



Infant Mental Health Training Information

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The Division of Aging, Adult, and Behavioral Health Services (DAABHS) will be responsible for determining if a Licensed Mental Health (IMH) Therapist meets the standards and can provide Medicaid-reimbursable Infant Mental Health dyadic therapy services.

If you are interested in submitting an application to become a DHS-approved Infant Mental Health Therapist, please go to the Publications and Documents section on the DHS/DBHS website (<http://humanservices.arkansas.gov/about-dhs/dbhs>) and search for the Infant Mental Health Standards Manual for additional information and the application. The manual can be found under the sub-section titled Manuals.

DAABHS will maintain a list of currently accepted evidence-based models for IMH on the DAABHS website. All IMH Therapists must have the DC: 0-5 training and at least one other evidenced-based, dyadic treatment method. Trainings other than identified on the list below should be presented for prior approval.

Training in evidence-based dyadic treatment is currently being provided by:

- UAMS/ARBEST Trainings website: <http://arbest.uams.edu/>
- To receive ARBEST training notifications, email arbest_info@uams.edu

Training Information and Schedules

- Trauma-focused Cognitive Behavioral Therapy (TF-CBT) training is planned for April 2018
- Parent-Child Interaction Therapy (PCIT) Training is planned for July 2018
- Child-Parent Psychotherapy (CPP) Training is planned for June 2018
- The next DC: 0-5 training is under discussion at this time

Other DHS-approved evidence-based dyadic trainings for an Infant Mental Health Therapist at this time include:

- Attachment & Biobehavioral Catch-Up (ABC)
- Early Pathways
- Filial Family Therapy
- Theraplay
- Child-Parent Relationship Therapy (CPRT)