Commission (HSPC) or Health Services Permit Agency (HSPA). Initial licensure shall apply to:

- a. Newly constructed facilities designed to operate as assisted living facilities;
- b. Existing structures not already licensed as a Level I assisted living facility on the effective date of these rules.

Permits of approval held by residential care facilities as of the effective date of Act 1230 of 2001 or held by subsequent purchases of those facilities shall also be considered permits of approval for assisted living without further action. However, residential care facilities that choose to offer Level I assisted living services are not exempt from assisted living licensure requirements except as specifically provided by Act 1230 of 2001.

402.2 The initial licensure application shall be accompanied by one set of building plans.

403 COMPLIANCE

An initial license will not be issued until the Department verifies that the facility is in compliance with the licensing standards set forth in these rules.

An initial license will be effective on the date specified by the Office of Long Term Care once the Office of Long Term Care determines the facility to be in compliance with these licensing standards and applicable laws and rules. The license will expire on June 30th following the issuance of the license.

404 APPLICATION, EXPIRATION AND RENEWAL OF LICENSE

404.1 Applicants for licensure of Level I assisted living facility licensure shall obtain the necessary forms for initial licensure or to request relicensure of the facility after a change of ownership (see Section 404.7 and Section 405) from the Department. The issuance of an application form shall not be construed to be a guarantee that the completed application will be acceptable, or that the Department will issue a license.

404.2 The facility shall not admit any residents until a license to operate a Level I assisted living facility has been issued, except as provided in Section 404.10(e) of these rules for purposes of inspection and initial licensure.

404.3 Applicants for initial licensure, or re-licensure after a change in ownership shall pay in advance a license fee of ten dollars (\$10) per bed to the Department. Such fee shall be refunded to the applicant in the event that a license is not issued. An application fee (non-refundable) of two hundred fifty dollars (\$250) shall also accompany every application.

404.4 Annual licensure fees shall be tendered with each application for a new long-term care facility license and annually thereafter by the anniversary of the date the department issued the long-term care facility license. The annual licensure fees consist of a two hundred fifty dollar (\$250) annual fee plus ten dollars (\$10) per bed.

404.5 Licenses shall be issued only for the premises and persons named in the application and shall not be transferable.

404.6 The operator of the facility shall sign applications and must successfully complete a criminal background check pursuant to Ark. Code Ann. 20-33-213, *et seq.*, and in accordance with the Rules for Conducting Criminal Record Checks for Employees of Long Term Care Facilities.

404.7 As a part of the application process, and in addition to all other applicable requirements, facility operators:

- Must provide information on the administrator, directors, management company, operator, or other management agent that the applicant or applicants will use to manage the facility;
- Must provide information on the owner or owners of the building or other structures that will be used in the operation of the facility;
- Must provide information on all other facilities owned, operated, or managed by the applicant or applicants;

- Must provide information on all other facilities owned, operated, or managed by the administrator, directors, management company, operator, or other management agent that the applicant or applicants will use to manage the facility; and
- Must provide affirmative evidence of ability to comply with standards, and rules, as may be lawfully prescribed.

404.8 The applicant or licensee must furnish the following information:

- a. The identity of each person having (directly or indirectly) an ownership interest of five percent (5%) or more in the facility;
- b. The complete name and address of the assisted living facility for which license is requested and such additional information as the Department may require including, but not limited to, affirmative evidence of ability to comply with standards, and rules as are lawfully prescribed here under;
- c. In case such facility is organized as a corporation, the identity of each officer and director of the corporation, together with a certificate of good standing from the Arkansas Secretary of State;
- d. In case such a facility is organized as a partnership, the identity of each partner and a copy of the partnership agreement;
- e. A statement from an authorized representative of the facility acknowledging that the facility is responsible for any funds that are handled for the residents by the facility or its staff, including personal allowance funds, together with an acknowledgement that the failure to make restitution within ten (10) working days for lost or stolen funds will result in the non-renewal of licensure, or other sanctions;
- f. A copy of any required contract agreement for the provision of services meeting specifications in Section 503 of these rules; and
- g. A copy of the floor plan of the assisted living facility. If the assisted living facility will be a part of another facility under a different license, the distinct part of the facility that will be assisted living shall be identified.

404.9 A Level I assisted living facility may apply for and be granted a license to operate as a Level II facility. A facility desiring to change its licensure status to a Level II from a Level I shall meet all requirements for and shall make application without additional fee in accordance with new licensure applications. The Level I facility

must meet the provisions of the International Building Code in effect at the time of the licensure or construction of the facility, whichever is later.

404.10 Procedure for Licensure. The procedure for obtaining an Assisted Living License shall be:

- a. The individual or entity seeking licensure shall request or obtain all forms for licensure from the Office of Long Term Care.
- b. The individual or applicant shall fully complete all forms for licensure and submit same to the Department, along with all licensure and application fees. As applicable and required by law or rules, the individual or entity seeking licensure shall submit drawings or plans, for the facility, to the Department at the time of application.
- c. For a new facility, at the time of application submission to the Office of Long Term Care, the applicant shall, in writing, request a life-safety code survey from the Department.
- d. For a new facility, the Department will conduct an unannounced life-safety code survey to determine compliance with applicable building code requirements.
- e. For a new facility, upon being informed that the facility meets all requirements for all applicable building codes, the facility may admit residents.
- f. For a new facility, upon admission of residents, the facility shall, in writing, request an initial survey.
- g. For a new facility, the Department will conduct an unannounced initial survey to determine compliance with applicable law and these rules.
- h. For a new facility, upon successful completion of the initial survey the facility shall be granted a license to operate as an Assisted Living Facility.
- i. The Department may elect, to perform a survey prior to issuance of the license, and issuance of the license is contingent upon the facility being found in compliance with all program requirements.

404.11 The Department may deny a license if:

- The administrator, directors, or management company, operator, or other management agent that the applicant will use to manage the facility has ever been convicted of a felony;
- A facility or facilities owned or operated by the applicant or applicants have been found,

- after final administrative decision, to have committed a Class A violation;
- A facility or facilities owned or operated by the administrator, directors, management company, operator, or other management agent that the applicant or applicants will use to manage the facility have been found, after final administrative decision, to have committed a Class A violation;
- The applicant or applicants have had a license revoked or suspended;
- The administrator, directors, management company, operator, or other management agent that the applicant or applicants will use to manage the facility have had a license revoked;
- The applicant or applicants have not demonstrated to the satisfaction of the Department that any other facility owned, operated, or administered by the applicant or applicants is and has been in substantial compliance with the standards as set by applicable state and federal law; or
- The applicant or applicants have not demonstrated to the satisfaction of the department that any other facility owned, operated, or administered by the administrator, directors, management company, operator, or other management agent that the applicant or applicants will use to manage the facility, is and has been in substantial compliance with the standards as set by applicable state and federal law.

The Department may consider the mitigation of compliance issues by whether an applicant or applicants that would fall under one (1) of the above denial criteria including the administrator, directors, management company, operator, or other management agent that the applicant or applicants will use to manage the facility. This includes any long-term care facility which was not licensed at the time of application or any additional bed capacity of a licensed facility.

404.12 Before the department may approve the application for licensure of the buyer, the seller or the buyer shall pay all outstanding quality assurance fees and license fees.

405 CHANGE IN OWNERSHIP

If a long-term care facility intends to add, remove, or otherwise change the management company, operator, or other management agent that manages the long-term care facility, the long-term care facility shall notify the Department of the change and request approval at least thirty (30) days before the change occurs. The Department will timely process the application; however, additional requests for information may be necessary and extend this process

The long-term care facility shall provide the Department with the information required to allow the Department to evaluate whether the new management company, operator, or other management agent that manages the long-term care facility meets the eligibility criteria set forth in the disqualifying criteria stated in the aforementioned section. The long-term care facility shall receive approval of the change from the Department before the change occurs unless the change is required

due to an emergency.

If a change occurs without prior approval from the Department due to an emergency, the long-term care facility shall notify the Department within ten (10) days of the change. The Department may deny a requested change based on the criteria established in below subdivision of this section. If the Department denies a requested change, the long-term care facility may not employ or otherwise use the denied management company, operator, or other management agent. A long-term care facility is not required to notify or receive approval from the Department for a change involving vendors that provide services to the long-term care facility but do not manage the facility.

405.1 The Department shall consider and may deny a license based upon any criteria provided for at Ark. Code Ann. § 20-10-224*et seq.* Failure to comply with the provisions of this section will result in the denial of licensure to the new owner.

405.2 Transactions constituting a change in ownership include, but are not limited to, the following:

- a. Sale or donation of the facility's legal title;
- b. Lease of any portion of facility's real or personal property;
- c. A sole proprietor becomes a member of a partnership or corporation, succeeding him as the new operator;
- d. A partnership dissolves;
- e. An initial partnership is replaced by another through the removal, addition or substitution of a partner;
- f. The corporate owner merges with, or is purchased by, another corporation or legal entity; or
- g. A not-for-profit corporation becomes a general corporation, or a for-profit corporation becomes not-for-profit.

405.3 Transactions that do not constitute a change of ownership include, but are not limited to, the following:

- a. Changes in the membership of a corporate board of directors or board of trustees, or;
- b. Changes in the membership of a not-for-profit corporation.

406 PROVISIONAL LICENSURE

Subject to the requirements below, a provisional license shall be issued to the Applicant and new operator of the long-term care facility when the Department has received the Application for Licensure to Conduct a Long Term Care Facility. A provisional license shall be effective from the date the Office of Long-Term Care provides notice to the Applicant and new operator, until the date the long-term care license is issued. With the exception of Medicaid or Medicare provider status, a provisional license confers upon the holder all the rights and duties of licensure.

Prior to the issuance of a provisional license:

1. The purchaser and the seller of the long-term care facility shall provide the Department with written notice of the change of ownership at least thirty (30) days prior to the effective date of the sale.
2. The Applicant and new operator of the long-term care facility shall provide the Department with the application for licensure, including all applicable fees.
3. The Applicant and new operator of the long-term care facility shall provide the Department with evidence of the transfer of operational control signed by all applicable parties.

A provisional license holder may operate the facility under a new name, whether fictitious or otherwise. For purposes of this section, the term *new name* means a name that is different than the name under which the facility was operated by the prior owner, and the term “operate” means that the provisional license holder may hold the facility out to the public using the new name. Examples include, but are not limited to, signage, letterhead, brochures, or advertising (regardless of media) that bears the new name.

In the event that the provisional license holder operates the facility under a new name, the facility shall utilize the prior name in all communications with the Department until such time as the license is issued. Such communications include, but are not limited to, incident reports, notices, Plans of Correction, and MDS submissions. Upon the issuance of the license, the facility shall utilize the new name in all communications with the Department.

500 ADMINISTRATION

501 GOVERNING BODY

Each Level I assisted living facility must have an owner or governing body that has ultimate authority for:

- a. The overall operation of the facility;
- b. The adequacy and quality of care;
- c. The financial solvency of the facility and the appropriate use of its funds;
- d. The implementation of the standards set forth in these rule; and
- e. The adoption, implementation and maintenance, in accordance with the requirement of state and federal laws and regulations and these licensing standards, of assisted living policies and administrative policies governing the operation of the facility.

502 GENERAL PROGRAM REQUIREMENTS

Each person or legal entity issued a license to operate a Level I assisted living facility shall provide continuous twenty-four (24)-hour supervision and services that:

- a. Conform to Office of Long Term Care rules;
- b. Meet the needs of the residents of the facility;
- c. Provide for the full protection of residents' rights; and
- d. Promote the social, physical, and mental well being of residents.

503 CONTRACTUAL AGREEMENTS

A Level I assisted living facility shall not admit, or continue to provide care to, individuals whose needs are greater than the facility is licensed to provide. For any service required under these rules that is not provided directly by the facility, the facility must have a written contractual agreement or contract with an outside program, resource or service to furnish the necessary service.

504 PERSONNEL AND GENERAL POLICIES AND PROCEDURES

504.1 Required Policies and Procedures Governing General Administration of the Facility

The facility must develop, maintain, and make available for public inspection the following policies and procedures.

- a. Resident policies and procedures as set forth in Section 505;
- b. Admission policies as set forth in Section 601;
- c. Discharge and transfer policies as set forth in Section 602;
- d. Incident reporting policies and procedures as set forth in Section 507, including procedures for reporting suspected abuse or neglect.
- e. Policies and procedures for the management of resident personal allowance accounts as set forth in Section 505.1 and Section 603.1(3)(N);
- f. Residents' Rights policies and procedures as set forth in Section 603.1;
- g. Fire safety standards as set forth in Section 504.1.1(i) and Section 906;
- h. Smoking policies for residents and facility personnel as set forth in Section 504.1.1(j) and Section 906;
- i. Policy and procedures regarding visitors, mail and associates as set forth in Section 603.1(3)(K), (L), and (M);
- j. Policy and procedures regarding emergency treatment plans as set forth in Section 505(l);
- k. Policy and procedures for the relocation of residents in cases of emergencies (e.g., natural disasters, or utility outages)
- l. Failure of a facility to meet the requirements of this subsection shall be a violation pursuant to Ark. Code Ann. § 20-10-205, *et seq.*

504.1.1 Each facility must have written employment and personnel policies and procedures. Personnel records shall include, as a minimum, the following:

- a. Employment applications for each employee.
- b. Written functional job descriptions for each employee that is signed and dated by the employee. Personnel records for each employee shall be maintained and shall include, as a minimum:
 1. description of responsibilities and work to be performed, and which shall be updated as they change;

2. minimal qualifications, to include educational qualifications;
 3. evidence of credentials, including current professional licensure or certification;
 4. written statements of reference or documentation of verbal reference check – verbal check documentation must include the name and title of the person giving the reference, the substance of any statements made, the date and time of the call, and the name of the facility employee who is making the call;
 5. documentation of education, documentation of continuing training, including orientation training and continuing education units (CEUs) related to administration certification, personal care, food management, etc. CEU documentation must include copies of the documentary evidence of the award of hours by the certifying organization;
 6. documentation of attendance at in-service or on-the-job training, and orientation as required by the job description;
 7. employee’s signed acknowledgement that he or she has received and read a copy of the Residents’ Bill of Rights;
 8. results of the criminal record check required by law or rule.
- c. Verification that employee is at least 18 years of age;
 - d. Documentation that employees with communicable diseases, or with infected skin lesions, are prohibited from direct contact with residents or with residents’ food, if direct contact will transmit the disease;
 - e. Verification that employee has not been convicted or does not have a substantiated report of abusing or neglecting residents or misappropriating resident property. The facility shall, at a minimum, prior to employing any individual or for any individuals working in the facility through contract with a third party, make inquiry to the Employment Clearance Registry of the Office of Long

Term Care and the Adult Abuse Register maintained by the Department of Human Services, Division of Aging and Adult Services, and shall conduct re-checks of all employees every five (5) years. Inquires to the Adult Abuse Registry shall be made by submitting a Request for Information form found in the Appendix, addressed to Adult Protective Services Central Registry, P. O. Box 1437, Slot S540, Little Rock, AR 72203;

- f. Documentation that all employees and other applicable individuals utilized by the facility as staff have successfully completed a criminal background check pursuant to Ark. Code Ann. § 20-33201, *et seq.* and in accordance with the Rules and for Conducting Criminal Record Checks for Employees of Long Term Care Facilities;
- g. A copy of a current health card issued by the Arkansas Department of Health or other entities as provided by law;
- h. Documentation that employee has been provided a copy of all personnel policies and procedures. A copy of all personnel policies and procedures must be made available to OLTC personnel or any other Department;
- i. Documentation that policies and procedures developed for personnel about fire safety standards and evacuation of building have been provided to the employee;
- j. Documentation that policies and procedures developed for tobacco use have been provided to the employee;

Failure to comply with the provisions of this subsection or violation of any policies or procedures developed pursuant to this subsection shall be a violation pursuant to Ark. Code Ann. § 20-10-205, and Ark. Code Ann. § 20-10-206, or may constitute a deficiency finding against the facility.

504.1.2 The facility shall meet all rules issued by the Arkansas Department of Health regarding communicable diseases. Further, the facility must prohibit employees with a communicable disease, or with infected skin lesions, from direct contact with residents or with residents' food, if direct contact will transmit the disease.

504.2 Required Staffing

504.2.1 Administrator

504.2.1.1 Each facility must designate a full-time (40 hours per week) administrator. The administrator must be on the premises during normal business hours. The administrator has responsibility for daily operation of the facility. Correspondence from the Office of Long Term Care to the facility will be through the administrator. Sharing of administrators between assisted living facilities and other types of long-term care facilities is permitted pursuant to Section 504.2.1.4.

- a. The administrator shall not leave the premises housing the assisted living facility during the day tour of duty without first designating an employee who will be responsible for the management of the facility during the administrator's absence.
- b. The facility administrator shall notify the OLTC in writing if the administrator will be absent from the facility for seven (7) or more consecutive calendar days;
- c. Each administrator will provide to the OLTC, on an annual basis, a copy of his or her current administrator certification. This submission must be every time when the facility seeks licensure, renewal of licensure, or upon change of ownership.

504.2.1.2 All certifications must be current as required by the certification agency. This submission shall be made each time the facility seeks licensure, renewal of licensure, or upon a change of administrators.

504.2.1.3 The administrator must have the following minimum qualifications:

- a. Must be at least 21 years of age;
- b. Must have a high school diploma or have a GED;
- c. Must have the ability and agree to comply with these rules;
- d. Must successfully complete a criminal background check pursuant to Ark. Code Ann. § 20-33-201, *et seq.* and in accordance with the Rules for Conducting Criminal Record Checks for Employees of Long Term Care Facilities;
- e. Must not have been convicted, or have a substantiated report, of abusing, neglecting, or mistreating persons, or misappropriation of resident property. The adult abuse register maintained by the

Department of Human Services, Division of Aging and Adult Services shall be checked prior to employment;

- f. Must have no prior conviction pursuant to Ark. Code Ann. § 2010-401, or relating to the operation of a long-term care;
- g. Must be certified as an Assisted Living Facility Administrator through a certification program approved by the OLTC or must be enrolled in a certification program with an expected completion date of within twelve (12) months. Until certification requirements for an Assisted Living Facility Administrator are in place, certification as a Residential Care Facility Administrator or licensure as a Nursing Home Administrator may be used.

504.2.1.4 *Full time* means forty (40) hours per week during normal business hours. *Part time* means twenty (20) hours or more, but less than forty (40) hours, during normal business hours. When a structure or building houses more than one type of long-term care facility, a single administrator may be employed for all the long-term care programs housed within that structure, building or premises, provided:

- a. The person employed as administrator must meet the qualifications for, and be currently licensed or certified as, an administrator for each type of long-term care facility for which he or she will act as administrator;
- b. A second administrator shall be employed part-time when:
 - 1. The total number of beds for all long-term care programs within the facility is more than seventy (70), and
 - 2. The number of beds for each long-term care program within the facility is more than twenty (20) per program;
- c. A second administrator shall be employed full-time when:
 - 1. The total number of beds for all long-term care programs within the facility is more than seventy (70), and
 - 2. The number of beds for each long-term care program within the facility is more than forty (40) per program.

