

Child and Adolescent Functional Assessment Scale

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CAFAS Assesses Day-to-Day Functioning Across 8 Domains



School/Work



Moods/Emotions



Home



**Self-Harmful
Behavior**



Community



Substance Use



**Behavior
Toward Others**



Thinking

CAFAS: The Essentials

Each of the 8 subscales has problems, strengths and goals.

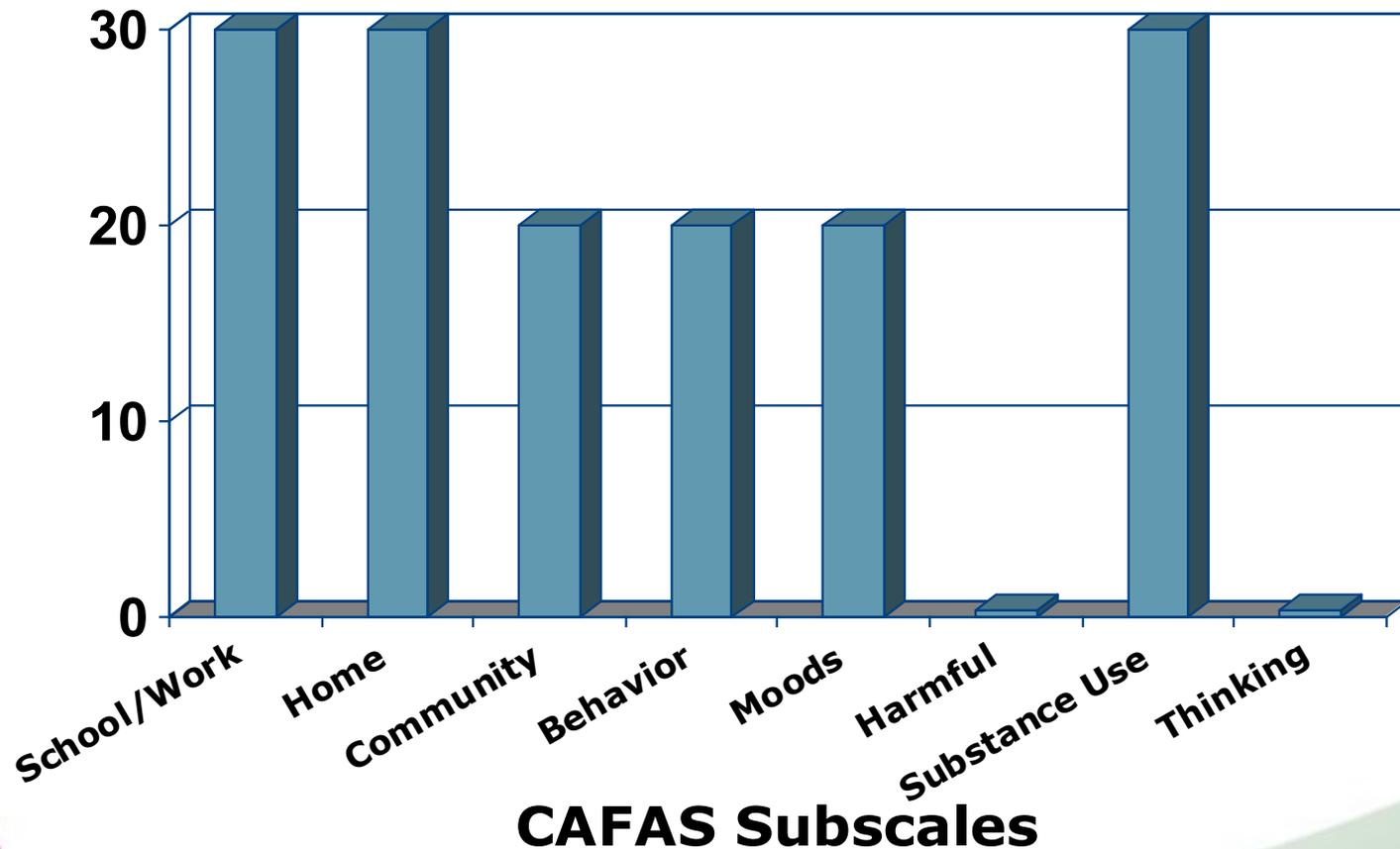
For each Subscale, problems are divided into 4 levels of impairment:

Severe	Moderate	Mild	Minimal/None
30	20	10	0

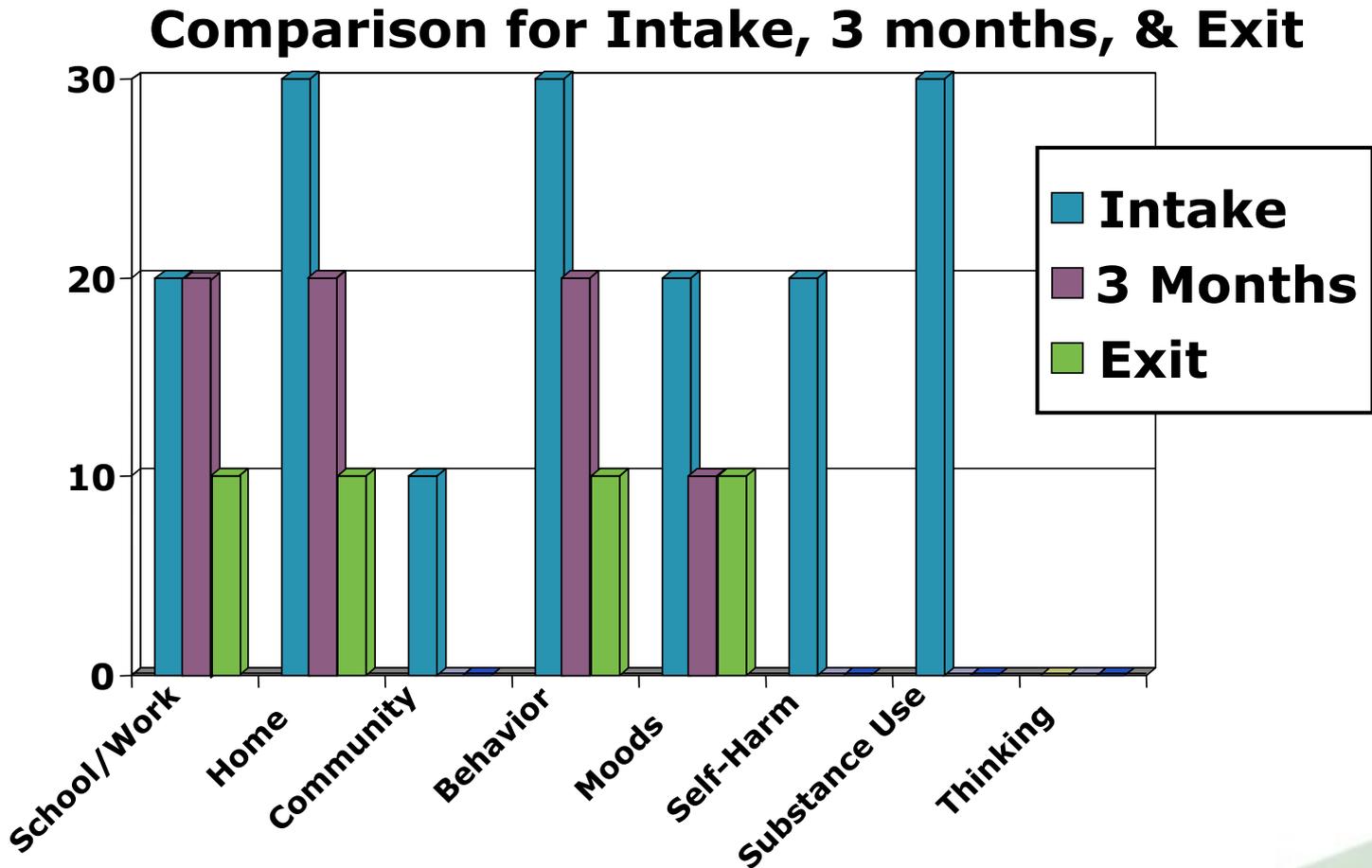
For problems, raters select behavioral descriptors that describe child's severest functioning in the last 3 months.

