

# Medicaid Populations and Mental Health Services

## Traditional Medicaid Beneficiaries

**Total Child eligibility 0-211% FPL 473,094 Adult eligibility 0-17% FPL or other categories 299,899**

- Need outpatient counseling services provided in an office, clinic or school setting
- Need medication management by a psychiatrist or primary care physician
- Can be stabilized quickly in a hospital and connected to outpatient counseling and medication management

## **PASSE Beneficiaries**

**BH children 34,151 BH Adult 14,848 IDD children 1,626 IDD adult 5,810**

- Are not responding to outpatient counseling services
- Have functional deficits due to mental health diagnosis
- Need home and community-based services or services in residential or institutional settings

## **ARHOME Beneficiaries**

**Total 340,941 healthy adults aged 19-64 19-133% FPL**

- Can access outpatient counseling and full range of SUD services through Qualified Health Plans

# Child/Youth BH Continuum – Current Services

Increasing intensity of services



Counseling	Home & Community Based Services (HCBS)	Residential HCBS	Psychiatric Residential Treatment Facility (PRTF)	Psychiatric Hospital Sub-Acute Unit
<ul style="list-style-type: none"> <li>• Individual</li> <li>• Family</li> <li>• Group</li> <li>• Crisis Intervention</li> </ul> <p><i>Provider types:</i> OBHA or ILP/ILP groups</p>	<ul style="list-style-type: none"> <li>• Behavioral Assistance</li> <li>• Child and Youth Support</li> <li>• Life Skills Development</li> <li>• Planned Respite</li> <li>• Family Peer Support Partner</li> <li>• Crisis Stabilization Intervention</li> </ul> <p><i>Provider types:</i> OBHA or CSSP</p>	<ul style="list-style-type: none"> <li>• Residential Community Reintegration Program</li> </ul> <p><i>Provider types:</i> OBHA or CSSP</p>	<ul style="list-style-type: none"> <li>• Residential Treatment Center</li> </ul> <p><i>Provider types:</i> U21 Inpatient Psychiatric RTC</p>	<ul style="list-style-type: none"> <li>• Residential Treatment Unit</li> <li>• Inpatient Stay (short-term stabilization)</li> </ul> <p><i>Provider types:</i> U21 Inpatient Psychiatric RTU, psych hospital or hospital with psych unit</p>

← Crisis Services →

Acute crisis unit beds

# Adult BH Continuum – Current Services

Increasing intensity of services



Counseling	Home & Community Based Services (HCBS)	Transitional Housing	Residential HCBS	Hospital
<ul style="list-style-type: none"> <li>• Individual</li> <li>• Family</li> <li>• Group</li> <li>• Crisis Intervention</li> </ul> <p><i>Provider types:</i> OBHA or ILP/ILP groups</p>	<ul style="list-style-type: none"> <li>• Adult Rehab Day Service</li> <li>• Supportive Employment</li> <li>• Supportive Housing</li> <li>• Adult Life Skills Develop</li> <li>• Peer Support</li> <li>• Aftercare Recovery</li> <li>• Assertive Community Treatment</li> <li>• Crisis Stabilization Intervention</li> </ul>	<ul style="list-style-type: none"> <li>• Not a Medicaid reimbursable service but often needed to for individuals who don't meet the level of need for Therapeutic Communities but need housing and additional supports</li> </ul> <p><i>Provider types:</i> OBHA or CSSP</p>	<ul style="list-style-type: none"> <li>• Therapeutic Communities</li> </ul> <p><i>Provider types:</i> OBHA or CSSP</p>	<ul style="list-style-type: none"> <li>• Inpatient Psychiatric Units in General Hospitals</li> </ul> <p><i>Provider types:</i> General Hospital</p>



Crisis Services



Crisis stabilization units / acute crisis unit beds

# Medicaid BH Certified Provider Type Progression

## RSPMI Providers

- Certified to provide both counseling and paraprofessional services to Medicaid beneficiaries with mental health diagnosis
- Used professionals to provide counseling services and develop treatment plans
- Treatment plans included both professional and paraprofessional services
- Agencies provided training, certification and supervision of paraprofessionals (MHPP)