504.3 To effectuate the intent of these rules, the assisted living facility shall develop a staffing plan to ensure sufficient personnel/staff/employees are available to

meet the needs of the residents. A facility shall meet minimum staffing ratios set forth below at all times, and shall utilize sufficient staff to meet each resident’s particular direct care needs as agreed to and specified in the resident’s services plan portion of the occupancy admission agreement.

- a. In facilities with sixteen (16) or fewer residents, the facility administrator may be counted as direct care staff while still acting as, or performing the duties of, administrator. In facilities with more than sixteen (16) residents, the facility administrator may be counted as direct care staff on shifts on which he or she is not performing or required to perform the duties of an administrator. The administrator must meet all licensing or certification requirements for the duties that the administrator is performing.
- b. The facility shall have as many personnel/staff/employees awake and on duty at all times as may be needed to properly safeguard the health, safety, or welfare of the residents. For purposes of these rules, *on duty* means that the individual is on the premises of the facility, is awake, and is able to meet residents’ needs. At least one administrator, on-site manager, or a responsible staff person shall be on the premises twenty-four (24) hours per day. Residents shall not be left unsupervised, as that term is defined in subsection 601.3(a)(1). The following are the required minimum staff/resident ratios and other staffing requirements:

1. Required on-site staff/resident ratios based on current resident census are for large and small facilities:

<u># Residents</u>	<u>Direct Care Staff Required Per Shift</u>		
	Day	Evening	Night
1-16	1	1	1
17-32	2	2	1
33-49	2	2	2
50-66	3	2	2
67-83	4	2	2
84-above	5	3	2

- 2. Each staff person on duty may be counted as direct care staff even if they are currently involved in housekeeping, laundry or dietary activities as long as universal precautions are followed;
- 3. Staff requirements are as follows:

- A. For facilities with sixteen (16) or less residents, the facility shall have an electronic system, such as pagers or cell phones, to contact relief staff if the on-duty staff person must leave the facility for an emergency or other reason. A staff person who must leave the facility shall utilize the system to obtain staff relief, and shall not leave the facility until the relief person appears at the facility. For facilities with more than sixteen (16) residents, a relief staff person must be available to relieve staff and to cover if a staff person must leave the facility in an emergency or any other reason;
- B. The staffing schedule must be posted in the facility;
- C. The OLTC may, in its sole discretion, grant waivers to staffing standards in situations where the facility demonstrates an ability to adequately meet service requirements with fewer staff.

504.4 All staff including contracted personnel who provide services to residents, excluding licensed home health agency staff, shall receive orientation and training on the following topics within the time frames specified herein:

- a. Within seven (7) calendar days of hire:
 - 1. Building safety and emergency measures, including safe operation of fire extinguishers and evacuation of residents from the building;
 - 2. Appropriate response to emergencies;
 - 3. Abuse, neglect, and financial exploitation and reporting requirements;
 - 4. Incident reporting;
 - 5. Sanitation and food safety;
 - 6. Resident health and related problems;
 - 7. General overview of the job's specific requirements;
 - 8. Philosophy and principles of independent living in an assisted living residence.
 - 9. Residents' Bill of Rights;

b. Within thirty (30) calendar days of hire:

1. Medication assistance or monitoring;
2. Communicable diseases, including AIDS or HIV and Hepatitis B; infection control in the residence and the principles of universal precautions based on OSHA guidelines;

c. Within one-hundred eighty (180) calendar days of hire:

1. Communication skills;
2. Review of the aging process and disability sensitivity training.

504.4.1 All staff and contracted providers having direct contact with residents and all food service personnel shall receive a minimum of six (6) hours per year of ongoing education and training to include in-service and on-the job training designed to reinforce the training set forth in Section 504.4(a)(b)(c).

504.5 The facility shall provide dementia training for all covered staff members within ninety (90) days of hire. Facilities shall:

- a. Establish procedures for ongoing staff support regarding the treatment and care of persons with dementia, which shall include on-site mentoring programs and other support mechanisms.
- b. Identify and designate standardized trainings, including online trainings that meet the requirements of dementia training.
- c. Maintain a certificate in the employee's personnel file upon completion of training. It shall be portable between settings within the state.
- d. Ensure if a covered staff member has a lapse of twenty-four (24) consecutive months or more, the initial dementia training is repeated.
- e. Ensure staff members are informed that they are responsible for maintaining their documentation.
- f. Ensure a covered staff member is trained adequately and appropriately to best address the needs of the person served.
- g. Ensure that each direct service staff member and a covered administrative staff member complete four (4) hours of initial training.

504.6 Dementia training shall be culturally competent for covered staff members and persons with Alzheimer's disease and dementia.

- a. Dementia training relative to Section 504.5 shall include principles of person-centered dementia care including:
 1. Thorough knowledge of persons with Alzheimer's disease and dementia and their abilities and needs;
 2. Methods for ensuring optimal functioning and quality of life including how to use problem-solving approaches to care, and techniques that ensure and preserve a resident's respect, values, choice, and dignity.

- b. The curriculum used for the initial training shall cover the following topics:
 1. Alzheimer's disease and other dementias;
 2. Person-centered care;
 3. Assessment and care planning;
 4. Activities of daily living; and
 5. Dementia-related behaviors and communication.

- c. The curriculum for a covered administrative staff member for the initial training shall also cover the following additional topics:
 1. Medical management information, education, and support;
 2. Staffing;
 3. Supportive and therapeutic environments; and
 4. Transitions and coordination of services.

- d. Dementia training for other covered staff members shall include, at a minimum:
 1. An overview of Alzheimer's disease and other dementias;
 2. Principles of person-centered care; and
 3. Dementia-related communication issues

- e. The individual providing the training shall possess:
 1. No less than two (2) years of work experience related to Alzheimer's disease or other dementias or in health care, gerontology, or another related field;
 2. A minimum of two (2) years of general nursing experience including at least one (1) year of nursing services in a nursing facility setting or an assisted living facility within the last five (5) years; or
 3. A minimum of two (2) years of experience as an administrator in an assisted living facility or a facility that provides direct care to persons with dementia; and
 4. Does not have any disciplinary action regarding their license by the licensing entity or authority.

General nursing experience may include without limitation employment in a nursing assistant education program or employment in or supervision of nursing students in a nursing facility or unit, geriatrics department excluding a geriatric

psychiatry department, long-term acute care hospital, home healthcare, hospice care, or other long-term care or home and community-based settings.

- f. Two (2) hours of continuing education will be provided on an annual basis and will include information on best practices in the treatment and care of persons with dementia.

504.7 Facility staff, administrators and owners are prohibited from being appointed as, or acting as, guardian of the person or the estate, or both, for residents of the facility.

505 GENERAL REQUIREMENTS CONCERNING RESIDENTS

The facility shall:

- a. Permit unrestricted visiting hours. However, facilities may deny visitation when visitation results, or substantial probability exists that visitation will result, in disruption of service to other residents, or threatens the health, safety, or welfare of the resident or other residents.
- b. Make keys to residences readily available to facility personnel in the event of an emergency need to enter a residence.
- c. With the exception of fish in aquariums and service animals (e.g. guide dogs), live animals shall not be permitted in common dining areas, storage areas, food preparation areas or common serving areas. Pets may be permitted in assisted living facilities if sanitary conditions and appropriate behavior are maintained. If the facility permits pets, the facility shall

ensure that the facility is free of pet odors and that pets' waste shall be disposed of regularly and properly. Pets must not present a danger to residents or guests. Current records of inoculations and license, as required by local ordinance, shall be maintained on file in the facility. For purposes of these rules, *pets* mean domesticated mammals (such as dogs and cats), birds or fish, but not wild animals, reptiles, or livestock. Parameters for pets (including behavior and health) must be set and be included in the occupancy admission agreement.
- d. Require that conduct in the common areas shall be appropriate to the community standards as defined by the residents and staff.
- e. Ensure that there shall be only one resident to an apartment or unit except in situations where residents are husband and wife or are two consenting adults who have voluntarily agreed in writing to share an apartment or unit that has been executed by the resident or responsible party as appropriate and is maintained by the facility in each resident's record.

- f. Except in cases of spouses, or consenting adults who have agreed otherwise in writing, ensure that male and female residents do not have adjoining rooms that do not have full floor to ceiling partitions and closable solid core doors.
- g. Ensure that residents not perform duties in lieu of direct care staff, but may be employed by the facility in other capacities.
- h. Ensure that residents are not left in charge of the facility.
- i. Ensure that a minimum of one phone jack is available in each resident's apartment or unit for the resident to establish private phone service in his or her name. In addition, there shall be, at a minimum, one dedicated facility phone and phone line for every forty (40) residents in common areas. The phone shall allow unlimited local calling without charge. Long distance calling shall be possible at the expense of the resident or responsible party via personal calling card, pre-paid phone card, or similar methods. Residents shall be able to make phone calls in private. "Private" can be defined as placing the phone in an area that is secluded and away from frequently used areas.
- j. Ensure that residents are afforded the opportunity to participate in social, recreational, vocational, and religious activities within the community, and any activities made available within the facility.
- k. Document that each resident has a physician or advance practice nurse of his or her choice who is responsible for the overall management of the resident's health;
- l. In the event of a resident's illness or accident:
 - 1. Notify the resident's responsible party or next of kin and personal physician or advance practice nurse, or in the event such physician or advance practice nurse is not available, a qualified alternate. A competent resident may decline to have someone contacted, if such a request is in writing and is filed in the resident's file;
 - 2. Take immediate and appropriate steps to see that the resident receives necessary medical attention including transfer to an appropriate medical facility;
 - 3. Make a notation of the illness or accident in the resident's records.

505.1 Financial Management of Resident Personal Allowance

Each facility must provide for the safekeeping and accountability of resident funds in accordance with this Section and Section 603.1(3)(N). A facility may not require the resident to deposit funds with the facility.

505.1.1 The facility must have written policies and procedures for the management of personal funds accounts with an employee designated to be responsible for these accounts. In addition, the facility shall ensure that:

- a. Each person receiving SSI shall have the opportunity to place personal funds in an account. No fee shall be charged by the facility for maintaining these accounts;
- b. Persons who receive SSI are entitled to retain an amount from their income for personal needs consistent with federal requirements;
- c. The facility shall hold personal funds in trust for the sole use of the residents, and such funds must not be commingled with the funds of the facility or used for any purpose other than for the benefit of the resident;
- d. The personal funds shall be used at the discretion of the resident or responsible party;
- e. The resident may terminate his or her facility-maintained account and receive the current balance within seven (7) calendar days of the termination of the account;
- f. The facility maintains individual records for each resident who has an account that shows all debits and credits to the account, and that maintains a running, current balance;
- g. The facility documents all personal transactions and maintains all paid bills, vouchers, and other appropriate payment and receipt documentation in the manner prescribed by the Department or by law;
- h. If the facility deposits personal allowance funds, they shall be deposited in individual or collective interest bearing, federally insured bank accounts. If these accounts are established, the facility must develop a procedure to insure the equitable distribution of interest to each resident's account;
- i. At least quarterly, the facility supplies each resident or responsible party who has a personal account with a statement showing all

deposits, withdrawals and current balance of the resident's personal allowance account;

- j. The facility provides the Department access to required resident financial records upon request;
- k. At a minimum, the resident has access to his or her personal allowance account during the hours of 9:00 a.m. to 5:00 p.m. Monday through Friday;
- l. The facility does not charge the resident additional amounts for supplies or services that the facility is by law, rule, or agreement required to provide under the basic charge;
- m. Services or supplies provided by the facility beyond those that are required to be included in the basic charge are charged to the person only with the specific written consent of the resident or his or her responsible party;
- n. Whenever a resident authorizes a facility to exercise control over his or her personal allowance, such authorization is in writing and signed by the resident or his or her responsible party, and the administrator of the facility or his or her designee. Any such money

shall not be commingled with the funds, or become an asset, of the facility or the person receiving the same, but shall be segregated and recorded on the facility's financial records as independent accounts.

505.1.2 Transfer of resident funds must meet the following requirements:

- a. At the time of discharge from the assisted living facility, the resident or his or her responsible party or agent shall be provided a final accounting of the resident's personal account and issued the outstanding balance within seven (7) calendar days of the date of discharge. If the resident is being transferred to another assisted living facility or health care facility, the resident or responsible party shall be given an opportunity to authorize transfer of the balance to a resident account at the receiving facility;
- b. Upon death of a resident, a final statement of the account must be made and all remaining funds shall be transferred to the resident's estate, subject to applicable state laws;
- c. Upon change of ownership, the existing owner must provide the new owner with a written statement of all resident personal funds. This

statement shall verify that the balance being transferred in each resident fund account is true and accurate as of the date of transfer;

- d. At change of ownership, the new owner must assume responsibility for account balances turned over at the change of ownership together with responsibility for all requirements of this Section, including holding of resident's funds in trust.

505.1.3 The facility must maintain inventory records and security of all monies, property or things of value that the facility agrees to store for the resident outside of the resident's apartment or unit and that the resident has voluntarily authorized, in writing, the facility to hold in custody or exercise control over at the time of admission or any time thereafter.

505.1.4 If a responsible party or payee fails to pay an assisted living facility's charges or to provide for the resident's personal needs, the facility shall notify the Department of Human Services, Division of Aging and Adult Services, Adult Protective Services.

506 QUALITY ASSURANCE

The Assisted Living Facility shall develop and maintain a quality assessment unit. The unit shall meet at least quarterly to identify issues with respect to which quality assessment and assurance activities are necessary, and to develop and implement appropriate plans of action to correct identified quality deficiencies

The quality assessment unit shall consist of the individual or individuals identified by the facility as having the ability to recognize and identify issues of quality deficiencies and to implement changes to facility and employee practices designed to eliminate identified issues of quality deficiencies.

Good faith attempts by the unit to identify and correct quality deficiencies will not be used as a basis for sanctions.

507 REPORTING SUSPECTED ABUSE, NEGLIGENCE, OR MISAPPROPRIATION OF RESIDENT PROPERTY

Pursuant to Ark. Code Ann. §5-28-101, *et seq.* and Ark. Code Ann. § 12-12-501, *et seq.*, the facility must develop and implement written policies and procedures to ensure incidents are prohibited, reported, investigated and documented as required by these rules and by law, including:

- alleged or suspected abuse or neglect of residents;
- exploitation of residents or any misappropriation of resident property.

A facility is not required under this rule to report death by natural causes. However, nothing in this rule negates, waives, or alters the reporting requirements of a facility under other rules or statutes.

Facility policies and procedures regarding reporting, as addressed in these rules, must be included in orientation training for all new personnel/staff/employees and must be addressed at least annually during inservice training for all facility staff.

507.1 Next-Business-Day Reporting of Incidents

The following events shall be reported to the Office of Long Term Care by facsimile transmission to telephone number 501-682-8540 of the completed Incident & Accident Intake Form (Form DMS-731) no later than 11:00 a.m. on the next business day following discovery by the facility.

- a. Any alleged, suspected, or witnessed occurrences of abuse, including verbal statements or gestures, or neglect to residents.
- b. Any alleged, suspected, or witnessed occurrence of misappropriation of resident property or exploitation of a resident.
- c. Any alleged, suspected, or witnessed occurrences of sexual abuse to residents by any individual.

In addition to the requirement of a facsimile report by the next business day on Form DMS-731, the facility shall complete a Form DMS-742 in accordance with Section 507.5. Forms DMS-731 and DMS-742 are found in the Appendix.

507.2 Incidents or Occurrences that Require Internal Reporting Only – Facsimile Report or Form DMS-742 Not Required

The following incidents or occurrences shall require the facility to prepare an internal report only and does not require a facsimile report or Form DMS-742 to be made to the Office of Long Term Care. The internal report shall include all content specified in Section 507.3, as applicable. Facilities must maintain these incident report files in a manner that allows verification of compliance with this provision.

- a. Incidents where a resident attempts to cause physical injury to another resident without resultant injury. The facility shall maintain written reports on these types of incidents to document “patterns” of behavior for subsequent actions.
- b. All cases of reportable disease as required by the Arkansas Department of Health.

- c. Loss of heating, air conditioning, or fire alarm system for a period of greater than two (2) hours.

507.3 Internal-Only Reporting Procedure

Written reports of all incidents and accidents shall be completed within five (5) days after discovery. The written incident and accident reports shall be comprised of all information specified in forms DMS-731 and DMS-742 as applicable.

All written reports will be reviewed, initialed, and dated by the facility administrator or designee within five (5) days after discovery.

1. All reports involving accident or injury to residents will also be reviewed within five (5) days of the incident by the facility administrator.
2. The services plan portion of the occupancy admission agreement shall be reviewed by the administrator and:
 - a. Shall be amended upon any change of a resident's condition or need for services;
 - b. Copies of the amended versions of the resident's services plan shall be attached to the written report of the incident or accident.

Reports of incidents specified in Section 507.2 will be maintained in the facility only and are not required to be submitted to the Office of Long Term Care.

All written incident and accident reports shall be maintained on file in the facility for a period of three (3) years from the date of occurrence or report, whichever is later.

507.4 Other Reporting Requirements

The facility's administrator or designee is also required to make any other reports as required by state and federal laws and regulations.

507.5 Abuse Investigation Report

The facility must ensure that all alleged or suspected incidents involving resident abuse, exploitation, neglect, or misappropriations of resident property are thoroughly investigated. The facility's investigation must be in conformance with the process and documentation requirements specified on the Form DMS-742, and must prevent the occurrence of further incidents while the investigation is in progress.

The results of all investigations must be reported to the facility's administrator or designated representative and to other officials in accordance with state law, including the Office of Long Term Care, within five (5) working days of the facility's knowledge of the incident. If the alleged violation is verified, appropriate corrective action must be taken.

The DMS-742 shall be completed and mailed to the Office of Long Term Care by the end of the 5th working day following discovery of the incident by the facility. The DMS-742 may be amended and re-submitted at any time circumstances require.

507.6 Reporting Suspected Abuse or Neglect

The facility's written policies and procedures shall include, at a minimum, requirements specified in this section.

- 507.6.1** The requirement that the facility's administrator or his or her designated agent immediately reports all cases of suspected abuse or neglect of residents of an assisted living facility to the local law enforcement agency in which the facility is located as required by Ark. Code Ann. § 5-28203(b) and as amended.
- 507.6.2** The requirement that the facility's administrator or his or her designated agent report suspected abuse or neglect to the Office of Long Term Care as specified in this rule.
- 507.6.3** The requirement that all facility personnel/staff/employees who have reasonable cause to suspect that a resident has been subjected to conditions or circumstances that have resulted in abuse or neglect are required to immediately notify the facility administrator or his or her designated agent (this does not negate that all mandated reporters employed by or contracted with the facility shall report immediately to the local law enforcement agency in which the facility is located as required by Ark. Code Ann. § 5-28-203(b)).
- 507.6.4** The requirement that, upon hiring, each facility employee be given a copy of the abuse or neglect reporting and prevention policies and procedures and sign a statement that the policies and procedures have been received and read. The statement shall be filed in the employee's personnel file.
- 507.6.5** The requirement that all facility personnel receive annual, in-service training in identifying, reporting and preventing suspected abuse or neglect, and that the facility develops and maintains policies and procedures for the prevention of abuse and neglect and accidents.