CAFAS Profile Gives Overview

CAFAS Scale Scores at Intake



Charting Progress Sustains Hope



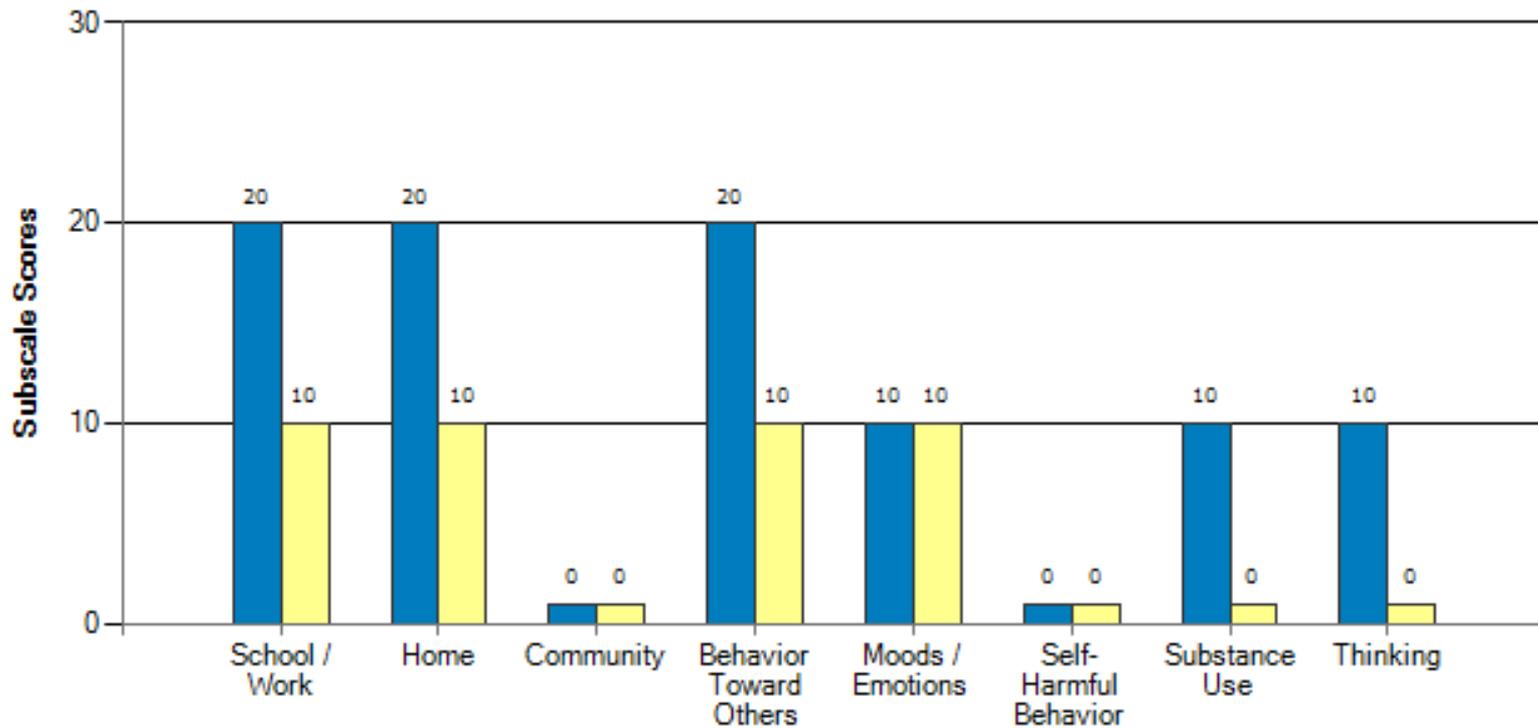


