



# 2020 VOLUNTEER RESPITE TRAINING



- Do you provide care for a family member?
- Do you volunteer to care for someone outside your family?

**FREE** Respite Training for Volunteer Respite Providers, Family Caregivers, and Community and Faith-based Groups

**REST** (Respite Education and Support Tools) is an evidence-based training program delivering education and support to those offering a break to caregivers

An all-day training in

Fort Smith-March 5- LJHoward@uams.edu  
El Dorado-April 22- NYarbrough@uams.edu  
Jonesboro-April 14- VWFielder@uams.edu  
Little Rock-April 27&28- DBLeblanc@uams.edu  
Bryant-March 12- CMClausen@uams.edu  
Springdale-June 19- KSweetser@uams.edu  
Texarkana-March 31- CarrollSuzanneM@uams.edu

**7 Hours  
of CEUs  
Available!**

This is a free event, but you must register.

**[UAMScaregiving.org](http://UAMScaregiving.org)**

For more information, please call

**501-526-5750**



*The Arkansas Department of Human Services has approved 7.0 Continuing Education (CE) hours for completion of this REST course for Nursing Home Administrators and Licensed Nurses - Approval ID# AR 6323-DAAS19-7 This project is supported, in part, under a grant from the U.S. Department of Health and Human Services, Administration on Aging. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusion. these contents, however, do not necessarily represent the policy of the U.S. Department of Health and Human Services and endorsement by the Federal Government should not be assumed.*