

We want to help you.

Call anytime between
8 a.m. and 4:30 p.m. and a
trained DHS advisor can:

- Tell you about the many services and supports that are available to you.
- Give you information about your many good options to living in a nursing home or institution.
- Assist you in receiving the help you need.

So call us today!

Toll Free: 1-866-801-3435
or email us at:

ChoicesInLiving@arkansas.gov



**ARKANSAS
DEPARTMENT OF
HUMAN
SERVICES**

Division of Aging
and Adult Services

**DIVISION OF AGING
& ADULT SERVICES**
ARKANSAS DEPARTMENT OF HUMAN SERVICES

CHOICES
in Living

RESOURCE CENTER

A valuable link to
long-term living
services and supports for
seniors, caregivers and
people with
physical or intellectual/
developmental
disabilities.

1-866-801-3435

What can we do for you?

We can provide information and assistance to connect you with the services and supports you need for long-term living.

Do you need answers?

- Do you need help with your personal care?
- Are you looking for good alternatives to living in a nursing home or long-term care facility?
- Are you trying to find help to care for aging parents?
- Do you need to find help for the care of a family member or friend with a physical disability or intellectual/developmental disability?

What are our services?

When you call us, you can receive the following information:

Options Counseling

Find out about the choices you have for long-term care.

In-Home Services; such as,

- Attendant Care.
- Home-Delivered Meals.
- Personal Emergency Response System (PERS).

Medicaid

Support Groups

Assistive Technology

Home Modifications to improve accessibility and independence.

Disability Resources

Family Caregiver Assistance

Prescription Drug Assistance

Application Assistance

What are our guidelines?

Information and referrals provided by the Choices in Living Resource Center are directed to seniors, caregivers and people with disabilities including intellectual/developmental disabilities.

- There is never a fee for this service.
- Anyone may call.

What is our vision?

Older Arkansans and people with disabilities have choices in how and where they receive long-term care.



Call toll-free:

1-866-801-3435

8 a.m. to 4:30 p.m.

M-F