507.7 When the Office of Long Term Care makes a finding that a facility employee or personnel of the facility committed an act of abuse, neglect or misappropriation of resident property against a resident, the name of that employee or personnel shall be placed in the Employment Clearance Registry of the Office of Long Term Care. If the employee or personnel against whom a finding is made is a CNA, the name of the CNA will be placed in the CNA Registry of the Office of Long Term Care. Further, the Office of Long Term Care shall make report of its finding to the appropriate licensing or enforcement agencies.

508 RESIDENT RECORDS

508.1 The assisted living facility must maintain a separate and distinct record for each resident. The record must contain:

- a. Resident's name;
- b. Resident's last address;
- c. Date the resident began residing at the facility;
- d. Name, office telephone number, and emergency telephone number of each physician or advance practice nurse who treats the resident;
- e. Name, address, and telephone number of the responsible party, or if no responsible party, the person who should be contacted in the event of an emergency involving death of the resident;
- f. All identification numbers such as Medicaid, Medicare or Medipak, Social Security, Veterans Administration and date of birth;
- g. Any other information that the resident requests the assisted living facility to keep on record;
- h. A copy of the resident's signed "Residents' Bill of Rights" Statement;
- i. A copy of the current occupancy admission agreement that includes the resident's services plan updated within the specified time frames and transfer/discharge plan (when applicable);
- j. On admission, and each time there is a change in services provided the resident, a written acknowledgement that the resident or his or her responsible party has been notified of the charges for the services provided;
- k. Information about any specific health problem of the resident that might be

necessary in a medical emergency. Such records should specify any medication allergies. If none, state “no known allergies”;

- l. A brief medical history;
- m. A list of all current medications, including strength and dosage, kept by the facility for the resident;
- n. Name of the resident or his or her responsible party’s preferred pharmacy;
- o. An entry shall be made at any time the resident’s status changes or in the event of an unusual occurrence. This documentation shall include:
 1. Falls;
 2. Illness;
 3. Physician or advance practice nurse visits;
 4. Problem with staff members or others;
 5. Hospitalization;
 6. Physical injury sustained, whatever the circumstances;
 7. Changes in the resident’s mental or physical condition;
- p. Copy of compliance agreement, if appropriate;
- q. A copy of court orders, letters of guardianship, or power of attorney if applicable;
- r. Copy of any advance directive;
- s. Discharge date.

508.2 The facility must maintain the resident’s records in the following manner:

- a. Each resident shall have the right to inspect his or her records during normal business hours in accordance with state and federal law;
- b. The facility must not disclose any resident records maintained by the facility to any person or agency other than the facility personnel, the OLTC or the Attorney General’s Office except upon expressed written consent of the

resident or his or her responsible party unless the disclosure is required by state or federal law or regulation;

- c. Each facility must provide a locked file cabinet or locked room for keeping resident's medical, social, personal, and financial records;
- d. The facility must maintain the original records in an accessible manner for a period of five (5) years following the death or discharge of a resident;
- e. The original resident records shall be kept on the facility premises at all times, unless removed pursuant to subpoena.
- f. In the event of a change of ownership, the resident records shall remain with the facility.
- g. If the facility closes, the resident records shall be stored by the owner of the facility within the State of Arkansas for five (5) years.
- h. The facility shall take reasonable actions to protect the resident records from destruction, loss, or unauthorized use.

600 ADMISSION, DISCHARGE AND TRANSFER

Ark. Code Ann. § 20-10-1005 provides for involuntary and voluntary discharges. These rules are supplemental to the statute and if in conflict, the statute governs.

601 ADMISSIONS

601.1 Admission Criteria

The Level I assisted living facility shall not admit any resident whose needs are greater than the facility is licensed to provide. The Level I assisted living facility shall not provide services to residents who:

- a. need 24-hour nursing services except as certified by a licensed home health agency for a period of sixty (60) days with one (1) thirty (30) day extension. A copy of the licensed home health agency's plan shall be filed in the resident's record;
- b. are bedridden;
- c. have transfer assistance needs, including but not limited to assistance to evacuate the facility in case of emergency, that the facility cannot meet with current staffing;

- d. present a danger to self or others or engage in criminal activities.

601.2 Pre-Admission Evaluation

Each applicant shall receive an initial evaluation completed by the facility prior to admission to determine whether the resident's needs can be met by the assisted living facility, and the resident's needs are not greater than the facility is licensed to provide.

601.3 Occupancy Admission Agreement

Prior to or on the day of admission, the assisted living facility and the resident or his or her responsible party shall enter into an occupancy admission agreement. For admissions due to emergency circumstances, an individual shall enter into the assisted living facility as a provisional placement with an occupancy admission agreement between the assisted living facility and the individual or his or her responsible party in place within thirty (30) calendar days of admission if it is determined the individual is appropriate for admission into the assisted living facility. The agreement shall be in writing and shall be signed by both parties. Each resident or his or her responsible party, prior to the execution of the occupancy admission agreement, shall have an opportunity to read the agreement. In the event that a resident or his or her responsible party is unable to read the agreement, necessary steps shall be taken to ensure communication of its contents to the resident or his or her responsible party. The resident or his or her responsible party shall be given a signed copy of the agreement, and a copy signed by the resident or his or her responsible party, and assisted living facility shall be retained in the resident's record. The occupancy admission agreement shall include, at a minimum, the following:

- a. Basic core services that the assisted living facility shall provide including, but not limited to:
 - 1. 24-hour staff supervision by awake staff. Provided, however, that the phrase *24-hour staff supervision* does not require continuous, uninterrupted visual monitoring, and does not place any responsibility with the facility for the conduct of a resident who is away from the facility. This definition does not mean, and is not intended to imply, that a facility is not responsible for any resident who has eloped, as that term is defined in these rules;
 - 2. Assistance in obtaining emergency care 24-hours a day. This provision may be met with an agreement with an ambulance service or hospital or emergency services through 911;

3. Assistance with social, recreational and other activities;
 4. Assistance with transportation (this does not include the provision of transportation);
 5. Linen service;
 6. 3 meals a day;
- b. Additional Services:
1. Services identified by the resident or his or her responsible party that are not included in the assisted living facility's core services (see Section 601.3(a) for basic core services) but are available in the facility on an additional fee basis (see Section 700.1.3, Section 700.2.3, Section 700.3.3 and Section 903(i) for examples of services on an additional fee basis) for which the resident or his or her responsible party must sign a request that acknowledges the additional cost and the services provided in the facility for that additional cost;
 2. Arrangements for other services identified as needed by the resident or his or her responsible party but are not available in the assisted living facility;
- c. Health Care Services:
- Health care services identified as needed by the resident or his or her responsible party that are being received through a licensed home health agency. A copy of the home health agency's plan shall be filed in the resident's record;
- d. Parameters for pets to include behavior and health;
- e. A current statement of all:
1. Fees,
 2. Daily, weekly or monthly charges,
 3. Any other services that are available on an additional fee basis for which the resident or his or her responsible party must sign a request acknowledging the additional cost and the services provided for that charge;

All fees that a resident will be billed (basic core and other fees) shall be disclosed in writing to the resident and made a part of the occupancy admission agreement prior to the receipt of the services. If no prior agreement is obtained, the services may not be billed to the resident or the resident's responsible party.

- f. A statement that residents or their responsible parties shall be informed, in writing, at least thirty (30) days prior to general rate changes;
- g. The refund policy that addresses refund of advance payment(s) in the event of transfer, death, or voluntary or involuntary discharge. The facility shall ensure, and the policy shall include, as a minimum, the following:
 - 1. For a fourteen-day (14) period beginning on the date of entry into a facility, the resident or his or her responsible party shall have the right to rescind any contractual obligation into which he or she has entered and receive a full refund of any moneys transferred to the facility. If the resident entered the facility and received some benefit therefrom, the charges of the services provided shall be prorated and payment made only for the benefits conferred prior to the refund;
 - 2. In the event of discharge for medical reasons, the refund policy must address the resident's need to maintain on-going medical care and services, and for that reason, refunds shall be on a pro-rata basis regardless of income source;
 - 3. If, after the expiration of the fourteen-day (14) period referenced in Section 601.3(g)(1) above, the resident or his or her responsible party provides a ten (10) day notice, any applicable refund shall be available the day the resident is discharged from the facility. If the resident or his or her responsible party does not provide a ten (10) day notice, any applicable refund will be available within ten (10) days of the resident's departure;
- h. Procedure for nonpayment of fees;
- i. Whether the resident or his or her responsible party chooses to ask the facility to accept responsibility for the resident's personal funds;
- j. Whether the resident shall assume responsibility for his own medication;
- k. The resident or his or her responsible party's authorization and consent to release medical information as needed;
- l. Provisions for the continuous assessment of the resident's needs, referral for appropriate services as may be required if the resident's condition changes

and referral for transfer or discharge if required due to a change in the resident's condition;

- m. A statement that a resident may not be required to perform services for the assisted living facility except as provided for in the occupancy admission agreement or a subsequent written agreement. A resident and the assisted living facility may agree in writing that a resident will perform certain activities or services in the facility if the resident volunteers or is compensated at or above prevailing rates in the community. If a resident is compensated for performance of certain activities to which the resident and the facility agree, the resident shall have to undergo a criminal record check;
- n. Conditions under which emergency transfers or discharges shall be made and procedures for handling such transfers or discharges;
- o. Conditions or events resulting in termination of the occupancy admission agreement;
- p. Resident's or his or her responsible party's responsibilities;
- q. Written documentation of the resident's or his or her responsible party's preference regarding the formulation of an Advance Directive in accordance with Arkansas law. If applicable, a copy of the resident's Advance Directive shall be available;
- r. Copy of Compliance Agreement (if applicable);
- s. Other information as may be appropriate.

601.4 Retention Conditions

Pursuant to Act 1230 of 2001, Section 4 (c), no resident shall be permitted to remain in an assisted living facility if the resident's condition requires twenty-four (24) hour nursing care or other services that an assisted living facility is not authorized by law to provide. Further, this prohibition applies even if the resident is willing to execute an agreement relieving the facility of responsibility attendant to the resident's continued placement. Subject to the foregoing restriction, an assisted living facility may retain a resident who becomes incompetent or incapable of recognizing danger, summoning assistance, expressing need or making care decisions provided that the facility ensures all of the following:

- a. That adequate oversight, protection and services are provided for the person;
- b. That the resident has a guardian or has an agent with a current power of

attorney, regardless of whether it is durable, for health care or both. The power of attorney for health care must substantially cover the person's areas of incapacity to meet the requirement of this subsection;

- c. That both the service agreement and compliance agreement, if required, is signed by the guardian and the health care agent or the agent with power of attorney, if any; and
- d. The retention is for a period of no more than ninety (90) days, with no more than a total of two (2) ninety (90) day periods for a single resident in any continuous twelve (12) month period.

602 INVOLUNTARY TRANSFER OR DISCHARGE OF RESIDENT

Except in cases of provisional placements, in the event of the involuntary transfer or discharge of a resident, the assisted living facility shall:

- a. Discuss with the resident the decision to transfer or discharge the resident;
- b. Inform the resident of the reason for the transfer or discharge;
- c. Inform the resident of any available alternative to the transfer or discharge;
- d. Provide a thirty (30) day written notice of transfer or discharge, unless an immediate discharge is required to ensure the welfare of the resident or the welfare of other residents may be immediately affected or the conditions found in Ark. Code Ann. §20-10-1005(a)(1) exists. The written notice shall contain, at a minimum:
 - 1. The reason or reasons for the transfer or discharge;
 - 2. A statement of the resident's right of appeal;
 - 3. A statement that an appeal must be made to the Office of Long Term Care;
 - 4. A statement that the notice of appeal must be made within seven (7) calendar days of the written notice of transfer or discharge to the resident.
- e. In the event an immediate transfer or discharge is required pursuant to the conditions set forth in Section 602(d), the assisted living facility shall advise

the resident or his or her responsible party, and immediate arrangements shall be made based on the written occupancy admission agreement to transfer or discharge such resident to an appropriate facility.

- f. Where there is no responsible party or the responsible party is unwilling to act, the assisted living facility shall notify the Department of Human Services' Adult Protective Services for the county in which the assisted living facility is located and other appropriate agencies when transfer assistance is needed.
- g. Provide a copy of pertinent information that must include:
 - 1. Identifying information including social security number and Medicaid number if there is one, date of birth;
 - 2. Responsible party contact information;
 - 3. Summary of needs/problems;
 - 4. Social history, if available.
- h. Refund to the resident or his or her responsible party any security deposit, less appropriate deductions for damage or specific charges made to the assisted living facility by or on behalf of the resident.
- i. Document in the resident's file the reasons for the transfer or discharge. Prior to making such transfer or discharge, the assisted living facility shall:
 - 1. Develop a transfer or discharge plan consistent with the occupancy admission agreement;
 - 2. Document in the resident's file the following:
 - A. The reason for the transfer or discharge;
 - B. The strategies used, if any, to prevent involuntary transfer or discharge;
 - C. The fact that the resident or his or her responsible party was informed and the manner in which they were informed;

- D. The name, address, and telephone number of the individual or location to which the resident is to be transferred or discharged.

- j. If it is determined that there is a medical need for a transfer to another health care facility because the assisted living facility cannot meet the resident's needs, such transfers shall be initiated promptly. The administrator shall be notified and shall ensure:
 - 1. That the resident is receiving appropriate care prior to transfer or discharge;
 - 2. That discharge or transfer occurs in a manner consistent with the medical needs of the resident including arrangements for appropriate transportation.

602.1 Conditions of Termination of the Occupancy Admission Agreement

Pursuant to Act 1230 of 2001, Section 4 (c), no resident shall be permitted to remain in an assisted living facility if the resident's condition requires twenty-four (24) hour nursing care or other services that an assisted living facility is not authorized by law to provide. See also Section 601.1. Further, this prohibition applies even if the resident is willing to execute an agreement relieving the facility of responsibility attendant to the resident's continued placement. Subject to the foregoing, supplemental services may be provided as an alternative to termination. In no event shall an assisted living facility terminate an occupancy admission agreement if the resident or his or her responsible party arranges for the needed services and any unmet needs. Supplemental services may be provided by the resident's family, facility staff or private duty staff as agreed to between the resident and the facility. The occupancy admission agreement shall not be terminated except under one of the following conditions:

- a. By written notification by either party giving the other party thirty (30) calendar days written notice, provided, however, that if an emergency condition exists whereby the continued residency of the resident will constitute immediate jeopardy, a direct threat or the substantial risk of serious harm, serious injury, impairment or death to other residents, the facility may immediately discharge the resident. In such cases, the facility shall document the nature of the emergency and the reasons why it could not permit the continued residency of a resident, and shall provide a written statement of discharge containing the reason for the discharge, and stating the right and method to appeal the discharge;

- b. The resident's mental or physical condition deteriorates to a level requiring services that cannot be provided in a Level I assisted living facility;
- c. The resident's condition requires twenty-four (24) hour nursing care as defined in Section 300;
- d. The resident's behavior or condition poses an immediate threat to the health or safety of self or others;
- e. The resident or his or her responsible party refuses to cooperate in an examination by a physician or advance practice nurse or licensed psychologist of his or her own choosing to determine the resident's health or mental status for the purpose of establishing appropriateness for retention or termination;
- f. The resident's fees have not been paid, provided the resident or his or her responsible party was notified and given thirty (30) days to pay any deficiency;
- g. The resident or his or her responsible party refuses to enter into a negotiated compliance agreement, refuses to revise the compliance agreement when there is a documented medical reason for the need of a negotiated compliance agreement or revision thereto, or refuses to comply with the terms of the compliance agreement (See Section 704, Compliance Agreements);
- h. Other written conditions as may be mutually established between the resident or his or her responsible party and the assisted living facility at the time of admission or any time thereafter.

603 BILL OF RIGHTS

603.1 Residents' Bill of Rights

- 1. Each assisted living facility must post the Residents' Bill of Rights, as provided by the Department, in a prominent place in the facility. The Residents' Bill of Rights must prominently display the toll-free number for contacting the Office of Long Term Care and filing a complaint, or the facility must post the number and its purpose beside the Residents' Bill of Rights. Further, the facility shall prominently display the contact information for the State ombudsman's office. A copy of the Residents' Bill of Rights must be given to each resident in a manner and form comprehensible to the resident or his or her responsible party.