Dashboard Tracks Change Over Time

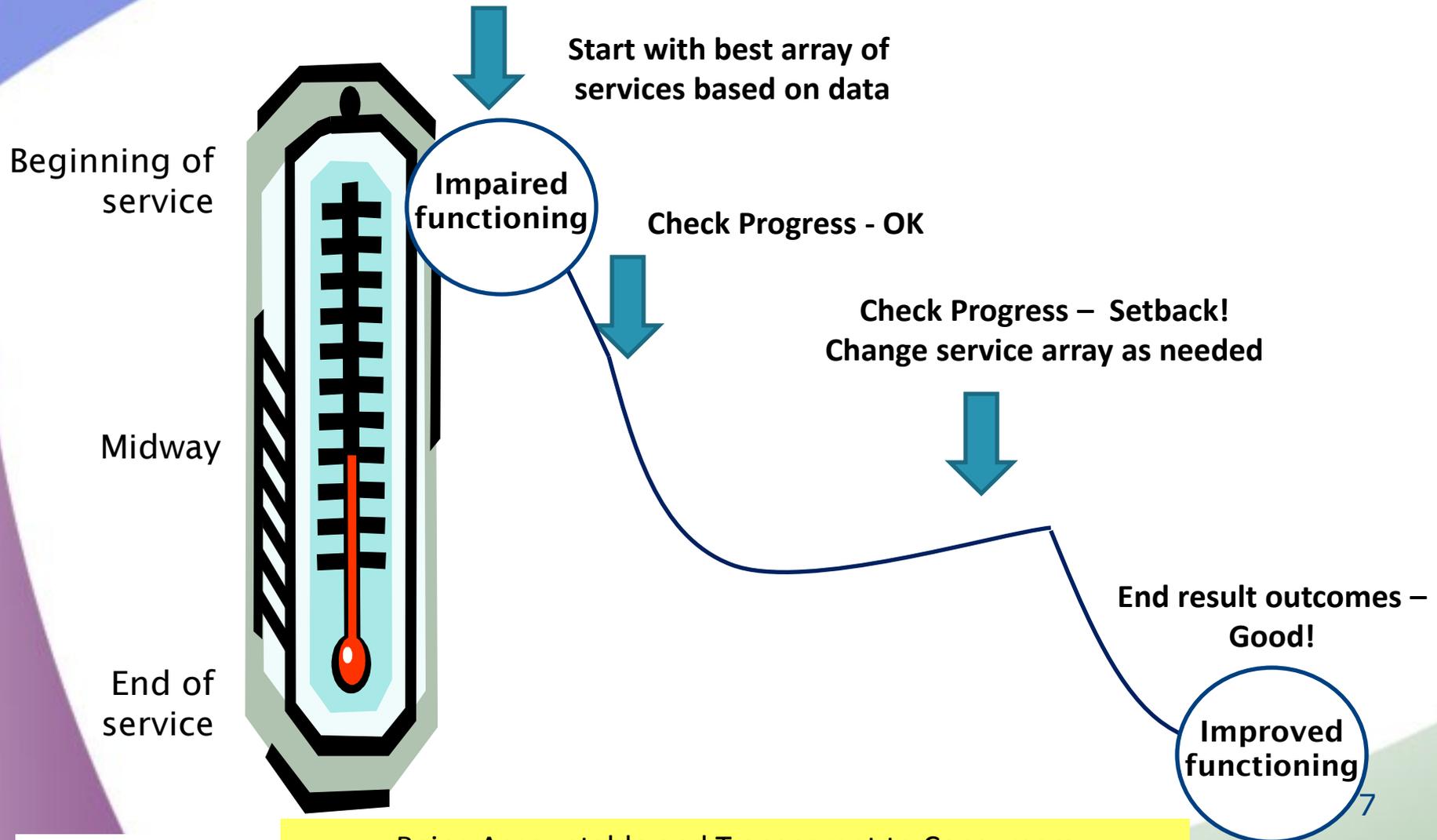
Can track progress during treatment; modify plan as needed

