

About Arkansas Lifespan

ALRC Working together



Arkansas Lifespan Respite Coalition is comprised of family caregivers as well as staff from organizations with outreach across the state, representing all populations regardless of



age, income, cultural or ethnic background, or need/disability of the care recipient.

Mission

To support and promote the development of a comprehensive, statewide respite and crisis care system that is responsive to the needs of caregivers and their families, and enhances the quality of life for all individuals.

Vision

Create an environment within Arkansas where respite and crisis care are readily available and easily accessible to all caregivers through education and awareness.

"There are four kinds of people in this world:

*those who have been caregivers,
those who currently are caregivers,
those who will be caregivers, and
those who will need caregivers."*

First Lady Rosalynn Carter

Come join us!

Families and Professionals Welcome



For more information contact:



Funded through a grant from the
Administration For Community Living
AOA - Lifespan Respite Care Program



Respite (RESS' – pit)

*Respite is simply a way
of giving a temporary
or short-term break to
caregivers.*

1-866-801-3435

<https://humanservices.arkansas.gov/about-dhs/dpsqa/choices-in-living-resource-center/arkansas-lifespan-respite>



Arkansas Lifespan Respite Project

The purpose of the Arkansas Lifespan Respite Coalition (ALRC) is not to act in the role of a direct service provider, but to build a statewide system to identify and coordinate respite care options for families regardless of age, special need, or other characteristics of the person needing care. The Division of Aging and Adult Services in the Arkansas Department of Human Services serves as the central point of contact for the Arkansas Lifespan Respite project across the state.

The ALRC began meeting in March 2013 as an outcome of the 2013 Lifespan Respite Summit that brought together stakeholders statewide who were interested in improving respite services in Arkansas. Since that meeting, the ALRC has continued to meet monthly and in 2014 was awarded a Lifespan Respite Grant that provides funding to help the ALRC attain its goal.

Respite Settings

- The family's home
- A relative's home
- A community setting
- A day care center
- Faith-based respite programs



Goal

To improve the awareness and access of respite information and services available to families across age and disability spectrums by expanding and coordinating existing respite systems in Arkansas.