2. A resident has all the rights, benefits, responsibilities, and privileges granted by the constitution and laws and rules of this state and the United States except where lawfully restricted. The resident has the right to be free of interference, coercion, discrimination, or reprisal in exercising these civil rights.
3. In addition to the provisions of Section 603.1(1)(2), each resident in the assisted living facility has the right to, and the facility shall ensure that residents shall:
 - A. Be free from physical or mental abuse, including corporal punishment;
 - B. Be permitted to participate in activities of social, religious, or community groups unless the participation interferes with the rights of others;
 - C. Be provided a schedule of individual and group activities appropriate to individual resident needs, interests and wishes;
 - D. Be, at a minimum, provided:
 - (i.) In-house activities and programs, the character and scope of which shall be disclosed to potential residents or their responsible parties in writing as part of the application process;
 - (ii.) Group recreation and socialization;
 - E. Not be prevented in any way from the practice of the religion of the resident's choice. The assisted living facility shall not be expected to participate or facilitate the practice of religion beyond arranging or coordinating transportation to the extent possible;
 - F. Be treated with respect, kindness, consideration, and recognition of his or her dignity and individuality, without regard to race, religion, national origin, sex, age, disability, marital status, sexual orientation or source of payment. This means that the resident:
 - (i.) has the right to make his or her own choices regarding personal affairs, care, benefits, and services,

- (ii.) has the right to be free from abuse, neglect, and exploitation, and
 - (iii.) if protective measures are required, has the right to designate a guardian or representative to ensure the right to quality stewardship of his or her affairs to the extent permitted by law;
- G. Be provided a safe and appropriate living environment;
- H. Not be confined to his or her apartment or bed;
- I. Not be prohibited from communicating in his or her native language with other residents or personnel/staff/employees;
- J. Be permitted to complain about the resident's care or treatment. The complaint may be made anonymously or communicated by a person designated by the resident. The provider must promptly respond to resolve the complaint. The provider must not discriminate or take any punitive, retaliatory, or adverse action whatsoever against a resident who makes a complaint or causes a complaint to be made;
- K. Be allowed to receive and send unopened mail, and the provider must ensure that the resident's mail is sent and delivered promptly;
- L. Be allowed communication, including personal visitation with any person of the resident's choice, including family members, representatives of advocacy groups, and community service organizations;
- M. Be allowed to make contacts with the community and to achieve the highest level of independence, autonomy, and interaction with the community of which the resident is capable;
- N. Be allowed to manage his or her financial affairs. The resident may authorize in writing another person to manage his or her money. The resident may choose the manner in which his or her money is managed, including a money management program, a representative payee program, a financial power of attorney, a trust, or a similar method, as desired by the resident. The resident or his or her responsible party must be given, upon request of the resident or his or her responsible party, but at least quarterly, an accounting of financial transactions made on his or her behalf by the facility should

the facility accept his or her written delegation of this responsibility to the facility in conformance with state law. Further, if a facility agrees to manage residents' funds, the facility shall indemnify and hold harmless the resident from any loss of or theft of funds;

- O. Be allowed access to the resident's records. Resident records are confidential and may not be released without the resident's or his or her responsible party's consent unless the release without consent is required by law;
- P. Have the right and be allowed to choose and retain a personal physician or advance practice nurse;
- Q. Participate in the development of the individual services plan portion of his or her occupancy admission agreement that describes the resident's services and how the needs will be met;
- R. Be given the opportunity to refuse medication assistance or monitoring after the resident or his or her responsible party:
 - (i.) is advised by the person providing medication assistance or monitoring of the possible consequences of refusing medication assistance or monitoring, and
 - (ii.) acknowledges that he or she understands the consequences of refusing medication assistance or monitoring;
- S. Be allowed unaccompanied access to a telephone;
- T. Have privacy while attending to personal needs, and a private place for receiving visitors or associating with other residents, unless providing privacy would infringe on the rights of other residents. The right applies to medical treatment, written communications, telephone conversations, meeting with family, and access to resident councils;
- U. If married, have the right to share an apartment or unit with his or her spouse even if the spouse is not receiving services through the assisted living facility. In the case of two consenting adults, if one or both is receiving services through the assisted living facility, the couple shall have the right to share an apartment or unit;

- V. Be allowed to retain and use personal possessions, including, but not limited to, clothing and furnishings, as space permits. The number of personal possessions may be limited for the health and safety of other residents;
- W. Be allowed to determine his or her dress, hairstyle, or other personal effects according to individual preference, except the resident has the responsibility to maintain personal hygiene;
- X. Be allowed to retain and use personal property in his or her immediate living quarters and shall have a lockable apartment or unit door;
- Y. Be allowed to refuse to perform services for the facility;
- Z. Be informed by the assisted living facility no later than the 30th day after admission:
 - (i.) whether the resident is entitled to benefits under Medicare or Medicaid, and
 - (ii.) which items and services are covered by these benefits, including items or services for which the resident may not be separately charged;
- AA. Residents are discharged or transferred in conformity with Ark. Code Ann § 20-10-1005 and the provisions governing transfer and discharge in these rules.
- BB. Be allowed to immediately leave the assisted living facility, either temporarily or permanently, subject to contractual or financial obligations as specified in Section 601.3(g);
- CC. Have access to the services of a representative of the State Long Term Care Ombudsman Program, Arkansas Department of Human Services, Division of Aging and Adult Services;
- DD. Be allowed to execute an advance directive or designate a guardian in advance of need to make decisions regarding the resident's health care should the resident become incapacitated.
- EE. Receive reimbursement from the facility for any lost, misappropriated, or destroyed property or funds, when the loss,

misappropriation, or destruction, occurs at a time in which the facility was exercising care or control over the funds or properties, including loss or destruction of residents' property that occurs during laundering or cleaning of the facility, the resident's room, or the resident's property, excluding normal wear and tear.

700 SERVICES

An assisted living facility shall provide, make available, coordinate, or contract for services that meet the care needs identified in the services plan portion of residents' occupancy admission agreements, to meet unscheduled care needs of residents, and to make emergency assistance available 24 hours a day, all in a manner that does not pose an undue hardship on residents. An assisted living facility shall respond to changes in residents' needs for services by revising the services plan portion of residents' occupancy admission agreements and, if necessary, by adjusting its staffing plan or contracting for services from other providers. If non-residents utilize services of the assisted living facility, it must occur in a manner that does not unduly disturb residents or deprive residents of timely access to services.

Services are provided according to the services plan portion of residents' occupancy admission agreements, and may include, but are not limited to, homemaker, attendant care, and medication oversight to the extent permitted under State law. Services include 24-hour response staff to meet residents' needs in a way that promotes maximum dignity and independence and provides supervision, safety and security. Other individuals or agencies may furnish care directly or under arrangements with the assisted living facility. Such care shall be supplemental to the services provided by the assisted living facility and does not supplant, nor may be substituted for, the requirements of service provisions by the facility.

Services are furnished to a person who resides in his or her own apartment or unit that may include dually occupied units when both occupants consent to the arrangement. Each apartment or unit shall be of adequate size and configuration to permit residents to perform, with or without assistance, all the functions necessary for independent living, including sleeping; sitting; dressing; personal hygiene; storing, preparing, serving and eating food; storage of clothing and other personal possessions; doing personal correspondence and paperwork and entertaining visitors. Care provision and service delivery must be resident-driven to the maximum extent possible and treat each person with dignity and respect. Care must be furnished in a way that fosters the independence of each resident.

Occasional or intermittent guidance, direction or monitoring, or assistance with activities of daily living and social activities and transportation or travel, as defined in these rules, for residents to keep appointments for medical, dental, social, political or other services or activities shall be made available to residents.

The resident may be assisted in making arrangements to secure community based health or other professional services, examinations and reports needed to maintain or document the maintenance of the resident's health, safety and welfare.

700.1 Housekeeping and Maintenance

700.1.1 Each assisted living facility shall establish and conduct a housekeeping and maintenance program, to ensure the continued maintenance of the facility in good repair, to promote good housekeeping procedures, and to ensure sanitary practices throughout the facility.

700.1.2 The facility shall have full responsibility to clean and maintain all common areas and shall make no additional charge to the resident or third parties, including Medicaid, for such services. The facility shall ensure that each resident or staff person maintains the residents' living quarters in a safe and sanitary condition. If the resident declines housekeeping services, the resident's apartment or unit shall not impact negatively on other apartments or units or common areas (e.g., odors, pests).

700.1.3 For those residents who do not wish to clean their own apartment or unit, the facility shall include this service as part of the service package either for free, or for an additional fee basis and indicate such in the occupancy admission agreement.

700.1.4 Each assisted living facility, in addition to meeting applicable fire and building codes, shall meet the following housekeeping and maintenance requirements:

- a. All areas of the facility shall be kept clean and free of lingering odors, insects, rodents and trash;
- b. Each resident's apartment or unit shall be cleaned before use by another resident;
- c. Corridors shall not be used for storage;
- d. Attics, cellars, basements, below stairways, and similar areas shall be kept clean of refuse, old newspapers and discarded furniture;
- e. Polish used on floors shall provide a non-slip finish;

- f. The building(s) and grounds shall be maintained in a clean, orderly condition and in good repair;
- g. The interior walls, ceilings and floors shall be clean. Cracked plaster, peeling wallpaper or paint, missing or damaged tiles and torn or split floor coverings shall be promptly and adequately repaired or replaced;
- h. Electric systems, including appliance, cords, and switches, shall be maintained in compliance with state and local codes;
- i. Plumbing and plumbing fixtures shall be maintained in compliance with state plumbing and gas codes governing them at the time of construction or as applicable due to renovations;
- j. Ventilation, heating, air conditioning and air changing systems shall be properly maintained. All HVAC and gas systems shall be inspected at least every 12 months to ensure safe operation. Inspection certificates, where applicable, shall be maintained for review;
- k. The building(s), grounds and support structures shall be free of breeding areas for flies, other insects and rodents;
- l. Entrances, exits, steps, and outside walkways shall be maintained in safe condition, including removing or treating snow and ice within a reasonable amount of time of its accumulation;
- m. Repairs or additions shall meet current codes.

700.2 Linen and Laundry Services

700.2.1 Each assisted living facility shall offer laundry facilities or services to its residents.

700.2.2 Each assisted living facility shall meet the following laundry service requirements:

- a. Each assisted living facility shall have laundering facilities unless commercial laundries are used. The laundry shall be located in a specifically designed area that is physically separate and distinct from residents' rooms and from areas used for dining and food preparation and service. There shall be adequate rooms and spaces

for sorting, processing and storage of soiled material. Laundry rooms shall not open directly into resident care area or food service area. Domestic washers and dryers that are for the use of residents may be provided in resident areas, provided they are installed in such a manner that they do not cause a sanitation problem or offensive odors.

- b. Laundry dryers shall be properly vented to the outside;
- c. The laundry room shall be cleaned after each day's use to prevent lint accumulation and to remove clutter;
- d. Portable heaters or stoves, or either of them, shall not be used in the laundry area;
- e. The laundry room shall be well-lighted and vented to the outside by either power vents, gravity vents or by outside windows;
- f. When facility staff is performing laundry duties for the entire facility, resident's clothing, kitchen linens, and bed linens shall be washed separately. If linens, including washable blankets, are not washed at a minimum temperature of 150 degrees Fahrenheit, a disinfecting agent shall be used.
- g. The facility shall be responsible, as part of the services required under the basic charge, for providing laundry services on all linens and supplies owned by the facility.

700.2.3 For those residents who do not wish to launder their own personal items, the facility shall include this service as part of the service package. The facility may provide this service for free, or for an additional fee basis, and indicate as such in the occupancy admission agreement.

700.3 Dietary Services

700.3.1 Required Facility Dietary Services

700.3.2 As part of the basic charge, each assisted living facility must make available food for three (3) balanced meals, as specified in Section 601.3 (a)(6), and make between-meal snacks available. Potable water and other drinking fluids shall be available at all times. Meals shall be served at approximately the same time each day. There shall be no more than five (5) hours between breakfast and lunch and no more than seven (7) hours between lunch and

the evening meal. Variations from these stated parameters may be permitted at the written request of the resident or his or her responsible party or as directed by the resident's personal physician or advance practice nurse in writing. The facility shall retain documentation stating the reason for the variance.

700.3.3 For those residents who wish to have meals served in his or her apartment or unit, the facility shall include this service as part of the service package, either for free, or for an additional fee basis, and indicate as such in the occupancy admission agreement.

700.3.4 In the event that a resident is unable or unwilling to consume regular meals served to him or her for more than two (2) consecutive days, the facility shall immediately notify the resident's personal physician or advance practice nurse and take appropriate action to ensure the physician or advance practice nurse's instructions are implemented. If a resident chooses not to consume regular meals, it must be documented in the resident's service plan portion of the occupancy admission agreement. In the event that the resident refuses to provide a written statement, the facility shall document the refusal, as well as all contact with the resident's personal physician or advance practice nurse regarding the resident's refusal to eat.

700.3.5 A supply of food shall be maintained on the premises at all times. This shall include at least a 24-hour supply of perishable food and a three (3) day supply of non-perishable food. The food supply shall come from a source approved by the State Department of Health. Assisted living facilities attached to other licensed long term care facilities may utilize the kitchen facilities of the attached long term care facility, however, the assisted living facility shall ensure that the kitchen facilities so utilized are adequate to meet the needs of the residents of the assisted living facility.

700.3.6 Dietary personnel/staff/employees shall wear clean clothing and hair coverings.

700.3.7 Each facility shall comply with all applicable rules relating to food service for sanitation, safety, and health as set forth by state, county, and local health departments.

700.3.8 Food service personnel/staff/employees shall ensure that all food is prepared, cooked, served, and stored in such a manner that protects against contamination and spoilage.

700.3.9 The kitchen and dining area must be cleaned after each meal.

- 700.3.10** An adequate supply of eating utensils (e.g., cups, saucers, plates, glasses, bowls, and flatware) will be maintained in the facility's kitchen to meet the needs of the communal dining program. An adequate number of pots and pans shall be provided for preparing meals. Eating utensils shall be free of chips or cracks.
- 700.3.11** Each assisted living facility shall have adequate refrigeration and storage space. An adequately sized storage room shall be provided with adequate shelving. The storage room shall be constructed to prevent the invasion of rodents, insects, sewage, water leakage or any other contamination. The bottom shelf shall be of sufficient height from the floor to allow cleaning of the area underneath the bottom shelf.
- 700.3.12** Refrigerator temperature shall be maintained at 41 degrees Fahrenheit or below, and freezer temperatures shall be maintained at 0 degrees Fahrenheit or below. Thermometers will be placed in each refrigerator and freezer.
- 700.3.13** Raw meat and eggs shall be separated from cooked foods and other foods when refrigerated. Raw meat is to be stored in such a way that juices do not drip on other foods.
- 700.3.14** Fresh whole eggs shall not be cracked more than 2 hours before use.
- 700.3.15** Hot foods should leave the kitchen (or steam table) above 140 degrees Fahrenheit and cold foods at or below 41 degrees Fahrenheit.
- 700.3.16** Containers of food shall not be stored on the floor of a walk-in refrigerator, freezer, or storage rooms. Containers shall be seamless with tight-fitting lids and shall be clearly labeled as to content.
- 700.3.17** In facilities that have a residential type kitchen, a five (5)-lb. ABC fire extinguisher is required in the kitchen. In facilities that have commercial kitchens with automatic extinguishers in the range hood, the portable five (5)-lb. fire extinguisher must be compatible with the chemicals used in the range hood extinguisher. The manufacturer recommendations shall be followed.
- 700.3.18** Food scraps shall be placed in garbage cans with airtight fitting lids and bag liners. Garbage cans shall be emptied as necessary, but no less than daily.
- 700.3.19** Leftover foods placed in the refrigerator shall be sealed, dated, and used or disposed of within 48 hours.

- 700.3.20** Personnel/staff/employees shall not use tobacco, in any form while engaged in food preparation or service, nor while in areas used for equipment or utensil washing, or for food preparation.
- 700.3.21** Menus shall be posted on a weekly basis. The facility shall retain a copy of the last month's menus.
- 700.3.22** Therapeutic diets shall be planned by a licensed dietician. The dietician should review any dietetic changes.
- 700.3.23** Each assisted living facility shall make available a dietary manager, who is certified as required by law or rule, to prepare nutritionally balanced meal plans in consultation with staff and residents or their responsible parties.

701 DIRECT CARE SERVICES

Direct care services directly help a resident with certain activities of daily living such as assistance with mobility and transfers; hands-on or cuing assistance to a resident to eat meals or food, grooming, shaving, trimming or shaping fingernails and toenails, bathing, dressing, personal hygiene, bladder and bowel requirements, including incontinence; and assistance with medication only to the extent permitted by the state Nurse Practice Act and interpretations thereto by the Arkansas State Board of Nursing. The assisted living facility shall ensure the resident receives direct care services in accordance with the services plan portion of the occupancy admission agreement. Direct care services needs of all residents in the facility shall be reviewed at least annually, and the services plan portion of the occupancy admission agreement revised, if necessary. Revision of the services plan portion of the occupancy admission agreement shall be revised within fourteen (14) days upon any significant enduring change to the resident.

702 HEALTH CARE SERVICES

The assisted living facility shall ensure that the resident receives health care services under the direction of a licensed home health agency when services are needed on a short-term basis. A copy of the home health agency's plan shall be filed in the resident's record.

702.1 Medications

702.1.1 Administration

702.1.1.1 Each assisted living facility must have written policies and procedures to ensure, and facilities must ensure, that residents receive medications as appropriate. In-service training on facility medications policies and procedures (see Section 504.4(b)(1) and Section 504.4.1) shall be provided at least annually for all facility personnel/staff/employees supervising.

702.1.1.2 Facilities must comply with applicable state laws and rules governing the administering of medications and restrictions applicable to non-licensed personnel/staff/employees. The facility owner(s), personnel/staff/employees or others acting on behalf of the facility are prohibited from administering, repackaging or relabeling any resident medication; provided, however, that administration of medication may be performed to the extent permitted by the state Nurse Practice Act and interpretations thereto by the Arkansas State Board of Nursing.

702.1.1.3 The facility shall document in the resident's record whether the resident or the facility is responsible for storing the resident's medication.

702.1.1.4 Residents must be familiar with their medications and comprehend administration instructions. Facility staff shall provide assistance to enable residents to self-administer medications. For clarification, examples for acceptable practices related to an unlicensed facility staff person assisting with the self-administration of oral medication are listed below:

- a. The medication regimen on the container label may be read to the resident;
- b. A larger sterile or disposable container may be provided to the resident if needed to prevent spillage. The containers shall not be shared by residents;
- c. The resident may be reminded of the time to take the medication and be observed to ensure that the resident follows the directions on the container;
- d. Facility staff may assist the resident in the self-administration of oral medication by taking the medication in its container from the area where it is stored and handing the container with the medication in it to the resident. In the presence of the resident, facility staff may remove the container cap or loosen the packaging. If the resident is physically impaired but cognitively able (has awareness with perception, reasoning, intuition and memory), facility staff, upon request by or with the consent of the resident, may assist the resident in removing oral medication from the container and in taking the

medication. If the resident is physically unable to place a dose of oral medication in his or her mouth without spilling or dropping it, facility staff may place the dose of medication in another container and place that container to the mouth of the resident.

702.1.1.5 Changes in dosage or schedule of the medication shall be made only upon the authorization of the resident's attending physician or advance practicenurse. Any such authorization shall be documented by the facility in the resident's record.

702.1.2 Medication Storage

702.1.2.1 Medication stored for residents by the facility must be stored in a locked area in individual compartments or bins labeled with the resident's name.

702.1.2.2 Medications may be kept in the residents' apartments or units. Prior to a resident being permitted to keep medications in his or her apartment or unit, the facility shall:

- a. Assess the resident to determine the resident's understanding of, and ability to follow, the instructions on the prescription or label, and the understanding of and ability to follow storage requirements or recommendations on the prescription or label, or as made by the pharmacist or facility employees;
- b. Document the assessment in the resident's records. The assessment shall include at a minimum:
 1. Date of assessment;
 2. Name of person performing assessment; and,
 3. The information obtained by the assessment that indicated the resident's ability to understand and follow prescription or label directions and instructions;
- c. Assess all residents to determine whether any resident may be at risk of taking, or introducing into their system, medications kept in the room of another resident. In the event that any resident is found to be at risk due to medications being kept in an unsecured room, the facility shall take actions to protect the resident, including but not limited to, requiring that medications be kept in a locked container

in residents' rooms or that the rooms of residents keeping medication in their rooms be locked.

After the initial assessment, facilities shall perform reassessments as needed, including upon changes of conditions of residents, and shall perform the steps outlined in subsections (a) through (c), above. Failure to assess or reassess, or to identify residents at risk of harm from medications in unsecured locations or rooms, shall constitute a deficient facility practice. Resulting harm from a failure to assess or reassess, or to identify residents at risk of harm from medications in unsecured locations or rooms, shall constitute a deficient facility practice.

702.1.2.3 Medications must be stored in an environment that is clean, dry and not exposed to extreme temperature ranges. Medications requiring cold storage shall be refrigerated. A locked container placed below food level in a facility's refrigerator is acceptable storage. All drugs on the premises of the facility shall be labeled in accordance with accepted professional principles and practices, and shall include the appropriate accessory and cautionary instructions, and the expiration date.