## OBHA and ILP

- OBHA certified to provide both counseling and paraprofessional services to Medicaid beneficiaries with mental health diagnosis and to those with mental health diagnosis and functional deficit
- OBHA continued to provide both counseling services as well as professional supervision of QBHPs and used treatment plans
- ILPs were added for individuals with independent licensees to provide counseling service individually or as part of a group of ILPs

## CSSP Intensive

- Will allow agencies to employ professionals and paraprofessionals to deliver HCBS with the needed professional to lead a team to deliver services to address functional deficits of individuals with a mental health diagnosis and behavioral needs of individuals with an IDD diagnosis
- Professional team lead would not be limited to counselors and psychiatrists but could include other professionals experienced in treating conditions causing the functional deficit

# Community Supports Systems Provider (CSSP)

- Currently two levels of CSSP that combined the HCBS provided by OBHA and CES Waiver providers
- Must have a provider type that can provide HCBS overseen by a professional. We must relink clinical and functional again.
- Propose 3 levels of CSSP
  - Base-HCBS that do not need professional oversight
  - Intensive-HCBS that need professional oversight
  - Enhanced-Therapeutic Communities and Residential Community Reintegration Program
- OBHA providers may transition to CSSP Intensive
  - Mimic many requirements from OBHA certification
  - With CSSP Intensive , the core services of the CSSP provider type are the HCBS services

# CSSP Certification: Three Levels

## Enhanced

- Therapeutic Communities
- Residential Community Reintegration Program
- Outpatient Acute Crisis Units
- 8 Bed IDD Group Homes

## Intensive

- Assertive Community Treatment (ACT)
- Peer Support
- Aftercare Recovery Support
- Intensive In Home Services (ACT like service for children/youth)
- Behavioral Assistance
- Child and Youth Support
- Family Support Partners
- Crisis Stabilization Intervention

## Base

- Adult Life Skills Development
- Supportive Employment
- Supportive Housing
- Life Skills Development Individual and Group
- Planned Respite
- Supportive Living
- Supplemental Support

# CSSP Intensive Certification From OBHA Certification Requirements

- No changes will be made to the OBHA Certification Manual and existing providers who do not choose to receive a CSSP Intensive Certification will continue to follow current manual
- Many of the certification requirements in OBHA certification manual were added to address the needed oversight for paraprofessionals provided by Licensed Mental Health Professionals
- The Intensive CSSP certification will address the payment and workforce issues that have been identified through changing requirements for provision of HCBS and use of team-based approaches
- The OBHA certification requirements that will be addressed in the CSSP Intensive certification requirements:
  - Accreditation
    - Accreditation requirement is changed for accreditation for home and community-based services instead of outpatient behavioral health care provider
    - Commission on Accreditation for Rehabilitative Facilities, The Joint Commission, Council on Accreditation will be accepted, and Council on Quality and Leadership will be added
  - Sites
    - Home Office in AR will be required
    - Additional certified sites and 50-mile service provision requirements will not be moved over

# CSSP Intensive Certification From OBHA Certification Requirements

- Staffing
  - Clinical Director will be a requirement for CSSP Intensive
  - Mental Health Professional will remain, and CSSP team lead professional will be added to include RNs and other professionals who treat the population
  - Peer supervisor section will be added
  - MHP supervision will be clarified to reflect the need for supervision of non-independently licensed professionals for services delivered to PASSE members
  - Requirement for Cooperate Compliance Office, Privacy Officer, Quality Control Manager, Grievance Officer will be combined
  - Medical Director will be moved to consultative role to support medication management, diagnostic and guidance for clinically or medically complex cases and to support integrated care
  - Licensed Psychologist will be defined with similar consultative role

# CSSP Intensive Certification From OBHA Certification Requirements

- Teams
  - CSSP Professional will add language for additional professionals to lead teams of paraprofessionals and peers to deliver services and supports to individuals with functional deficits related mental health condition or intellectual disability
- Service Extender
  - All language referencing QBHPs as “service extenders” will not be moved over