

We want to help you.

If you receive ARChoices Medicaid services, contact your DHS-DAAS RN that does your assessment.

If you are not receiving ARChoices waiver services, call Palco at:

1-866-710-0456



YOU are the BOSS and recognized as the expert in knowing what is best for you! Ceolar Maclain

Do you need in-home personal care services?



PUB-416 (Rev. 06/18)

Independent Choices

You get to choose.



What is Independent Choices?

With Independent Choices, a Medicaid program, you remain in your home.

This flexible program also allows you to decide who provides your personal care services. And when and how these services are delivered.

Hiring my mother makes me feel independent. I know she is always there. She knows what I like and what I don't like.

Matt Crane



What is personal care?

Personal care is hands-on help with bathing, dressing, grooming, getting to-and-from the bathroom, etc. If you are eligible for hands-on personal care, these are services you may qualify.

Am I eligible?

You are eligible if:

- You are already enrolled in the ARChoices Medicaid program, **AND**
- You receive Medicaid in a category that covers attendant care services or covers personal care services. **AND**
- You are willing to accept the responsibilities of directing your in-home services.

What are the benefits?

- You hire your worker(s) like a friend or family member.
- You set your worker's hours & rate of pay based on assessed need.
- You train and supervise your worker(s) on how you want your personal care and in-home services provided.

How do I become a boss?

If you receive ARChoices services, contact your DAAS RN that does your assessment.

If you are not receiving ARChoices services, call Palco at **1-866-710-0456**.

- A customer service representative will ask you questions to see if you might be eligible.
- An in-home assessment by someone connected with DHS determines if you need in-home help.
- Your Medicaid doctor must approve the in-home assessment.
- You must visit your doctor within 60 days of the DHS assessment.
- Palco will send a counselor to your home to help you prepare for responsibilities as an employer.
- If enrolled, Palco will serve as your bookkeeper and pay your worker's correct timesheet.