702.1.2.4 Prescriptive medications must be properly labeled in accordance with current applicable laws and rules pertaining to the practice of pharmacy.

702.1.2.5 All medications in the control or care of the facility shall have an expiration date that is not expired.

702.1.2.6 Medications must be individually labeled with the resident's name and kept in the original container unless the resident or responsible party transfers the medication into individual dosage containers. Under no circumstances may an owner or personnel/staff/employee of the facility repackage medication.

702.1.2.7 Any medication that is stored by the facility that has been prescribed for but is no longer in use by a resident must be destroyed or disposed of in accordance with state law or may be given to the resident's family in accordance with this section.

Scheduled II, III, IV and V drugs that are stored for residents by the facility that are no longer needed by the resident must be delivered in person or by registered mail to: Drug Control Division, Arkansas Department of Health, along with the Arkansas Department of Health's Form (PHA-DC-1) Report of Drugs surrendered for Disposition According to Law. When unused portions of controlled drugs go with a resident who leaves the facility, the person who assumes responsibility for the resident and the person in charge of the

medications stored for residents by the facility shall sign the Controlled Drug Record in the facility. This shall be done only on the written order of the physician or advance practice nurse and at the time that the resident is discharged, transferred or visits home.

All other medications not taken out of the facility when the resident leaves the facility shall be destroyed or returned in accordance with law and applicable rules.

702.1.2.8 Under no circumstance will one resident's medication that is under the facility's control be shared with another resident.

702.1.2.9 For all medication that is stored by the facility, the facility must remove from use:

1. Outdated or expired medication or drugs;
2. Drug containers with illegible or missing labels;
3. Drugs and biologicals discontinued by the physician or advance practice nurse.

All such medications shall be destroyed or returned in accordance with law and applicable rules.

702.1.2.10 All controlled drugs or substances stored by the facility shall be stored in a locked, permanently affixed, substantially constructed cabinet within a locked room designed for the storage of drugs.

702.1.2.11 In cases in which the facility destroys drugs, destruction shall be made by the administrator, on-site manager or a responsible staff person and witnessed by at least one other employee. A record shall be made of the date, quantity, prescription number and name, resident's name, and strength of the medication. Destruction shall be by means of incineration, garbage disposal or flushing of the medication down a commode, and must comply with state laws and rules governing the destruction of drugs. The record of the destruction shall be recorded in a bound ledger, in ink, with consecutively numbered pages, and retained by the facility as a permanent, retrievable record.

702.1.3 Medication Charting

702.1.3.1 If a facility stores a resident's medications, the facility shall maintain a list of those medications that must be maintained in the resident's record.

702.1.3.2 If the facility stores and supervises a resident's medication, a notation must be made on the individual record for each resident who refuses, either through

affirmative act, omission, or silence, or is unable, to self-administer his or her medications. The notation shall include the date, time and dosage of medication that was not taken, including a notation that the resident's attending physician or advance practice nurse was notified, as required by physician or advance practice nurse's orders.

702.1.3.3 For facilities providing assistance or monitoring medications, if medications are prescribed to be taken as needed (PRN) by the resident, documentation in the resident's file should list the medication, the date and time received by the resident and the reason given.

702.1.3.4 When a dose of a controlled drug that is stored for a resident by the facility is dropped, broken or lost, two (2) employees shall record in the record the facts of the event, and sign or otherwise identify themselves for the record. One of the employees shall be the administrator or on-site manager.

702.1.3.5 For all medications stored for residents by the facility, there shall be a weekly count of all Scheduled II, III, IV and V controlled medications. The count shall be made by the person responsible for storage of medications for residents in the facility, and shall be witnessed by at least one other employee. The count shall be documented by both employees, and shall include the date and time of the event, a statement as to whether the count was correct, and if incorrect, an explanation of the discrepancy. When the count is incorrect, the facility shall document as required under Section 702.1.3.4 above.

702.1.4 Cycle Fill and Change of Condition

Medications that are stored by the facility for residents may be cycle filled. Only oral solid medications may be cycle-filled. Provided, however, that if an oral solid medication meets one of the categories below, then that oral solid medication may not be cycle-filled.

- a. PRN or "as needed" medications
- b. Controlled drugs (CII – CV)
- c. Refrigerated medications
- d. Antibiotics
- e. Anti-infectives

An assisted living facility shall notify the pharmacy in writing of any change of condition or circumstance that affects the medication status of a resident. For purposes of this section, *change of condition or circumstance* includes death, discharge or transfer of a resident, change of pharmacy, as well as medical changes of condition or circumstance that necessitate a change to

the medication prescribed or the dosage given. The notification shall be made within twenty-four (24) hours of the change of condition or circumstance. If the notification would occur after 4:30 p.m. Monday through Friday, or would occur on a weekend or holiday, the facility shall notify the pharmacy by no later than 11:00 a.m. the next business day. Documentation for drugs ordered, changed or discontinued shall be retained by the facility for a period of no less than fifteen (15) months.

When a resident is transferred or enters a hospital, the assisted living facility shall hold all medications that the facility stores for the resident until the return of the resident unless otherwise directed by the authorized prescriber. All continued or re-ordered medications will be placed in active medication cycles upon the return of the resident. If the resident does not return to the assisted living facility, any medications held by the assisted living facility shall be placed with other medications or drugs for destruction as described in Section 702.1.2.11 or returned as permitted by State Board of Pharmacy rules.

702.1.5 First-Aid Procedures

Facility staff may perform emergency or first-aid procedures as specified below:

- a. Emergencies are defined as those measures necessary to prevent death or trauma until such time that the resident can be transported to the appropriate medical facility or treated by appropriate medical personnel;
- b. First-aid measures will be defined as temporary procedures necessary to relieve trauma or injury;
- c. First-aid supplies shall be available in the facility.

702.1.6 Influenza Immunization of Residents

- a. The facility shall ensure that all Medicare-eligible residents receive annual influenza immunizations except when:
 1. Objection is made on religious grounds; or,
 2. Immunization is medically contra-indicated.
- b. The facility shall record the following information:

1. The name of the resident;
 2. The date that the immunization occurred;
 3. The exception applicable to each resident who was not immunized.
- c. The facility shall place the documentation in each resident's medical chart and retain the record in the same manner, and for the same time period, as medical records.

703 DEVELOPMENT AND IMPLEMENTATION OF SERVICE PLAN

703.1 Services

703.1.1 An initial needs assessment or evaluation is to be completed for each resident to identify all needed services. Subsequent needs assessment or evaluation is to be completed on each resident at least annually and more often as changes occur.

If the needs assessment or evaluation completed on the resident indicates he/she has general service needs, a services plan shall be developed and shall become a part of the resident's occupancy admission agreement. If the needs assessment or evaluation indicates the resident has health care service needs, the resident is not appropriate for Level I assisted living unless the health needs can be met by a licensed home health agency. A copy of the home health agency's plan shall be filed in the resident's record.

703.1.2 The resident's services plan portion of the occupancy admission agreement shall include, but not be limited to, the resident's needs for assisted living facility services, including but not limited to, assistance with activities of daily living (ADL).

703.1.3 If the resident does not have any service needs, a resident services plan portion of the occupancy admission agreement is not needed. However, the facility must document how and where the evaluation was performed and that the resident does not have any service needs.

703.1.4 If the needs assessment or evaluation indicates that the resident will need assistance with emergency evacuation, arrangements for staff to provide this

assistance shall be included in the services plan portion of the occupancy admission agreement.

703.1.5 The resident or his or her responsible party shall participate in and, if the resident or his or her responsible party agrees, family members shall be invited to participate in, the development of the resident's services plan portion of the occupancy admission agreement. Participation shall be documented in the resident's record.

703.2 Health Care Services

703.2.1 If the resident's needs-assessment or evaluation indicates that the resident requires health care services, the resident is not appropriate for Level I assisted living unless the health needs can be met by a licensed home health agency on a short-term basis. A copy of the licensed home health agency's plan shall be filed in the resident's record.

703.3 Ancillary Services

All ancillary services (both core services [Section 601.3(a)] and any other ancillary services identified as wanted by the resident or his or her responsible party to be provided by the facility at additional cost to the resident or his or her responsible party [Section 700.1.3, Section 700.2.3 and Section 700.3.3]) that are identified in the resident's needs assessment or evaluation shall be included in an ancillary services plan that shall become a part of the resident's occupancy admission agreement.

703.4 Review/Revision of Services

703.4.1 Services needs of each resident in the facility shall be reviewed at least annually, and the services plan portion of the occupancy admission agreement revised, if necessary. Revision of the services plan portion of the occupancy admission agreement shall be revised immediately upon any significant change to the resident.

703.4.2 At least annually, a physical exam shall be completed by a physician or advanced practice nurse to assess the medical needs of each resident in the Level I facility. A physical exam shall also be performed upon any change of the resident's condition that results in modification of the medical needs of the resident.

704 COMPLIANCE AGREEMENTS

A Level I assisted living facility shall not admit any resident whose needs are greater than the facility is licensed to provide. The Level I assisted living facility shall not provide services to residents who:

- a. need 24-hour nursing services except as certified by a licensed home health agency for a period of sixty (60) days with one (1) thirty (30) day extension. A copy of the licensed home health agency's plan shall be filed in the resident's record;
- b. are bedridden;
- c. have transfer assistance needs, including but not limited to assistance to evacuate the facility in case of emergency, that the facility cannot meet with current staffing;
- d. present a danger to self or others or engages in criminal activities;
- e. require medication administration to be performed by the facility.

The choice and independence of action of a resident may need to be limited when a resident's individual choice, preference, or actions, are identified as placing the resident or others at risk, lead to adverse outcomes, or violate the norms of the facility or program or the majority of the residents, or any combination of these events.

No resident shall be permitted to remain in a Level I assisted living facility if his or her condition requires twenty-four (24) hour nursing care or other services that an assisted living facility is not authorized by law or these rules to provide. This prohibition applies even if the resident is willing to execute an agreement relieving the facility of responsibility attendant to the resident's continued placement.

When the resident evaluation indicates that there is a high probability that a choice or action of the resident has resulted or will result in any of the outcomes of placing the resident or others at risk, leading to adverse outcomes, violating the norms of the facility or program or the majority of the residents, or any combination of the events, the assisted living facility shall:

1. Identify the specific concern(s);
2. Provide the resident or his or her responsible party (and if the resident agrees, the resident's family) with clear, understandable information about the possible consequences of his or her choice or action;
3. Negotiate a compliance agreement with the resident or his or her responsible party that will minimize the possible risk and adverse consequences while

still respecting the resident's preferences. Nothing in this provision requires a facility to successfully negotiate a compliance agreement;

4. Document the process of negotiation and, if no agreement can be reached, the lack of agreement and the decisions of the parties involved.

Any compliance agreements negotiated, or attempted to be negotiated, with the resident or his or her responsible party shall address the following areas in writing:

1. Consequence to resident – any situation or condition that is or should be known to the facility that involves a course of action taken or desired to be taken by the resident contrary to the practice or advice of the facility and could put the resident at risk of harm or injury;
2. The probable consequences if the resident continues the choice or action identified as a cause for concern;
3. The resident or his or her responsible party's preference concerning how the situation is to be handled and the possible consequences of action on that preference;
4. What the facility will and will not do to meet the resident's needs and comply with the resident's preference to the identified course of action;
5. Alternatives offered by the assisted living facility or resident or his or her responsible party to reduce the risk or mitigate the consequences relating to the situation or condition;
6. The agreed-upon course of action, including responsibilities of both the resident or his or her responsible party and the facility;
7. The resident or his or her responsible party's understanding and acceptance of responsibility for the outcome from the agreed-upon course of action and written proof that the resident or his or her responsible party is making an informed decision, free from coercion, and that the refusal of the resident or his or her responsible party to enter into a compliance agreement with the facility or to revise the compliance agreement or to comply with the terms of the compliance agreement may result in discharge from the facility;
8. The date the agreement is executed and, if needed, the timeframes in which the agreement will be reviewed.

A copy of the compliance agreement shall be provided to the resident or his or her responsible party, and the original shall be placed in the resident's record at the time it is implemented.

800 **DEFINITIONS**

For the purposes of these rules the following terms are defined as follows:

- a. **Activities of Daily Living (ADL's):** Ambulating, toileting, grooming, eating, bathing, or dressing.
- b. **Advertise:** To make publicly and generally known. For purposes of this definition, *advertise* includes, but is not limited to:
 1. Signs, billboards, or lettering;
 2. Electronic publishing or broadcasting, including the use of the Internet or email; and
 3. Printed material.
- c. **Alzheimer's Special Care Unit:** A separate and distinct unit within a Long Term Care facility that segregates and provides a special program for residents with a diagnosis of probable Alzheimer's disease or related dementia; and that advertises, markets or otherwise promotes the facility as providing specialized Alzheimer's or related dementia care services.
- d. **Alzheimer's Disease:** An organic, neurological disease of the brain that causes progressive degenerative changes.
- e. **Common Areas:** Portions of the Special Care Unit, exclusive of residents' rooms and bathrooms. Common areas include any facility grounds accessible to residents of the Alzheimer's Special Care Unit (ASCU).
- f. **Continuous:** Available at all times without cessation, break or interruption.
- g. **Dementia:** A loss or decrease in intellectual ability that is of sufficient severity to interfere with social or occupational functioning; it describes a set of symptoms such as memory loss, personality change, poor reasoning or judgment, and language difficulties.
- h. **Department:** Department of Human Services (DHS), Division of Medical Services (DMS), or Office of Long Term Care (OLTC)

- i. **Direct Care Staff:** An individual, such as a nurse or a certified Nurse's Aide, who is an employee of the facility or who is an employee of a temporary agency assigned to work in the facility, and who has received, or will receive, in accordance with these rules, specialized training regarding Alzheimer's or related dementia, and is responsible for providing direct, hands-on care or services to residents in the ASCU.

- j. **Disclosure Statement:** A written statement prepared by the facility and provided to individuals or their responsible parties, and to individuals families, prior to admission to the unit, disclosing form of care, treatment, and related services especially applicable or suitable for the ASCU. The disclosure statement shall be approved by the Department prior to use, and shall include, but not be limited to, the following information about the facility's ASCU:
 - 1. The philosophy of how care and services are provided to the residents;
 - 2. The pre-admission screening process;
 - 3. The admission, discharge and transfer criteria and procedures;
 - 4. Training topics, amount of training time spent on each topic, and the name and qualification of the individuals used to train the direct care staff;
 - 5. The minimum number of direct care staff assigned to the unit each shift;
 - 6. A copy of the Residents' Rights;
 - 7. Assessment, Individual Support Plan & Implementation. The process used for assessment and establishment of the plan of care and its implementation, including the method by which the plan of care evolves and is responsive to changes in condition;
 - 8. Planning and implementation of therapeutic activities and the methods used for monitoring; and
 - 9. Identification of what stages of Alzheimer's or related dementia for which the unit will provide care.

- l. **Facility:** A Level I Assisted Living Facility that houses an ASCU.
- m. **Individual Assessment Team:** A group of individuals possessing the knowledge and skills to identify the medical, behavioral, and social needs of a resident and to develop services designed to meet those needs
- n. **Individual Support Plan:** A written plan developed by an Individual Assessment Team (IAT) that identifies services to a resident. The plan shall include and identify professions, disciplines and services that:
 1. Identifies and states the resident's medical needs, social needs, disabilities and their causes;
 2. Identifies the resident's specific strengths;
 3. Identifies the resident's specific behavioral management needs;
 4. Identifies the resident's need for services without regard to the actual availability of services;
 5. Identifies and quantifies the resident's speech, language, and auditory functioning;
 6. Identifies and quantifies the resident's cognitive and social development; and,
 7. Identifies and specifies the independent living skills, and other services, provided by the facility to meet the needs of the resident.
- o. **Nursing Personnel:** Registered or Licensed Practical nurses who have specialized training or will undergo specialized training, in accordance with these rules, by the Alzheimer's Special Care Unit.
- p. **Responsible Party:** An individual, who, at the request of the applicant or resident, or by appointment by a court of competent jurisdiction, agrees to act on behalf of a resident or applicant for the purposes of making decisions regarding the needs and welfare of the resident or applicant. These rules, and this definition, does not grant or permit, nor should be construed as granting or permitting, any individual authority or permission to act for, or on behalf of, a resident or applicant in excess of the authority or permission granted by law. A competent resident may select a responsible party or may choose to not select a responsible party. In no event may an individual act for, or on behalf of, a resident or applicant when the resident or applicant

has a legal guardian, attorney-in-fact, or other legal representative. For purposes of these rules only, responsible party will also refer to the terms *legal representative*, *legal guardian*, *power of attorney* or similar phrase.

801 GENERAL ADMINISTRATION

a. Miscellaneous

1. Visitors shall be permitted at all times. However, facilities may deny visitation when visitation results, or substantial probability exists that visitation will result, in disruption of service to other residents, or threatens the health, safety, or welfare of the resident or other residents.
2. Birds, cats, dogs, and other animals may be permitted in the Alzheimer's Special Care Unit. Animals shall have appropriate vaccinations and licenses. A veterinary record shall be kept on all animals to verify vaccinations and be made readily available for review. Pets may not be allowed in food preparation, food storage or dining or serving areas.
3. Unmarried male and female residents shall not be housed in the same room unless either residents or their responsible parties have given authorized consent.

b. General Program Requirements

1. Each long-term care facility that advertises or otherwise holds itself out as having one (1) or more special units for residents with a diagnosis of probable Alzheimer's disease or a related dementia shall provide an organized, continuous 24-hour-per-day program of supervision, care and services that shall:
 - A. Meet all state, federal and ASCU regulations.
 - B. Requires the full protection of residents' rights;
 - C. Promotes the social, physical and mental well-being of residents;
 - D. Is a separate unit specifically designed to meet the needs of residents with a physician's diagnosis of Alzheimer's disease or other related dementia; and

- E. Provides 24-hour-per-day care for those residents with a dementia diagnosis, and meets all admission criteria applicable for that particular long-term care facility.
2. Documentation shall be maintained by the facility and shall include, but not be limited to, a signed copy of all training received by the employee.
 3. Provide for relief of direct care personnel to ensure minimum staffing requirements are maintained at all times.
 4. Upon request, make available to the Department payroll records of all staff employed during recent pay periods.
 5. Regardless of other policies or procedures developed by the facility, the ASCU will have specific policies and procedures regarding:
 - A. Facility philosophy related to the care of ASCU residents;
 - B. Use of ancillary therapies and services;
 - C. Basic services provided;
 - D. Admission, discharge, transfer; and
 - E. Activity programming.

c. Residents' Rights

For the purposes of these rules, Resident's Rights are those rights set forth in the Department's numbered memorandum LTC-M-89-03.

d. Resident Record Maintenance

The ASCU shall develop and maintain a record-keeping system that includes a separate record for each resident, and that documents each resident's health care, individual support plan, assessments, social information, and protection of each resident's rights.

e. Resident Records

The ASCU must follow the facility's policies and procedures, and applicable state and federal laws and regulations governing:

1. The release of any resident information, including consent necessary from the client, parents or legal guardian;
2. Record retention;
3. Record maintenance; and,
4. Record content.

