



## **Infant Mental Health Training Information**

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The Division of Aging, Adult, and Behavioral Health Services (DAABHS) will be responsible for determining if a Licensed Mental Health Therapist meets the standards and can provide Medicaid-reimbursable Infant Mental Health dyadic therapy services.

If you are interested in submitting an application to become a DHS-approved Infant Mental Health Therapist, please go to the Publications and Documents section on the DHS/DBHS website (<http://humanservices.arkansas.gov/about-dhs/daabhs>) and search for the Infant Mental Health Standards Manual for additional information and the application. The manual can be found under the sub-section titled Manuals.

DAABHS will maintain a list of currently accepted evidence-based models for IMH on the DAABHS website. All IMH Therapists must have the DC: 0-5 training and at least one other evidenced-based, dyadic treatment method. Trainings other than what is identified on the list below may be considered by DAABHS with submission of requested documentation, but approval is not guaranteed.

### **DHS-approved evidence-based dyadic trainings for an Infant Mental Health Therapist at this time include:**

- Trauma-focused Cognitive Behavioral Therapy (TF-CBT)
- Parent-Child Interaction Therapy (PCIT)
- Child-Parent Psychotherapy (CPP)
- Attachment & Biobehavioral Catch-Up (ABC)
- Early Pathways
- Filial Family Therapy
- Theraplay
- Child-Parent Relationship Therapy (CPRT)

### **Training in evidence-based dyadic treatment is currently being provided by:**

- UAMS/ARBEST Trainings website: <http://arbest.uams.edu/>
- To receive ARBEST training notifications, email [arbest\\_info@uams.edu](mailto:arbest_info@uams.edu)
- Other providers, universities, or institutions may offer the approved trainings. Please verify that the training is a certified program prior to enrollment.

### **Scheduled DC: 0-5 Trainings:**

- March 25-26, 2019 in Little Rock
- April 25-26, 2019 in Fayetteville
- Registration will be available at [www.midsouth.ualr.edu/registration](http://www.midsouth.ualr.edu/registration) when venue locations have been confirmed. Please continue to check the registration link for availability.

Please contact Lindsay Collins at [Lindsay.Collins@dhs.arkansas.gov](mailto:Lindsay.Collins@dhs.arkansas.gov) regarding future DC: 0-5 trainings.