Application for
Arkansas Peer Specialist Program (APSP)
Advanced Peer Recovery Support Specialist (APR)

I. Personal Data

Name: _____

Address: _____

City/State/County/ZIP+4 _____/_____/_____/_____

Phone (h):_____ (cell):_____ (w): _____

E-mail: _____

I. Demographic Information

Please answer the following optional demographics questions. We use this data for statistical and grant-reporting purposes only.

Race/Ethnicity: __ African American   __ Latino/Hispanic   __Native American

__ Asian American   __Caucasian   __ Other _____

Gender: __ Male __ Female   __Non-Binary __ Other   __ Prefer Not to Say

Age: __ 18-20   __ 21-24   __ 24-44   __ 45-64   __ 65-74   __75+

III. <u>APR Eligibility & Application Requirements</u>

Please note: Incomplete applications will not be reviewed. Please complete all application sections and include all required supporting documentation.

<u>Candidate must:</u>

1. Submit a completed and signed Advanced Peer Recovery Specialist Application.

2. Submit a copy of current PR credential.

3. Attest to a minimum of two (2) years of recovery from a substance use and/or mental health disorder

4. Submit a signed and dated copy of the Arkansas Peer Recovery Code of Ethics to attest that they have read, understand, and will adhere to the Code of Ethics.

IV. <u>Recovery Questions</u>

1. What is your primary area of recovery?   __ Substance Use   __ Mental Health   __ Co-occurring

2. Do you currently take Suboxone, Subutex or Methadone?   __Yes   __No

3. Have you gone through training before?   __Yes   __No
   Date of previous training: _____

   Reason for not pursuing:

   _____
   _____

   Reason for letting lapse:

   _____
   _____

4. Please describe multiple pathways to recovery and how you have practiced this principle in your work:

   _____

   _____

5. How has your definition of recovery changed since becoming a Peer Support Specialist?

   _____

   _____

6. How are you maintaining your recovery today? How do you plan to maintain it in the future? (Do not include what you do for work)

_____

_____

V. <u>Peer Support Questions</u>

1. **Peer Recovery Statement:** Briefly describe your experience as a Peer Specialist.

_____

_____

_____

2. Please explain why you want to become an Advanced Peer Support Specialist:

_____

_____

_____

3. Please list your strengths and challenges:

_____

_____

_____

4. List and briefly describe the four domains of Peer Recovery:

_____

_____

_____

5. Briefly explain Peer Ethics and when you would report a potential ethical violation:

_____

_____

_____

6. Describe how you have used your core training:

_____

VII. Peer Supervisor (PRPS) Reference Evaluation

Candidate's Name: _____

Supervisor's Name: _____

Supervisor's Title: _____

Company's Name: _____

Work Phone: (____)- _____-_____   Cell Phone: (____)-_____-_____

Email Address: _____

Length of relationship: _____

PEER SKILLS SELF-ASSESSMENT

Using the rating scale below, rate your Supervisees current ability to perform the following coaching skills.

5= They can do this easily and effortlessly
4= They can perform this skill, and there is room for improvement
3= They can perform this skill with support (reminders, supervision)
2= They are learning this skill
1= They don't have this skill

SKILL/KNOWLEDGE	RATING	COMMENTS
Interpersonal Skills		
They are a good listener		
They can paraphrase content accurately		
They can reflect feelings accurately		
They treat others with respect and dignity		
They keep their cool when they disagree with another person or people.		
They can summarize conversations		

They can present their point of view.		
They can use questions well		
Recovery Support Skills		
They can roll with resistance		
They know how to support a person's self-efficacy		
They can elicit change talk		
They know the stages of change		
They can match interventions to a stage of change		
They understand the process of recovery		
They use their recovery story to inspire others		
They use their recovery story to educate others		
Recovery & Community Resources		
They understand the difference between medical and social models of recovery		
They can write a SMART goal		
They understand and apply the concept of *recovery capital* to my work		
They help people identify their support needs		

They know how to access critical community resources		

Health, Wellness, and Recovery

They know the dimensions of health		
They know the components of healthy lifestyles		
They know how to work with healthcare professionals		
They know how to support a person by accessing health services		
They support individuals to increase their adherence to regular health care		
They can accompany individuals to their appointments or meetings		