■ Initial - 04/13/2009 - (90)
■ Most Recent - 07/27/2009 - (40)

Impairment by Subscale: Initial and Most Recent Assessments



Driving Towards a Satisfactory Outcome: "Outcome-ometer"



Meaningful Feedback

- **Outcome indicators for individual clients**
- **Outcome by client type for each provider**
- **Outcome indicator for supervisors**
- **Aggregated averages by provider**
- **Aggregated averages for state**

Outcome Indicators

Goal: Reduction in overall impairment

Criteria: Reduce total score by 20 points or more

Total Score

Intake 150

Exit 80



70 point improvement

Outcome Indicators

Goal: Reduce behaviors that jeopardize the youth being in a “normal” environment

Criteria: No severe ratings on any subscales

Severe Impairments

Intake 3

Exit 0

No severe impairments





Supervisors Can Identify Cases Making No Progress – Support!

Meaningful and Reliable Change Indicator

Improved	<u>10 (83%)</u>
Not Improved	<u>2 (17%)</u>
Excluded (Total score \leq 20)	0 (0%)

Pervasive Behavioral Impairment Change Indicator

Improved	<u>7 (58%)</u>
Not Improved	<u>1 (8%)</u>
Excluded (Not pervasively impaired at intake)	<u>4 (33%)</u>

Severe Impairments Change Indicator

Improved	<u>5 (42%)</u>
Not Improved	<u>1 (8%)</u>
Excluded (No severe impairment at intake)	<u>6 (50%)</u>



Supervisor can identify cases deteriorating or staying the same.



Can *drill down* to see specific cases.



Client Types

Thinking Problems (irrationality)

Maladaptive Substance Use

Self-Harmful Potential (includes severe depression)