802 ASSESSMENTS

a. Psychosocial and Physical Assessments

1. Each resident shall receive a psychosocial and physical assessment which includes the resident's degree or level of family support, level of activities of daily living functioning, cognitive level, behavioral impairment, and that identifies the resident's strengths and weaknesses.
2. Prior to admission to the ASCU, the applicant must be evaluated by, and have received from a physician, a diagnosis of Alzheimer's or related dementia.

b. Individual Assessment Team (IAT)

1. Within 30 days after admission, the IAT shall prepare for each resident an individual support plan. The ISP shall address specific needs of, and services required by, the resident resulting from the resident's Alzheimer's Disease or related dementia.
2. The IAT shall perform accurate assessments or reassessments annually, and upon a significant change to a resident's physical, mental, emotional, functional, or behavioral condition or status in which the resident:
 - a. Is regressing in, or losing skills, already gained
 - b. Is failing to progress toward or maintain identified objectives in the ISP
 - c. Is being considered for changes in the resident's ISP

c. Individual Support Plan (ISP)

1. The ISP shall include a family and social history. If the family and social history is unavailable, the ASCU personnel shall document attempts to obtain the information, including but not limited to, the names and telephone numbers of individuals contacted, or whom the facility attempted to contact, and the date and time of the contact or attempted contact.
2. Individual support plans shall be developed and written by the IAT and signed by each member of the team.
3. Individual support plans shall have the input and participation of the resident or his or her responsible party, and the resident's family. If the resident's family or responsible party cannot be contacted, or refuses to participate, the facility shall document all attempts to notify the resident's family or legal representative. The documentation shall include, but not be limited to, the names and telephone numbers of individuals contacted, or whom the facility attempted to contact, and the date and time of the contact or attempted contact.
4. The ISP shall be reviewed, evaluated for its effectiveness, and updated at least quarterly, and shall be updated when indicated by changing needs of the resident, or upon any reassessments by the IAT. In the event that the reassessment by the IAT documents a change of condition for which no change in services to meet resident needs are required, the ISP shall document the change of condition, and the reason or reasons why no change in services are required.
5. The ISP shall include:
 - A. Expected behavioral outcomes;
 - B. All barriers to expected outcomes;
 - C. Services, including frequency of delivery, designed to achieve expected behavioral outcomes;
 - D. Methods of assessment and monitoring. Monitoring shall occur no less than quarterly to determine progress toward the outcome; and,

- E. Documentation of results from services provided, and achievement towards expected outcomes or regression, and reasons for the regression.
 - F. The resident's likes, dislikes, and if appropriate, his or her choices.
- 6. A copy of the ISP shall be made available to all staff that work with the resident, and the resident or his or her responsible party.
 - 7. The ISP shall be implemented only with the documented, written consent of the resident or his or her responsible party.

803 STANDARDS FOR ALZHEIMER'S SPECIAL CARE UNITS

a. General Requirements

- 1. It is the intent of these rules that Alzheimer's Special Care Units shall be designed to accommodate the complex and varied needs of residents with dementia. The physical environment does not exist in isolation, but interacts with the activity program, level of resident capability, staffing and social milieu of the unit.
- 2. The environment shall be designed and developed to meet the following objectives:
 - A. Maximize awareness and orientation;
 - B. Ensure safety and security;
 - C. Provide privacy and a sense of control;
 - D. Support functional abilities; and,
 - E. Develop environmental stimulation and challenge within a positive social milieu.

b. Physical Design

In addition to the physical design standards required for the facility's license, an Alzheimer's Special Care Unit shall include the following:

1. A floor plan design that does not require visitors or staff to pass through the ASCU to reach other areas of the facility;
2. A multipurpose room or rooms for dining, group and individual activities, and family visits, which complies with the LTC licensure requirements for common space;
3. Secured outdoor space and walkways that allow residents to ambulate, with or without assistive devices such as wheelchairs or walkers, but prevents undetected egress. Such walkways shall meet the accessibility requirements of the most current LTC and Americans with Disabilities Act (ADA) structural building codes or regulations. Unrestricted access to secured outdoor space and walkways shall be provided, and such areas shall have fencing or barriers that prevent injury and elopement. Fencing shall be no less than 72 inches high.
4. Prohibit the use of plants that are poisonous or toxic for human contact or consumption;
5. Visual contrasts between floors and walls, and doorways and walls, in resident use areas. Except for fire exits, exit doors and access ways shall be designed to minimize contrast, and to obscure or conceal areas the residents should not enter;
6. Non-reflective floors, walls, and ceilings, to minimize glare;
7. Evenly distributed lighting, to minimize glare and shadows; and,
8. A monitoring or nurses' station with:
 - A. A call system, to alert staff to any emergency needs of the residents; and,
 - B. A space for charting, and for storage of residents' records.

c. Physical Environment and Safety.

The Alzheimer's Special Care Unit shall:

1. Provide freedom of movement for the residents to common areas, and to their personal spaces. The facility shall not lock residents out of, or inside, their rooms;

2. Provide plates and eating utensils which provide visual contrast between the utensils and the table, and that maximizes the independence of the residents;
3. In common areas, provide comfortable seating sufficient to seat all residents at the same time. The seating shall consist of a ratio of one (1) gliding or rocking chair for every five (5) residents;
4. Encourage and assist residents to decorate and furnish their rooms with personal items and furnishings, based on the resident's needs and preferences as documented by the ASCU in the social history;
5. Individually identify each resident's rooms based on the resident's cognitive level, to assist residents in locating their rooms, and to permit them to differentiate their room from the rooms of other residents;
6. Keep corridors and passageways through common-use areas free of objects which may cause falls, or which may obstruct passage by physically impaired individuals; and,
7. Only use public address systems in the unit for emergencies.

804 EGRESS CONTROL

a. Egress Policies

The Alzheimer's Special Care Unit shall develop policies and procedures to deal with residents who wander or may wander. The procedures shall include actions to be taken by the facility to:

1. Identify missing residents;
2. Notify all individuals or institutions that require notification under law or rule when a resident is missing; and,
3. Attempt to locate the missing resident.

b. Locking Devices

1. All locking devices used on exit doors shall be approved by the OLTC, building code agencies, and the fire marshal having

jurisdiction over the facility, shall be electronic, and shall release upon activation of the fire alarm or sprinkler system.

2. If the unit uses keypads to lock and unlock exits, directions for the keypad's operations to allow entrance shall be posted on the outside of the door.
3. The keypads and locks shall meet the requirements under IBC applicable to Level I Assisted Living Facilities.
4. Staff shall be trained in all methods of releasing, or unlocking, the locking device.

805 STAFFING

Alzheimer's Special Care Units shall staff according to staffing requirements as set forth in the Rules for the Licensure of Level I Assisted Living Facilities. However, staffing for the ASCU shall be determined separately from the Assisted Living facility, based upon the census for the ASCU only; likewise, the staffing for the Assisted Living facility shall be based on the census of the Assisted Living facility, excluding the ASCU census. It is the intent of this rule that ASCU staff be separate and distinct from the Assisted Living facility staff. In addition, the following staffing requirements are established for Alzheimer's Special Care Units.

a. Professional Program Services

A social worker or other professional staff e.g., physician, Registered Nurse, or Psychologist currently licensed by the State of Arkansas shall be utilized to perform the following functions:

1. Complete an initial social history evaluation on each resident on admission;
2. Development, coordination, and utilization of state or national resources and networks to meet the needs of the residents or their families;
3. Offering or encouraging participation in monthly family support group meetings with documentation of meetings offered; and,
4. Assist in development of the ISP, including but not limited to:

- A. Assuring that verbal stimulation, socialization and reminiscing is identified in the ISP as a need;
- B. Defining the services to be provided to address those needs identified above; and,
- C. Identifying the resident's preferences, likes, and dislikes.

b. Staff and Training

- 1. All ASCU staff members and consultants shall have the training specified in these rules in the care of residents with Alzheimer's Disease and other related dementia. The facility shall maintain records documenting the training received, the date received, the subject of the training, and the source of the training.
- 2. Within six (6) months of the date that the long-term care facility first advertises or otherwise holds itself out as having one (1) or more special units for residents with a diagnosis of probable Alzheimer's disease or a related dementia, the facility shall have trained all staff who are scheduled or employed to work in the ASCU.
- 3. Subsequent to the requirements set forth in Section 805(b)(2), fifty percent (50%) of the staff working any shift shall have completed requirements as set forth in Section 805(b)(5)(a), (b), and (c).
- 4. After meeting the requirements of Section 805(b)(2), all new employees of the ASCU shall be trained within five (5) months of hiring, with no less than eight (8) hours of training per month during the five (5) month period.
- 5. In addition to any training requirements for any certification or licensure of the employee, training shall consist of, at a minimum:
 - A. Thirty (30) hours on the following subjects:
 - i. One (1) hour of the ASCU's policies;
 - ii. Three (3) hours of etiology, philosophy and treatment of dementia;
 - iii. Two (2) hours on the stages of Alzheimer's disease;
 - iv. Four (4) hours on behavior management;

- vi. Two (2) hours on use of physical restraints, wandering, and egress control;
 - vii. Two (2) hours on medication management;
 - viii. Four (4) hours on communication skills;
 - ix. Two (2) hours of prevention of staff burnout;
 - x. Four (4) hours on activity programming;
 - x. Three (3) hours on ADLs and Individual-Centered Care
 - xi. Three (3) hours on assessments and creation of ISPs
- B. On-going in-service training consisting of at least 2 hours every quarter. The topics to be addressed in the in-service training shall include the following, and each topic shall be addressed at least once per year:
 - i. The nature of Alzheimer’s disease and other dementia, including:
 - a. The definition of dementia;
 - b. The harm to individuals without a correct diagnosis; and,
 - c. The stages of Alzheimer’s disease.
 - ii. Common behavior problems resulting from Alzheimer's or related dementia, and recommended behavior management for the problems;
 - iii. Communication skills to facilitate improved staff relations with residents;
 - iv. Positive therapeutic interventions and activities, such as:
 - a. Exercise;
 - b. Sensory stimulation; and,

- c. Activities of daily living.
- v. The benefits of family interaction with the resident, and the need for family interaction;
- vi. Developments and new trends in the fields of Alzheimer's or related dementia, and treatments for same;
- vii. Environmental modifications to minimize the effects and problems associated with Alzheimer's or related dementia; and,
- viii. Development of ISPs, including but not limited to instruction on the method of updating and implementing ISPs across shifts.

C. If the facility identifies or documents that a specific employee requires training in areas other than those set forth in 805(b), the facility may provide training in the identified or documented areas, and may be substituted for those subjects listed in Section 805(b)(5).

c. Trainer Requirements

The individual providing the training shall have:

1. A minimum of one (1) year uninterrupted employment in the care of Alzheimer's residents, or
2. Shall have training in the care of individuals with Alzheimer's disease and other dementia, or
3. Is designated by the Alzheimer's Association or it's local chapter as being qualified to meet training requirements.

d. Training Manual

The ASCU shall create and maintain a training manual consisting of the topics listed in Section 805(b). Further, the trainer shall provide training consistent with the training manual.

806 ADMISSIONS, DISCHARGES, TRANSFERS

- a. Criteria for Services
1. Each Alzheimer's Special Care Unit shall have written policy setting forth pre-admission screening, admission, and discharge procedures.
 2. Prior to admission into the Alzheimer's Special Care Unit, the facility shall provide a copy of the disclosure statement and Residents' Rights policy to the applicant or the applicant's responsible party. A copy of the disclosure statement signed by the resident or the resident's responsible party shall be kept in the resident's file.
 3. Admission criteria shall require:
 - A. A physician's diagnosis of Alzheimer's disease or related dementia;
 - B. The facility's assessment of the resident's level of needs; and,
 - C. A list of the services that the ASCU can provide to address the needs identified in 806(a)(3)(B).
 4. Any individual admitted to the ASCU must also meet admission criteria for the facility.
 5. The ASCU shall not maintain a resident who requires a level of care greater than for which the facility is licensed to provide, and for whom the ASCU is unable to provide the level or types of services to address the needs of the resident. Discharge from the ASCU shall occur when:
 - A. The resident's medical condition exceeds the level of care for which the facility is licensed or is able to provide;
 - B. The resident's medical condition requires specialized nursing procedures that constitute more than limited nursing services, or nursing services the facility is unable to provide;
 - C. The resident has a loss of functional abilities (e.g. ambulation) that results in the resident's level of care requirements being greater than the level of care for which the facility is licensed or able to provide;

- D. Behavioral symptoms that results in the resident's level of care requirements being greater than the level of care for which the facility is licensed or able to provide;
 - E. The resident requires a level of involvement in therapeutic programming that is greater than the level of care for which the facility is licensed or able to provide.
6. If the resident, or the resident's responsible party, does not comply with, or refuses to accept, the requirements of the ISP, the resident shall be discharged from the ASCU. The facility shall document the refusal or non-compliance with the ISP. The documentation shall include, but not be limited to:
- A. The identity of the person who is not willing or able to comply with the requirements of the ISP; i.e., the resident or the resident's responsible party;
 - B. The date and time of the refusal;
 - C. The consequences of the unwillingness or inability to comply with the requirements of the ISP, and the name of the person providing this information to the resident or the resident's responsible party.
- b. Resident Movement, Transfer or Discharge

When a resident is moved, transferred or discharged, measures shall be taken by the facility to minimize confusion and stress to the resident until discharge. Further, the discharge shall comply with the rules applicable to the facility housing the ASCU, and Arkansas law.

807 THERAPEUTIC ACTIVITIES

- a. Intent and General Requirements.

Therapeutic activities can improve a resident's eating or sleeping patterns; lessen wandering, restlessness, or anxiety; improve socialization or cooperation; delay deterioration of skills; and improve behavior management. Therapeutic activities shall be designed to meet the resident's current needs.

1. All facilities with Alzheimer's Special Care Units shall provide activities appropriate to the needs of individual residents. The

activities shall be provided and directed by direct care staff under the coordination of a program director.

2. Each resident's daily routine shall be structured or scheduled so that activities are provided seven days a week.
3. A professional with specialized training in the care of Alzheimer's shall be utilized or contracted to:
 - A. Develop required daily activities;
 - B. Train direct care staff in those programs;
and,
 - C. Provide ongoing consultation.

b. Required Daily Activities

The following activities shall be offered daily:

1. Gross motor activities (e.g., exercise, dancing, gardening, cooking, etc.);
2. Self-care activities (e.g., dressing, personal hygiene, or grooming);
3. Social activities (e.g., games, music, socialization); and,
4. Sensory enhancement activities (e.g., reminiscing, scent and tactile stimulation).

900 PHYSICAL ENVIRONMENT

901 NEW CONSTRUCTION, REMODELING OR ADDITIONS

901.1 GENERAL

A new facility is one that had plans approved by the Office of Long Term Care and began operation, or construction or renovation of a building for the purpose of operating a Level I assisted living facility on or after the adoption date of these rules, or both. The rules and codes governing new facilities apply if and when the facility proposes to begin operation in a building not previously and continuously used as a facility licensed under these rules. For purposes of these rules, *construction* refers to a new facility where none existed or to the addition of new wings or other sections of the

facility; *renovation* refers to any structural changes to the existing facility; *remodeling* refers to cosmetic changes to the existing structure, including but not limited to painting, replacement or repair of carpet, tile or linoleum, and minor repairs.

Additions to existing facilities, construction, or renovation shall meet the standards for new construction, and a copy of the facility floor plan must be submitted to the Office of Long Term Care for approval. Provided, however, that changes to the floor plan for areas of the facility unaffected by the addition, construction or renovation are not required.

901.2 SITE LOCATION, INSPECTION APPROVALS AND SUBSOIL INVESTIGATION

- a. The building site shall afford good drainage and shall not be subject to flooding or be located near insect breeding areas, noise or other nuisance producing locations or hazardous locations, industrial developments, airports, railways or near penal or other objectionable institutions or near a cemetery. The site shall afford the safety of residents and not be subject to air pollution.
- b. A site shall be adequate to accommodate roads and walks within the lot lines to at least the main entrance, ambulance entrance, and service entrance. All facility sites shall contain enough square footage to provide at least as much space for walks, drives and lawn space as the square footage contained in the building.
- c. The building site shall be inspected and approved by the OLTC before construction is begun.

901.3 SUBMISSION OF PLANS, SPECIFICATIONS AND ESTIMATES

- a. When construction is contemplated either for new buildings, additions or major alterations in excess of one hundred thousand dollars (\$100,000), plans and specifications shall be submitted in duplicate, one (1) to OLTC and one (1) to the Plumbing Division of the Arkansas Department of Health, for review along with a copy of the statement of approval from the Comprehensive Health Planning Agency. Final plan approval shall be given by OLTC.
- b. Such plans and specifications shall be prepared by a registered professional engineer or an architect licensed in the State of Arkansas pursuant to Act 270 of 1941, codified as Ark. Code Ann. §17-15-101, *et seq.* and shall be drawn to scale with the title and date shown thereon. OLTC shall have a

minimum of three (3) weeks to review the drawing and specifications and submit their comments to the applicant. Any proposed deviations from the approved plans and specifications shall be submitted to the OLTC prior to making any changes. Construction cannot start until approval of plans and specifications have been received from the OLTC. The OLTC shall be notified as soon as construction of a new building or alteration to an existing building is started.

- c. An estimate shall accompany all working plans and specifications when the total cost of construction is more than one hundred thousand dollars (\$100,000).
- d. Representatives from the OLTC shall have access to the construction premises and the construction project for purposes of making whatever inspections the OLTC deems necessary throughout the course of construction.

901.4 PLANS AND SPECIFICATIONS

All facilities licensed under these rules shall be designed and constructed to substantially comply with pertinent local and state laws, codes, ordinances and standards. All new construction shall be in accordance with the requirements for I-1 Groups as specified in the International Building Code (IBC) 2000. All new construction shall be readily accessible and useable by persons with physical disabilities including persons who use wheelchairs. All construction shall comply with the requirements of the ADA.

