



ARChoices in Homecare Waiver

ARChoices in Homecare (“ARChoices”) is a Medicaid waiver program that provides home and community-based services to eligible adults with physical disabilities and people aged 65 or older.



PROGRAM GOAL: To provide services that enable beneficiaries to live independently in their own home or community

How do ARChoices Services Help Beneficiaries?

Services provided through the ARChoices program help beneficiaries do everyday activities that they may no longer be able to do for themselves, like bathing, dressing, getting around their home, preparing meals, or doing household chores.

What are the Eligibility Requirements for Receiving Services?

To be eligible to receive services through the ARChoices Waiver, applicants must meet all the following requirements:

1. Be aged 21 through 64 years old with a physical disability OR be aged 65 and older
2. Meet established financial criteria
3. Meet the nursing home admission level of care criteria

For more information about eligibility, visit access.arkansas.gov or contact Access Arkansas at 855-372-1084

Who is Responsible for Administering the ARChoices Program?

This ARChoices Waiver is operated by the Division of Aging and Adult Behavioral Health Services (DAABHS), under the administrative authority of the Division of Medical Services (DMS).










How does ARChoices Differ from the Independent Choices Program?

In some situations, beneficiaries can hire and choose their own providers for personal care services through a self-direction program called Independent Choices. Learn more about this program here: <https://humanservices.arkansas.gov/divisions-shared-services/provider-services-quality-assurance/information-for-providers/self-direction-independent-choices/>



What Services Can Be Provided through ARChoices?

The ARChoices program offers several services to eligible Medicaid beneficiaries. The specific services a person receives depends on their unique needs.

-  **Attendant Care Services:** Direct human assistance with tasks such as eating, dressing, bathing, activities of daily living (ADLs), meal planning, laundry, shopping for essentials.
-  **Adult Day Health:** Services that aim to maximize the beneficiary's capacity to function independently, including rehabilitative services, pharmaceutical supervision, therapeutic and supportive health, and social services and activities.
-  **Adult Day Services:** Services provided in a group program designed to provide care and supervision to meet the needs of four or more beneficiaries in a place other than their home.
-  **Case Management:** Each beneficiary person-centered service plan (PCSP) will include Medicaid State Plan targeted case management, unless refused. Case managers are responsible for monitoring the beneficiary's status on a regular basis for changes in their need and for reporting complaints or changes to the PCSP.
-  **Environmental Accessibility Adaptions / Adaptive Environment:** Physical adaptations to the home noted in the beneficiary's PCSP as necessary to ensure the health, welfare, and safety of the beneficiary. These adaptations enable beneficiaries to live more independently in their home or community.
-  **Home-Delivered Meals:** Beneficiaries may receive one meal per day of nutritional content equal to one-third of the Recommended Daily Allowance. This service is designed for beneficiaries who are unable to prepare meals, and who do not have an informal provider to do meal preparation.
-  **Personal Emergency Response System (PERS):** Beneficiaries may receive an in-home, 24-hour electric support system with two-way verbal and electronic communication with an emergency control center. The system includes an electronic device that enables beneficiaries to secure help in an emergency.
-  **Prevocational Services:** Comprises a range of learning and experiential type activities that prepare a participant for paid employment or self-employment in the community. Beneficiaries may learn general employment skills relevant to their pre-employment needs. They can also receive career exploration guidance to develop an individual career path.
-  **Respite Care:** Temporary care provided at home or in the community, to beneficiaries who are unable to care for themselves when their primary caregiver is absent or needs short-term relief.