Delinquency

**Behavior Problems *with* Moderate Mood Disturbance
(School, Home, or Behavior Toward Others)**

Behavior Problems *without* Moderate Mood Disturbance

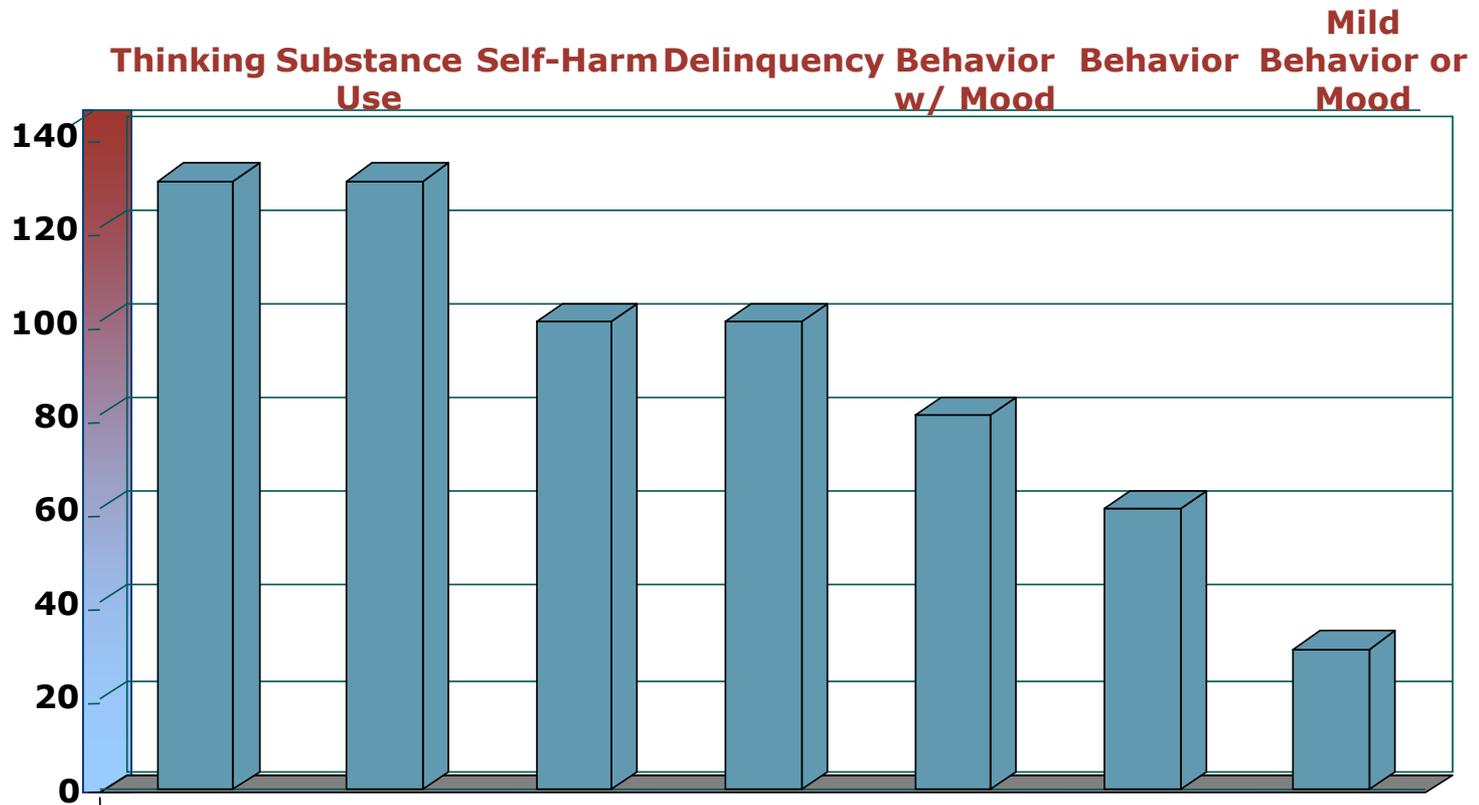
Moderate Mood

Mild Behavioral or Mood Problems

**Adolescent
Specialties**



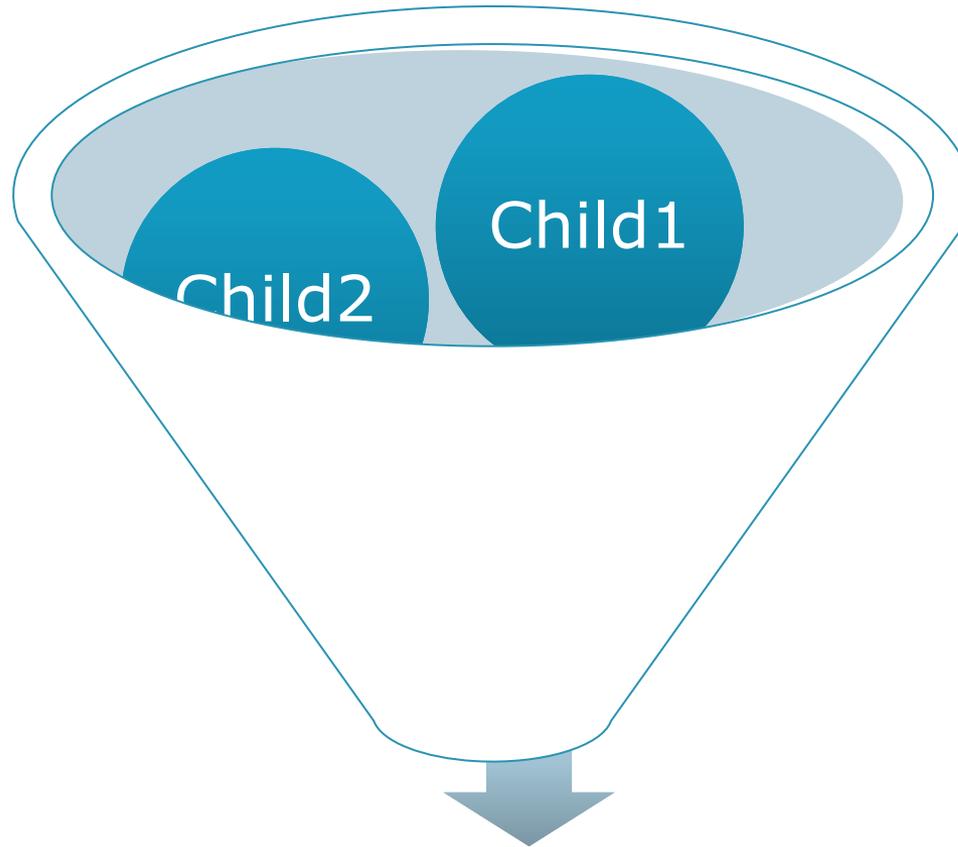
Median CAFAS Score for Client Types at Intake Shows Hierarchy