Plans shall be submitted to the OLTC in the following stages:

- 1. Step (1) – Working drawings and specifications that shall be prepared so that clear and distinct prints may be obtained; accurate dimensions including all necessary explanatory notes, schedules and legends. Working drawings shall be complete and adequate for contract purposes. Separate drawings shall be prepared for each of the following branches of work, architectural, structural, mechanical, and electrical, and shall include the following:
 - A. Approved plan showing all new topography, newly established levels and grades, existing structures on the site (if any), new buildings and structures, roadways, walks, and the extent of the areas to be seeded. All structures and improvements that are to be removed under the construction contract shall be shown. A print of the survey shall be included with the working drawings;
 - B. Plan of each floor and roof;

- C. Elevations of each facade;
 - D. Sections through building;
 - E. Scale and full size details as necessary to properly indicate portions of the work;
 - F. Schedule of finishes.
2. Step (2) – Equipment Drawings: Large-scale drawings of typical and special rooms indicating all fixed equipment and major items of furniture and movable equipment.
3. Step (3) – Structural Drawings:
- A. Plans of foundations, floors, roofs and all intermediate levels shall show a complete design with sizes, sections, and the relative location of the various members. Schedule of beams, girders, and columns, shall be included;
 - B. Floor levels, column centers, and offsets shall be dimensioned;
 - C. Special openings and pipe sleeves shall be dimensioned or otherwise noted for easy reference;
 - D. Details of all special connections, assemblies, and expansion joints shall be given.
4. Step (4) – Mechanical Drawings: These drawings with specifications shall show the complete heating and ventilation systems, plumbing, drainage and standpipe system and laundry and shall include:
- A. Heating and air-conditioning systems, including:
 - 1. Air-conditioning systems with required equipment, water and refrigerant piping and ducts;
 - 2. Exhaust and supply ventilating systems with steam connections and piping;
 - 3. Air quantities for all room supply and exhaust ventilating duct openings;

- B. Plumbing, drainage and standpipe systems, including:
 - 1. Size and elevation of street sewer, house sewer, house drains, street water main, and water service into the building;
 - 2. Locations and size of soil, waste, and vent stacks with connections to house drains, clean outs, fixtures, and equipment;
 - 3. Size and location of hot, cold, and circulating mains, branches and risers from the service entrance and tanks;
 - 4. Riser diagram to show all plumbing stacks with vents, water risers, and fixture connections;
 - 5. Gas, oxygen, and special connections;
 - 6. Plumbing fixtures and equipment that require water and drain connections;
 - C. Elevators and dumbwaiters: Details and dimensions of shaft, pit, and machine room; sizes of car platform and doors;
 - D. Kitchens, laundry, refrigeration, and laboratories: These shall be detailed at a satisfactory scale to show the location, size, and connection of all fixed equipment.
5. Step (5) – Electrical Drawings:
- A. Drawings shall show electrical wiring, outlets, smoke detectors, and equipment that require electrical connections;
 - B. Electrical service entrances with switches and feeder to the public service feeders shall be shown;
 - C. Plan and diagram showing main switchboard, power panels, light panels, and equipment;
 - D. Light outlets, receptacles, switches, power outlets, and circuits;
 - E. Nurses’ call systems, either wireless systems or hardwired, with outlets for beds, duty stations, door signal lights, enunciators, and wiring diagrams. If a wireless system is employed, the electrical

drawing will indicate the implementation of the system including designations for residents call systems in residents' apartments or units;

- F. Fire alarm system with stations, signal devices, control board, and wiring diagrams;
 - G. Emergency electrical system with outlets, transfer switch, source of supply, feeders, and circuits.
6. Step (6) – Specifications: Specifications shall supplement the drawings to fully describe types, sizes, capacities, workmanship, finishes, and other characteristics of all materials and equipment, and shall include the following:
- A. Cover or title sheet;
 - B. Index;
 - C. General conditions;
 - D. General requirements;
 - E. Sections describing material and workmanship in detail for each class of work.

901.5 CODES AND STANDARDS

The following codes and standards are incorporated into and made a part of these rules:

- a. The 2000 edition of the International Building Code (IBC) applies to new construction and alterations or additions to all facilities;
- b. The American Disabilities Act specifications for making buildings and facilities accessible to and usable by the physically handicapped shall apply to all facilities;
- c. Arkansas State Plumbing Code;
- d. Fire Resistance Index 1971, Underwriters Laboratories, Inc.;

- e. Handbook of Fundamentals, American Society of Heating, Refrigeration and Air-Conditioning Engineers (ASHRAE), United Engineer Center, 345 East 47th Street, New York, New York 10017;
- f. Methods of Test for Surface Burning Characteristics of Building Materials, Standard No. E 84-61 American Society for Testing and Materials (ASTM) Standard No. 84-61, 1961 Race Street, Philadelphia, Pennsylvania 19103;
- g. Method of Fire Test of Building Construction and Materials, Standard No. E119, American Society of Testing and Materials (ASTMO), 1961 Race Street, Philadelphia, Pennsylvania 19103;
- h. Minimum Power Supply Requirements, Bulletin No. XR4-10 National Electrical Manufacturers Association (NEMA), 155 East 44th Street, New York, New York 10017.

902 CONVERTED FACILITIES

- a. Existing facilities that convert to Assisted Living Facilities must meet the following requirements:
 - 1. The facility shall provide a small refrigerator in each resident's room, except as may otherwise be provided by these rule;
 - 2. The facility shall provide a microwave oven in each resident's room, except as may be otherwise provided by rule;
 - 3. The facility must meet minimum space requirements for resident rooms of one hundred fifty square feet (150 sq. ft.) per person or two hundred thirty square feet (230 sq. ft.) for two (2) persons sharing a room, exclusive of entryway, closet, and bathroom, or one hundred square feet (100 sq. ft.) per person or one hundred eighty square feet (180 sq. ft.) for two (2) persons if the room has a half or full bath or if there is a shared bathroom between two (2) rooms; and,
 - 4. The application conforms to all other assisted living rules.
- b. For purposes of this section, the terms *existing facility* and *existing facilities* shall mean:
 - 1. A Residential Care Facility licensed or holding a permit of approval as of April 2, 2001; and,

2. Facilities as described in Ark. Code Ann. § 20-10-1709(b).

903 FURNISHINGS AND EQUIPMENT

The following are general provisions concerning furnishing and equipment that each Level I assisted living facility must meet:

- a. All rooms must have working light switches at the entrance to each room.
- b. Windows must be kept clean and in good repair and supplied with curtains, shades or drapes. Each window that can be opened shall have a screen that is clean and in good repair.
- c. Light fixtures in resident general use or common areas must be equipped with covers to prevent glare and hazards to the residents.
- d. All fans located within seven (7) feet of the floor must be protected by screen guards.
- e. Common dining room space and furnishings in good repair must be provided for each resident in the facility. Dining room space and furnishings must be sufficient to serve all residents. Facilities shall be allowed to plan dining schedules to allow for two (2) seatings per meal to increase resident's choice of meal times.
- f. All furnishings and equipment in common areas must be durable, clean, and appropriate to its functions.
- g. All areas of a facility must be well lighted to ensure residents' safety.
- h. The resident may furnish his or her apartment with his or her own furnishings as long as the furnishings meet requirements as outlined in these rules. If the resident does not furnish his or her apartment, the facility shall provide basic furnishings.
- i. Throw- or scatter-rugs, or bath-rugs or mats, shall have a non-skid backing.
- j. Residents may provide their own linens, but may not be required by the facility to do so. The facility must include in the resident's direct care service plan portion of the occupancy admission agreement whether the resident or his or her responsible party prefers the facility to provide linens or the resident or his or her responsible party will provide his or her own linens, and whether the facility will launder the linens or the resident or his

or her responsible party will laundry his or her own linens. Linens may be provided by the facility for no cost or may be provided at an extra charge. If the resident or his or her responsible party chooses to utilize facility linens, the following minimum amounts of linen must be available in the facility at all times:

1. Sheets – three (3) sets for each resident;
2. Pillowcases – three (3) sets for each resident;
3. Bath towel – three (3) for each resident;
4. Hand towels – three (3) for each resident;
5. Washcloths –three (3) for each resident;
6. Blankets – one (1) for each resident;
7. Pillows – one (1) per resident.

If the resident or his or her responsible party wishes to use his or her own personal linens, the facility will counsel the resident or his or her responsible party on recommended quantities to maintain. In the case where a resident or his or her responsible party uses personal linens, the facility is not required to provide or keep available any linens for the resident unless the resident does not have sufficient numbers of personal linens available to maintain clean and sanitary conditions. If this is the case, the facility shall provide additional linens up to the quantities specified above. In both cases, clean linens may be stored in the resident’s apartment.

- k. Bed linens must be changed at least weekly, or as often as needed to ensure clean or non-soiled linens.
- l. Wastepaper baskets and trash containers used in the facility common areas must be metal or Underwriter’s Laboratory approved plastic baskets. Outside trash containers must be equipped with covers.
- m. Practices that create an increased risk of fire are prohibited. This includes, but is not limited to:
 1. Space heaters. In cases of emergency, such as extended power loss during periods of cold weather, space heaters are permitted upon the approval of the Office of Long Term Care.

2. The accumulation or storage within the facility of combustible materials such as rags, paper items, gasoline, kerosene, paint or paint thinners.
3. The use of candles, oil lamps, incense or open-flamed items.
4. The use of extension cords or multi-plug adapters for electrical outlets. Facilities may utilize Transient Voltage Surge Protectors or Surge Suppressors with microprocessor electronic equipment such as computers or CD/DVD recorders or players. Any Transient Voltage Surge Protectors or Surge Suppressors must have a maximum UL rating of 330v and must have a functioning protection indicator light. Facilities may not use Transient Voltage Surge Protectors or Surge Suppressors that do not have a functioning protection indicator light or Transient Voltage Surge Protectors or Surge Suppressors in which the functioning protection indicator light does not light to indicate that the device is functioning.

904 REQUIREMENTS FOR RESIDENT GENERAL USE/COMMON AREAS

904.1 Distinct Part Facilities

- a. Physical and programmatic separation – an assisted living facility shall be both physically and programmatically distinct from any residential care facility, nursing home or hospital to which it is attached or of which it is a part, provided, however, that programmatic separation shall not include social or recreational.

NOTE: This does not prohibit residents from walking through a community based residential facility serving similar or compatible population, e.g., the elderly or the physically disabled. This does not prohibit independent living and assisted living to be in a combined building or prevent assisted living from occupying apartments scattered throughout a project that combines independent and assisted living. This does not require separation between an assisted living facility and housing for the elderly or other purely residential use. For example, assisted living facility apartments may be interspersed with non-assisted living apartments that are non-licensed, independent living apartments in the same building, and an assisted living facility may share dining room and other common space with an attached apartment building.

- b. Physical separation – Residents shall not be required to first enter or pass through a portion of the health care facility or communitybased

residential facility in order to enter an assisted living facility, provided, however, that residents may enter the assisted living facility through common areas (reference the exception noted in Section 904.1(a) above). Similarly, persons shall not be required to pass through the assisted living facility in order to enter a health care facility or community-based residential facility. An assisted living facility may share a common lobby and access area of a multipurpose building and may be entered via elevator from the lobby or access area. A dining room or activity area may be shared.

904.2 Each assisted living facility must meet the following requirements for resident general use/common areas:

- a. Each facility must have dining room and living room space easily accessible to all residents (reference standards set in Section 903.1(a)(b) above;
- b. Common dining rooms and living rooms must not be used as bedrooms;
- c. Dining rooms must be furnished with enough dining tables and chairs to permit all residents to be seated, or to permit one-half of the resident census to be seated at one time and allowing facilities to provide dining schedules that allow two settings per meal.
- d. Dining rooms and living rooms must be available for use by residents at appropriate times to provide periods of social diversion and individual or group activities;
- e. Common area toilet facilities shall be provided to meet the needs of residents, staff and visitors to the facility and shall be located in areas other than the resident's apartment or unit.
- f. All resident areas must be painted and appropriately furnished;
- g. Facilities in buildings constructed after the effective date of these rules shall be constructed with hallways/corridors wide enough to allow two wheelchairs (six (6) feet) to pass each other. Facilities in existing buildings that have not undergone substantial renovation since the effective date of these rules shall have corridors large enough to meet current egress requirements mandated by applicable codes.

- h. A minimum of one phone jack must be available in each resident's apartment or unit for the resident to establish private phone service in his or her name. In addition, there shall be, at a minimum, one dedicated facility phone and phone line for every forty (40) residents in common areas. The phone shall allow unlimited local calling without charge. Long distance calling shall be possible at the expense of the resident or responsible party via personal calling card, pre-paid phone card, or similar methods. Residents shall be able to make phone calls in private. "Private" can be defined as placing the phone in an area that is secluded and away from frequently used areas.
- i. Facility's laundry services area(s) shall meet the requirements outlined in Section 700.2.2.
- j. Facility's pantry area(s) shall meet the requirements outlined in Sections 700.3.11 and 700.3.13.
- k. Facility's medication storage area(s) shall meet the requirements outlined in Sections 702.1.2.

904.3 Square footage requirements for common area living room, dining room, and activities room is as follows:

- a. All facilities:
 - 1. The living and activity spaces must be separate from the dining room with a combined total square footage of at least 20 square feet per licensed bed. Living and activity spaces do not include corridors and lobby areas for the purposes of calculation. Living and activity spaces may be combined;
 - 2. The facility must have at least 20 square feet of designated dining space per licensed bed if dining will be conducted in one seating. If dining will be conducted in two seatings, 10 square feet per resident will be required. Facilities will document their dining seating plan, and maintain the documentation for review by the OLTC;
 - 3. In facilities that house residents in more than one (1) building, there shall be a living room and/or activities room located in each building with at least 10 square feet per licensed bed with an additional 10 square feet available on

the campus in a commons area. The facility's 10 square feet per licensed bed in the commons area shall be distinct from any other square footage requirements for other campus programs;

4. In facilities housing residents in more than one (1) building, a single dining room may be used for the complex. The dining room in a single building facility or a multi-building facility must have at least 20 square feet of space per licensed bed in the facility. If dining will be conducted in two (2) seatings, 10 square feet per resident will be required. Facilities will document their dining seating plan, and maintain the documentation for review by the OLTC. In facilities housing residents in more than one (1) building, protection from the elements of the weather shall be provided for residents who must access other buildings;
- b. Any modification, alternation or addition must satisfy all physical environment requirements in effect at the time that the modification, alteration, or addition is placed into service and shall meet the requirements of the ADA.

905 APARTMENTS

- a. All living units in assisted living facilities shall be independent apartments (Exceptions shall be granted based on Act 1230 of 2001). Each apartment or unit shall be of adequate size and configuration to permit residents to carry out, with or without assistance, all the functions necessary for independent living, including sleeping; sitting; dressing; personal hygiene; storing, preparing, serving and eating food; storing clothing and other personal possessions; doing personal correspondence and paperwork; and entertaining visitors. Each apartment or unit shall be accessible to and useable by residents who use a wheelchair or other mobility aid consistent with the accessibility standards.
- b. Physical features. Each independent apartment or unit shall have at least the following:
 1. An individual lockable entrance and exit. A single door may serve as both entrance and exit. Keys, code or other opening devise for the door to the independent apartment or unit shall be supplied to residents. Keys, code or other opening devise for the door(s) to the assisted living facility shall be supplied to all residents without a credible diagnosis of dementia. In situations where a provider feels

a resident without a diagnosis of dementia is at risk of injury to themselves if provided with a key, code or other exit device to the facility, a compliance agreement may be negotiated. All apartments or units shall be accessible by means of a master key or similar system that is available at all times in the facility and for use by designated staff.

2. Each apartment or unit of new construction resident units shall have a minimum of 150 square feet per person or 230 square feet for two (2) persons sharing a room excluding entryway, bathroom and closets. No apartment or unit in an assisted living facility shall be occupied by more than two persons;
3. Each apartment or unit shall have a separate and complete bathroom with a toilet, bathtub or shower, and sink;
4. The cooking capacity of each apartment or unit may be removed or disconnected depending on the individual needs of the resident;
5. Each apartment or unit shall have a call system monitored 24-hours a day by facility staff in the facility. Wireless call systems approved by the Office of Long Term Care may be utilized;
6. Each apartment or unit shall be equipped for telephone and television cable or central television antenna system);
7. Each apartment or unit shall have easy access to common areas such as living room(s), activity room(s), dining room(s) and laundry;
8. Private accessible mailbox that complies with U. S. Postal Service requirements for apartment style boxes in which the resident may send and receive mail that meets postal standards. Mailboxes may be grouped in a common area, located at the resident's apartment or unit door or located as required by the U. S. Postal Service;
9. Each apartment or unit shall have a kitchen that is a visually and functionally distinct area within the apartment or unit (see Section 300, definition of Visually and Functionally Distinct Area). The kitchen, at a minimum, shall contain a small refrigerator with a freezer compartment, a cabinet for food storage, a small bar-type sink with hot and cold running water and space with electrical outlets suitable for small cooking appliances, e.g., a microwave. Exceptions shall be granted based on Act 1230 of 2001. Upon entering the assisted living facility, the resident or his or her

responsible party shall be asked if they wish to have a cooking appliance. If so, the appliance shall be provided by the facility, in accordance with facility policies. If the resident or his or her responsible party wishes to provide their own cooking appliance, it shall meet the facility's safety standards. The cooking appliances shall be designed so that they can be disconnected and removed for resident safety or if the resident chooses not to have cooking capability within his or her apartment.

10. Each apartment or unit shall have a sleeping and living area that is a visually and functionally distinct area within the apartment or unit (see Section 300, definition of Visually and Functionally Distinct Area) but need not be separate rooms.
11. Male and female residents must not have adjoining rooms that do not have full floor to ceiling partitions and closable solid core doors.

906 SAFETY STANDARDS

Each assisted living facility built after these rules become effective must meet the requirements adopted by local municipalities as based on National Fire Protection 101, Life Safety Code, 1985 or the 2000 edition of the International Building Code (IBC) and must be in compliance with the ADA. If the local municipality in which the facility is located has not adopted requirements based on the above standards, or if the Office of Long Term Care determines that the rules adopted by the local municipality are not adequate to protect residents, the facility must meet the provisions of the 2000 Edition of the International Building Code (IBC), including the National Fire Protection Association (NFPA) requirements referenced by the IBC.

Facilities may elect to prohibit smoking in the facility or on the grounds or both. If a facility elects to permit smoking in the facility or on the grounds, the facility shall include the following minimal provisions, and the facility shall ensure that:

- a. In facilities equipped with sprinkler systems, the facility may designate a smoking area or areas within the facility. The designated area or areas shall have a ventilation system that is separate from the ventilation system for non-smoking areas of the facility. Facilities lacking a sprinkler system are prohibited from designating smoking areas within the facility.
- b. Smoking shall be prohibited in any room, ward or compartment where flammable liquids, combustible gases or oxygen is used or stored and in other hazardous location and any general use/common

areas of the assisted living facility. Such areas shall be posted with “NO SMOKING” signs.

- c. Smoking by residents classified as not responsible shall be prohibited unless the resident is under direct supervision.
- d. Ashtrays of noncombustible material and safe design shall be placed in all areas where smoking is permitted.
- e. Metal containers with self-closing cover devices into which ashtrays may be emptied shall be placed in all areas where smoking is permitted.

907 WATER SUPPLY

An adequate supply of water, under pressure, must be provided at all times. When a public water system is available, a connection must be made thereto. If water from a source other than a public water supply is used, the supply must meet the requirements set forth under rules of the State Board of Health.

907.1 A contract to supply potable water shall be implemented with a third party not associated with the operation of the assisted living facility in the event the facility’s water supply should be interrupted.

908 SEWAGE

All sewage must be disposed of by means of either:

- a. A public system where one is accessible within 300 feet; or
- b. An approved sewage disposal system that is constructed and operated in conformance with the standards established for such systems by the State Board of Health.

