

Dear parents and caregivers:

Most babies and toddlers follow a typical pattern of growth and behavior. Inside are listed some typical behaviors you can expect of your child as he or she grows. Many children will be able to do these things earlier than listed. However, if your child is not doing some behaviors by the age listed, please consider talking with your doctor or a community health nurse. It is very likely not a concern, for all children will develop in their own way. However, children who are slow at showing the behaviors listed inside may benefit from services available to you and your family. The earlier services begin the better for your baby.



Contact **FIRST CONNECTIONS**

at 1-800-643-8258

[www.arkansas.gov/dhhs/ddds/
FirstConn/index.html](http://www.arkansas.gov/dhhs/ddds/FirstConn/index.html)

- If you have concerns about your child's development
- to find answers to your questions
- to locate potential help

Developed through the Infant/Toddler Quality Initiative Project, Department of Health & Human Services Division of Child Care and Early Childhood Education.



Good

BEGINNINGS



How is your child GROWING?

A checklist of Infant and Toddler Growth

Put a check by each behavior you have seen your baby do. Start at the beginning of the list, even if your child is almost three.

My two month old baby...

- ___ Moves her eyes and/or head to watch a moving toy or person
- ___ Responds to LOUD noises
- ___ Responds to a familiar adult
- ___ Moves his arms and legs actively while on his back
- ___ Coos (oohs and ahhs) and makes other vocal noises

My four month old baby...

- ___ Reaches for and holds objects
- ___ Puts toys or other things near her mouth
- ___ Holds his head up without help
- ___ Looks at her hands
- ___ Responds to sounds and movement around him
- ___ Enjoys being around people

My six month old baby...

- ___ Rolls from back to stomach
- ___ Sits up with help or support
- ___ Babbles and repeats sounds
- ___ Picks up objects and then puts them in her mouth
- ___ Recognizes familiar people
- ___ Stands or bounces on his legs when held



My nine month old baby...

- ___ Makes speech sounds like mama, dada, baba
- ___ Plays peek-a-boo
- ___ Imitates actions of others like waves bye-bye when mom does it
- ___ Sits alone without support
- ___ Moves objects from one hand to the other hand
- ___ Pulls herself to standing

My twelve month old baby...

- ___ Crawls or moves himself around in some way
- ___ Pulls to standing, lets go, and then keeps standing
- ___ Looks for toys after she watches them be hidden under a pillow or moved behind my back
- ___ Says some familiar words or made up words
- ___ Lets others know what he wants
- ___ Responds to her name

My eighteen month baby...

- ___ Walks alone
- ___ Uses familiar words to get what he wants or needs
- ___ Picks up small objects with her thumb and forefinger
- ___ Plays pat-a-cake
- ___ Goes to familiar adults for help, comfort, and affection

My twenty-four month toddler...

- ___ Uses 2-word phrases like "Go now," or "More juice"
- ___ Takes off his socks and shoes by him self
- ___ Uses a spoon to feed herself and drinks from a cup
- ___ Carries objects while walking
- ___ Imitates words and actions of adults like feeds a doll or pretends to drive
- ___ Walks, runs, and jumps
- ___ Throws a ball
- ___ Follows simple directions like "Bring me the ball"

My thirty-six month child...

- ___ Can be understood by me and others most of the time when he talks
- ___ Stands on one foot for a moment
- ___ Walks up stairs
- ___ Names familiar objects and people
- ___ Enjoys playing with other children
- ___ Plays with small toys
- ___ Stacks 3-4 blocks
- ___ Enjoys pretend play
- ___ Refers to herself by name
- ___ Begins to use the bathroom by himself

