Dear parents and caregivers:

Most babies and toddlers follow a typical pattern of growth and behavior. Inside are listed some typical behaviors you can expect of your child as he or she grows. Many children will be able to do these things earlier than listed. However, if your child is not doing some behaviors by the age listed, please consider talking with your doctor or a community health nurse. It is very likely not a concern, for all children will develop in their own way. However, children who are slow at showing the behaviors listed inside may benefit from services available to you and your family. The earlier services begin the better for your baby.

Contact
FIRST CONNECTIONS
at 1-800-643-8258
www.arkansas.gov/dhhs/ddds/FirstConn/index.html

- If you have concerns about your child’s development
- to find answers to your questions
- to locate potential help

Developed through the Infant/Toddler Quality Initiative Project, Department of Health & Human Services Division of Child Care and Early Childhood Education.

Arkansas Department of Health & Human Services
Division of Child Care and Early Childhood Education

Good BEGINNINGS

How is your child GROWING?

A checklist of Infant and Toddler Growth
My two month old baby...

- Moves her eyes and/or head to watch a moving toy or person
- Responds to LOUD noises
- Responds to a familiar adult
- Moves his arms and legs actively while on his back
- Coos (ooohs and ahhs) and makes other vocal noises

My four month old baby...

- Reaches for and holds objects
- Puts toys or other things near her mouth
- Holds his head up without help
- Looks at his hands
- Responds to sounds and movement around him
- Enjoys being around people

My six month old baby...

- Rolls from back to stomach
- Sits up with help or support
- Babbles and repeats sounds
- Picks up objects and then puts them in her mouth
- Recognizes familiar people
- Stands or bounces on his legs when held

My nine month old baby...

- Makes speech sounds like mama, dada, baba
- Plays peek-a-boo
- Imitates actions of others like waves bye-bye when mom does it
- Sits alone without support
- Moves objects from one hand to the other hand
- Pulls herself to standing

My twelve month old baby...

- Crawls or moves himself around in some way
- Pulls to standing, lets go, and then keeps standing
- Looks for toys after she watches them be hidden under a pillow or moved behind my back
- Says some familiar words or made up words
- Lets others know what he wants
- Responds to her name

My eighteen month baby...

- Walks alone
- Uses familiar words to get what he wants or needs
- Picks up small objects with her thumb and forefinger
- Plays pat-a-cake
- Goes to familiar adults for help, comfort, and affection

My twenty-four month toddler...

- Uses 2-word phrases like “Go now,” or “More juice”
- Takes off his socks and shoes by himself
- Uses a spoon to feed herself and drinks from a cup
- Carries objects while walking
- Imitates words and actions of adults like feeds a doll or pretends to drive
- Walks, runs, and jumps
- Throws a ball
- Follows simple directions like “Bring me the ball”

My thirty-six month child...

- Can be understood by me and others most of the time when he talks
- Stands on one foot for a moment
- Walks up stairs
- Names familiar objects and people
- Enjoys playing with other children
- Plays with small toys
- Stacks 3-4 blocks
- Enjoys pretend play
- Refers to herself by name
- Begins to use the bathroom by himself