909 PLUMBING

Facilities must comply with all provisions of the state plumbing and gas code and amendments thereto prescribing minimum requirements for design, materials, appliances, workmanship, and methods of installation.

910 ELECTRICAL

Electrical wiring, fixtures, appliances, motors, and other electrical equipment must be installed in accordance with the national electrical code National Fire Prevention Association's Pamphlet #70 and comply with local regulations and codes where they exist.

911 HEATING/COOLING

911.1 All liquefied petroleum gas systems must be installed and maintained in accordance with the State Code for Liquefied Petroleum Gas Containers and Equipment, State of Arkansas.

911.2 All gas heating units must bear the stamp of approval of the American Gas Association Testing Laboratories, Inc. or other nationally recognized testing agency for enclosed, vented heaters for the type of fuel used.

911.3 All gas heating units and water heaters must be vented adequately to carry the products of combustion to the outside atmosphere. Vents must be constructed and maintained to provide a continuous draft to the outside atmosphere in accordance with the American Gas Association Recommended Procedures.

911.4 All heating units must be provided with a sufficient supply of outside air so as to support combustion without depletion of the air in the occupied room.

911.5 All heating and cooling units must be installed and maintained in a manner that will provide for the safety and comfort of the occupants.

911.6 In new facilities licensed after the effective date of these rules, the facility must provide each apartment or unit with an individual thermostat controlling the temperature in that apartment or unit. In addition, the facility must provide a heating, ventilating and air conditioning (HVAC) system(s) for the apartments or units and common areas capable of maintaining any temperature between 68 and 80 degrees at any time throughout the year.

912 ZONING CODES

Each assisted living facility must be operated in areas permitted by local codes. Each owner must provide the Office of Long Term Care with documentation that the facility is in compliance with zoning requirements.

913 LOT REQUIREMENTS

Conditions of soil, ground water level, drainage and topography must not create hazards to the property as to the health and safety of the occupants. The site shall not be

subject to unpredictable and/or sudden flooding and shall be large enough to provide an exercise area for residents. Exercise area shall mean, at a minimum, accessible exterior space configured with walkways suitable for walking and benches for resting. The exterior space may be on the facility's property, on publicly accessible public or private property (e.g., park, shopping mall), or on an area made available to the residents by the facility through special arrangement with private property owners. Special arrangements must be through long-term agreements deemed sufficient by OLTC. Regardless of the arrangements, exercise areas must be accessible from the property during daylight hours by means of a safe and accessible walking route.

1000 IMPOSITION OF REMEDIES - AUTHORITY

The following Rules for the Imposition of Remedies are duly adopted and promulgated by the Arkansas Department of Human Services, Office of Long Term Care, pursuant to the authority conferred by Ark. Code Ann. §2010-203 and Ark. Code Ann. §25-10-129.

1001 INSPECTIONS BY DEPARTMENT

- a. All areas of the facility that are accessible to residents or are used in the care or support of residents, including but not limited to kitchen or food preparation areas, laundry areas, and storage areas, and all resident records, including but not limited to residents' financial records maintained by the facility and residents' medical records maintained by the facility, shall be open for inspection by the Department, the Office of Long Term Care, or the Office of the Attorney General. All facility records related to the care or protection of residents and all employee records related to the care or protection of residents shall be open for inspection by the Department or OLTC or the Attorney General's Office for the purpose of enforcing these rules and applicable laws. The facility shall provide access to any copying equipment the facility has on premises to permit the above-named entities the ability to make copies of facility records. This shall not be construed as a requirement that a facility be required to have copy equipment on its premises.
- b. The facility shall submit to regular and unannounced inspection surveys and complaint investigations in order to receive or maintain a license. The facility shall inform residents of the survey process and residents' rights with regard to privacy during the process. Residents or employees may refuse to be interviewed or photographed. The Department or its agents, the Office of Long Term Care or its agents or the Attorney General's Office or its agents have the right to conduct interviews in a private area with residents or employees who consent to interviews, and shall be permitted to

photograph the facility. Residents and their apartments shall be photographed in accordance with Ark. Code Ann. §20-10-104. This rule shall not be construed as a waiver of any constitutional rights, including but not limited to the right against self-incrimination.

- c. An inspection may occur at any time, in the discretion of the Department or its agents, the Office of Long Term Care or its agents or the Attorney General's Office or its agents.
- d. The facility shall provide for the maintenance and submission of such statistical, financial or other information, records, or reports related to resident care or property in such form and at such time and in such manner as the Department or its agents, the Office of Long Term Care or its agents may require. Provided, however, that records created by, or for the exclusive use of, the quality assessment unit shall not be subject to release to the Department or its agents, or the Office of Long Term Care or its agents.
- e. Facilities must provide a written acceptable plan of correction within 15 working days of receipt of written notification of deficiencies (also referred to as a Statement of Deficiencies) found during routine inspections or surveys, special visits or complaint investigations. The OLTC shall determine whether the proposed plan of correction, including any proposed dates by which correction will be made, is acceptable.
- f. The facility must post the Statement of Deficiencies and the facility's response and the outcome of the response from the latest survey in a public area utilized by residents or their responsible parties and visitors. A copy shall be provided to each resident or resident's responsible party upon request of the resident or the resident's responsible party. The last twelve (12) months of deficiency notices and facility responses and outcomes of responses, for all surveys shall be provided to persons or their responsible parties upon request when they apply for residence in the facility.

1002 GENERAL PROVISIONS

- a. The provisions of this section are supplemental to, and independent of, the provisions of Title 20 of the Arkansas Code Annotated.
- b. *Purpose of remedies.* The purpose of remedies is to ensure prompt compliance with program requirements.
- c. *Basis for imposition and duration of remedies.* When OLTC chooses to apply one or more remedies specified herein, the remedies are applied on

the basis of noncompliance found during surveys or inspections of any nature conducted by OLTC, or for failure to comply with applicable laws or rules.

- d. *Number of remedies.* OLTC may apply one or more remedies for each deficiency constituting noncompliance or for all deficiencies constituting noncompliance.
- e. *Plan of correction requirement.*
 - 1. Regardless which remedy is applied, or the nature or severity of the violation, each facility that has deficiencies with respect to program requirements must submit a plan of correction for approval by OLTC. The plan of correction shall be set forth on the Statement of Deficiencies. While a facility may provide a disclaimer in the plan of correction, the facility is still required to provide corrective actions to address the cited deficiencies, the time frames in which the corrective actions will be completed, and the manner to be utilized by the facility to monitor the effectiveness of the corrective action.
 - 2. Failure by the facility to provide an acceptable plan of correction may result in the imposition of additional remedies pursuant to these rules at the discretion of the OLTC or in a finding of a violation and imposition of additional remedies set forth in Title 20 of the Arkansas Code Annotated, or set forth in these rules, or both.
- f. *Notification requirements*
 - 1. Except in cases of emergency termination of a license or in cases of emergency removal or transfer of residents, OLTC shall give the provider notice of the remedy, including:
 - A. Nature of the noncompliance;
 - B. Remedy or remedies imposed;
 - C. Date the remedy begins; and,
 - D. Right to appeal the determination leading to the remedy.
 - 2. Notice shall not be required for state monitoring.

1003 REMEDIES

- a. *Available Remedies.* In conformity with, and in addition to remedies as set forth in Title 20 of the Arkansas Code Annotated, the following remedies are available:
 - 1. Civil Money Penalties (CMP) pursuant to Ark. Code Ann. § 20-10205 and § 20-10-206.
 - 2. Denial of New Admissions.
 - 3. Directed in-service training.
 - 4. Directed plan of correction.
 - 5. State monitoring.
 - 6. Temporary Administrator.
 - 7. Termination of license.
 - 8. Transfer of residents.

- b. *Duration of Remedies.* Unless otherwise provided by law or other applicable rules, remedies continue until:
 - 1. The facility has corrected the cited deficiencies that resulted in the imposition of the remedy or remedies, as determined by the Office of Long Term Care based upon a revisit, or after an examination of credible written evidence that it can verify without an on-site visit, or both; or,
 - 2. OLTC terminates the Level II assisted living facility license.

1004 TEMPORARY ADMINISTRATION

- a. *Temporary administrator* means the temporary appointment by OLTC, or by the facility with the approval of OLTC, of a substitute facility administrator with authority to hire, terminate or reassign staff, obligate facility funds, alter facility procedures and manage the facility to correct deficiencies identified in the facility's operation, or to assist in the orderly closure of a facility. A temporary administrator may be appointed by the Office of Long Term Care only upon the consent and agreement of the facility. The temporary administrator shall provide reports to the OLTC

regarding the operation of the facility and the efforts toward correction by the facility as requested by the OLTC.

- b. *Qualifications.* The temporary administrator must:
1. Be qualified to oversee correction of deficiencies on the basis of experience and education, as determined by OLTC;
 2. Not have been found guilty of misconduct by any licensing board or professional society in any State;
 3. Have, or a member of his or her immediate family have, no financial ownership interest in the facility;
 4. Not currently serve or, within the past 2 years, have served, unless approval has been obtained from the OLTC, as a member of the staff of the facility;
 5. Successfully undergo a criminal record check pursuant to the Rules of the Office of Long Term Care.
- c. *Payment of salary.* The temporary administrator's salary:
1. Is paid directly by the facility while the temporary administrator is assigned to that facility; and
 2. Must be at least equivalent to the sum of the following:
 - A. The prevailing salary paid by providers for positions of this type in what OLTC considers the facility's geographic area;
 - B. Additional costs that would have reasonably been incurred by the provider if such person had been in an employment relationship; and
 - C. Any other costs incurred by such a person in furnishing services under such an arrangement or as otherwise set by OLTC.
 3. May exceed the amount specified in Section 1005(c)(2) if OLTC is otherwise unable to attract a qualified temporary administrator.
- d. *Failure to relinquish authority to temporary administrator:*

1. *Termination of assisted living facility licensure.* If a facility fails to relinquish authority to the temporary administrator, OLTC may impose additional remedies, including but not limited to termination of the Level II assisted living facility license.
2. *Failure to pay salary of temporary administrator.* A facility's failure to pay the salary of the temporary administrator is considered a failure to relinquish authority to temporary administration.
3. *When imposed.* The remedy of temporary administrator shall be used in only lieu of termination of the facility license. Provided, however, that if the appointment of the temporary administrator does not result in compliance by the facility within the time frames estimated by the temporary manager and agreed to by the Office of Long Term Care, the remedy of termination or revocation of license may be imposed.

1005 STATE MONITORING

- a. A State monitor:
 1. Oversees the correction of deficiencies specified by OLTC at the facility site and protects the facility's residents from harm;
 2. Is an employee or a contractor of OLTC;
 3. Is identified by OLTC as an appropriate professional to monitor cited deficiencies;
 4. Is not an employee of the facility;
 5. Does not function as a consultant to the facility;
 6. Does not have an immediate family member who is a resident of the facility to be monitored; and,
 7. Does not have an immediate family member who owns the facility or who works in the facility or the corporation that operates or owns the facility.
- b. A State monitor may be utilized by the Office of Long Term Care for any level or severity of deficiency.

1006 DIRECTED PLAN OF CORRECTION

The Office of Long Term Care, or the temporary manager with OLTC approval, may develop a plan of correction. A directed plan of correction sets forth the tasks to be undertaken, and the manner in which the tasks are to be performed, by the facility to correct deficiencies, and the time frame in which the tasks will be performed. A facility's failure to comply with a directed plan of correction may result in additional remedies, including revocation of license when the failure to correct meets the conditions specified in Section 1009. The intent of a directed plan of correction is to achieve correction of identified deficiencies and compliance with applicable rules.

1007 DIRECTED IN-SERVICE TRAINING

- a. *Required training.* OLTC may require the staff of a facility to attend an inservice training program if education is likely to correct, or is likely to assist in correcting, cited deficiencies. The Office of Long Term Care may specify the time frames in which the training will be performed, the type or nature of the training, and the individual or entities to provide the training.
- b. *Action following training.* After the staff has received in-service training, if the facility has corrected the violations or deficiencies that led to the imposition of remedies, OLTC may impose one or more other remedies.
- c. *Payment.* The facility pays for directed in-service training.

1008 TRANSFER OF RESIDENTS OR CLOSURE OF THE FACILITY AND TRANSFER OF RESIDENTS

- a. *Transfer of residents, or closure of the facility and transfer of residents in an emergency.* OLTC has the authority to transfer residents to another facility when:
 1. An emergency exists wherein the health, safety, or welfare of residents are imperiled, and no other remedy exists that would ensure the continued health, safety or welfare of the residents;
 2. A facility intends to close but has not arranged for the orderly transfer of its residents at least thirty (30) days prior to closure.
 3. The facility exceeds its bed capacity as indicated or stated on the facility's license, or accepts more residents than the facility has

number of beds as indicated or stated on the facility's license, unless granted a waiver by the Office of Long Term Care.

- b. *Required transfer when a facility's assisted living facility license is terminated.* When a facility's license is terminated, or when the facility closes either voluntarily or involuntarily, OLTC may assist in the safe and orderly transfer of all residents to another facility.
- c. When the Office of Long Term Care orders transfer of residents from a facility, the Office of Long Term Care may:
 - 1. Assist in providing for the orderly transfer to other suitable facilities or make other provisions for the residents' care and safety.
 - 2. Assist in or arrange for transportation of the residents, their medical records and belongings, assist in locating alternative placement, assist in preparing the resident for transfer, and permit the residents' legal guardians or responsible party to participate in the selection of the residents' new placement.
 - 3. Unless transfer is due to an emergency, explain alternative placement options to the residents and provide orientation to the placement chosen by the resident or their guardian or responsible party.
- d. *Notice of Transfer Remedy.* Unless transfer is due to an emergency, the Office of Long Term Care shall provide the facility from which the residents are to be transferred at least fifteen (15) days notice of the proposed transfer.

1009 TERMINATION OF LEVEL I ASSISTED LIVING FACILITY LICENSE

- a. The remedy of termination or revocation of licensure is a remedy of last resort, and may be imposed only in accordance with law or as set forth in Section 1009(b), below.
- b. *Basis for termination.* OLTC may terminate a facility's Level I assisted living facility license if a facility:
 - 1. Permits, aids or abets in the commission of any unlawful act in connection with the operation of the Level I assisted living facility;

2. Refuses to allow entry or inspection by the Office of Long Term Care;
3. Fails to make any or all records set forth in Section 1001(d) available to representatives or agents of the Department or the OLTC, unless such refusal is made pursuant to court order or during the pendency of an appeal specifically on the issue of the release of the records, or the records are records created by the quality assessment unit;
4. Closes, either voluntarily or through action of the State;
5. Operator or owner refuses to obtain a criminal record check of any individual required to undergo a criminal record check pursuant to the Rules for Conducting Criminal Record Checks for Employees of Long Term Care Facilities or pursuant to Ark. Code Ann. §20-33-201, *et seq.*;
6. Is cited for a third Class A violation within six months of the citation of the first Class A violation, or is cited for a third Class B violation within six months of the citation of the first Class B violation, in accordance with Ark. Code Ann. § 20-10-205 and § 20-10-206; or,
7. Has conditions wherein the health, safety, or welfare of resident are imperiled, and no other remedy exists that would ensure the continued health, safety, or welfare of the residents.

1010 DENIAL OR SUSPENSION OF NEW ADMISSIONS

The Office of Long Term Care may deny to, or suspend the ability of, a facility to admit new admissions upon the imposition of a Class A violation as defined and set forth in Ark. Code Ann. § 20-10-205 and § 20-10-206.

1011 CIVIL MONEY PENALTIES

The Office of Long Term Care may impose civil money penalties in accordance with Ark. Code Ann. § 20-10-205 and § 20-10-206.

1012 CLOSURE

Any Level I assisted living facility that closes or ceases operation or surrenders or fails to timely renew its license must meet the rules then in effect for new construction and licensure to be eligible for future licensure. Closure of a facility shall result in the immediate revocation of the license.

A facility that closes or is unable to operate due to natural disaster or similar circumstances beyond the control of the owner of the facility, or a facility that closes, regardless of the reason, to effectuate repairs or renovations, may make written request to the Office of Long Term Care for renewal of the facility license to effect repairs or renovation to the facility. The Office of Long Term Care may, at its sole discretion, grant the written request.

If the request for licensure renewal is granted, the Office of Long Term Care will provide written notification to the facility, which will include deadlines for various stages of the repairs or renovations, including the completion date. In no event shall the completion date set by the Office of Long Term Care extend beyond twenty-four months of the date of the request; provided, however, that the deadlines may be extended by the Office of Long Term Care upon good cause shown by the facility. For purposes of this rule, *good cause* means natural disasters or similar circumstances, such as extended inclement weather that prevents repairs or construction within the established deadlines, beyond the control of the owner of the facility. *Good cause* shall not include the unwillingness or inability of the owner of the facility to secure financing for the renovations or repairs. The facility shall comply with all deadlines established by the Office of Long Term Care in its notice. Failure to comply with the deadlines established by the Office of Long Term Care shall constitute grounds for revocation of the license, and for denial of re-licensure.

1100 INFORMAL DISPUTE RESOLUTION (IDR)

When a long term care facility does not agree with deficiencies cited on a Statement of Deficiencies, the facility may request an IDR meeting of the deficiencies in lieu of, or in addition to, a formal appeal. The Informal Dispute Resolution (IDR) process is governed by Act 1108 of 2003, codified at Ark. Code Ann. § 20-10-1901 *et seq.*

The request for an informal dispute resolution of deficiencies does not stay the requirement for submission of an acceptable plan of correction and allegation of compliance within the required time frame or the implementation of any remedy, and does not substitute for an appeal.

1101 REQUESTING AN INFORMAL DISPUTE RESOLUTION (IDR)

A **written request** for an informal dispute resolution must be made to the Arkansas Department of Health, Health Facility Services, 5800 West 10th, Suite 400, Little Rock, AR 72204 within ten calendar days of the receipt of the Statement of Deficiencies from the Office of Long Term Care. The request must:

1. List all deficiencies the facility wishes to challenge; and,
2. Contain a statement whether the facility wishes the IDR meeting to be conducted by telephone conference, by record review, or by a meeting in which the parties appear before the impartial decision maker.

1002 MATTERS WHICH MAY BE HEARD AT IDR

The IDR is limited to deficiencies cited on a Statement of Deficiencies. Issues that may not be heard at an IDR include, but are not limited to:

1. The scope and severity assigned the deficiency by the Office of Long Term Care, unless the scope and severity allege substandard quality of care or immediate jeopardy;
2. Any remedies imposed;
3. Any alleged failure of the survey team to comply with a requirement of the survey process;
4. Any alleged inconsistency of the survey team in citing deficiencies among facilities; and,
5. Any alleged inadequacy or inaccuracy of the IDR process.

1003 APPEALS TO COURT

Any applicant or licensee who considers himself/herself injured in his or her person, business or property by final Department administrative adjudication shall be entitled to judicial review thereof as provided for by law. All petitions for judicial review shall be in accordance with the Arkansas Administrative Procedure Act as codified at Ark. Code Ann. § 25-15-201, *et seq*