Peer Recovery Ethics

They understand the code of ethics for peer specialists		
They can recite the values of peer support		
They trust their instincts when it comes to ethical behavior		
They know when to ask for help with an ethical dilemma		

Cultural Awareness and Competence

They can identify their own biases and cultural influences		

They can explore another person's beliefs, values, and cultures		
They can explore stereotypes that influence their worldview		
They have skills to explore cultural differences		
General Worker Skills		
They can describe desirable work competencies		
They can identify their own worker strengths and areas for improvement		
They know how to acquire the skills that are needed to succeed as a Peer Support Specialist		
They can get along with co-workers and people in authority		
They can use their problem-solving skills on the job		
They use supervision well		
They have the required computer skills		
They recognize "triggers" in their work environment		
Self-Care and Peer Support		
They have a self-care plan, and follow it		
They can name sources of stress in their life		

They strive to minimize stress		
They know how to ask for help when work/life balance gets hard		
They use coping strategies to "get through" a tough day		
They have a wide range of coping strategies to use on the job		
Communication		
They treat others with respect and dignity.		
If something is unfair, it's hard for them to keep their cool.		
They can ask for assistance/help when needed without feeling bad about themselves		
People tell them that they're a good listener		
They can communicate clearly in writing.		
Teamwork		
They would be happy working in a diverse environment.		
According to others, they are dependable.		
They use self-evaluation as a daily tool.		
They take responsibility for their own actions and don't make excuses or blame others		

When working in a group, they tend to do more than their share, as it feels easier than depending on others		
They get along with most people and go out of their own way to build relationships		
Decision Making/Problem Solving		
They can analyze the situation and figure out a solution.		
They believe that breaking tasks down into smaller pieces is usually the best way to solve a problem		
They're uncomfortable with conflict and tend to just keep their mouth shut.		
They find it easier to work on a problem when they receive support		
Organization/Time management		
They are able to work independently, without close supervision.		
They are able to keep their cool, even when things get busy and chaotic.		
They find it unsettling when their planning is frequently disrupted.		
They are very detail oriented.		
Obtain and Process Information		

They are curious and enjoy learning new things.		
They know how they learn and can communicate it to their supervisor.		
When they're learning something new, they need time to practice it with feedback before they're confident that they can do it.		
Proficiency with Computer Software Programs		
They can easily navigate an e-mail program.		
They fear computers		
They know how to use word processing programs such as Microsoft Word.		
They can create a PowerPoint presentation.		
Strong Work Ethic		
They use good judgment and think through the consequences of their actions, not just for themselves but also for their company and profession.		
They know their Code of Ethics and live through them daily.		
People can count on them.		
Working with Diverse Communities		

They are interested in learning about people from different places or different cultures.		
They are interested in socializing with people from different cultures.		
They believe it's important for treatment and support settings to make adaptations to meeting the needs of people from diverse communities.		
Flexibility/Adaptability		
They can flow with change.		
They find juggling tasks and priorities stressful.		
They have no difficulty adapting to new working environments.		
They find it incredibly difficult when they're right in the middle of something and have to change directions.		
Total Rating:		85 points possible
Average Rating:		[Total score] ÷ 17 = Average Rating

SCORING INTERPRETATION:

- **72-85:** Exemplary knowledge and conduct; recommended for training.
- **54-71:** Minor improvements needed; Eligible for training.
- **36-53:** Formal action and training recommended; moderately eligible for training.
- **18-35:** Significant action required; Poorly eligible for training.
- **0-17:** Immediate intervention necessary; Ineligible for training.

_____ *"I recommend the candidate for the Advanced Peer Recovery Training."*

_____ *"I do not recommend the candidate for the Advanced Peer Recovery Training."*

"I herby certify that all of the information given herein is true and complete the best of my knowledge and belief."

_____   _____

Supervisor Signature   Date

_____   _____

Candidate's Signature   Date

"I attest that I have a minimum of two (2) consecutive years of recovery from substance use and/or mental health disorder."

➢ Signature: _____   Date: _____/_____/_____

"I attest that I have maintained a minimum of two (2) consecutive years of abstinence from illicit drugs and alcohol."

➢ Signature: _____   Date: _____/_____/_____

Please return this application and supporting documents to Michael Little with NAADAC via email.

mlittle@naadac.org