Aggregated Data

State
County
Organization
Program
Supervisor
Worker
Client

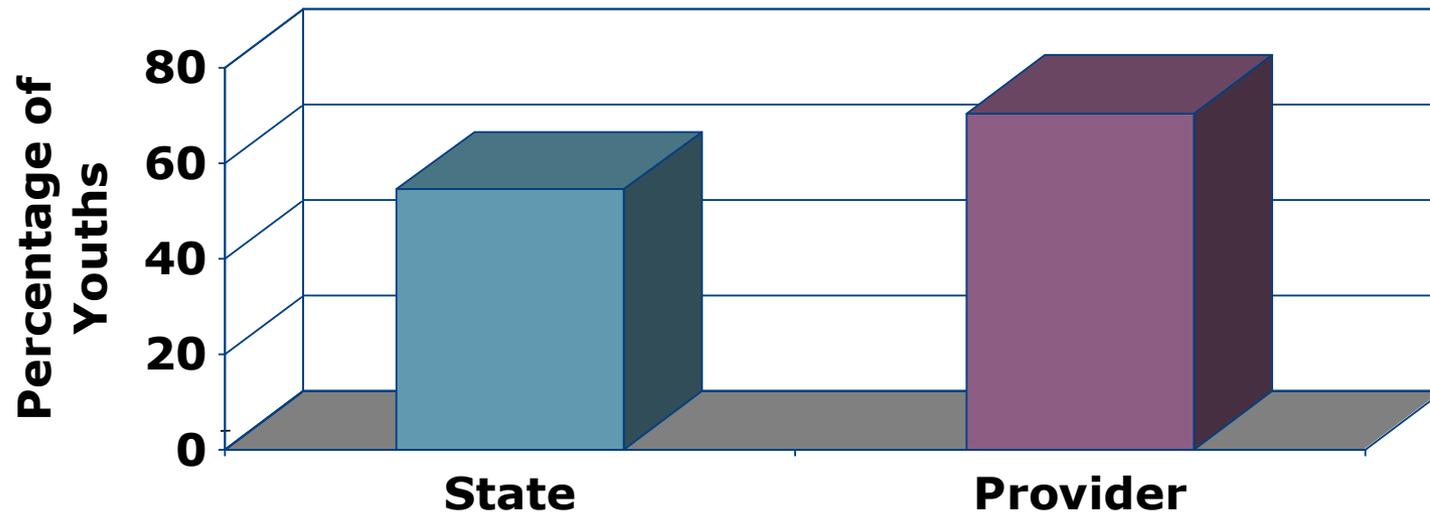
IMPACT Level: Data collapsed across children is Aggregated Data



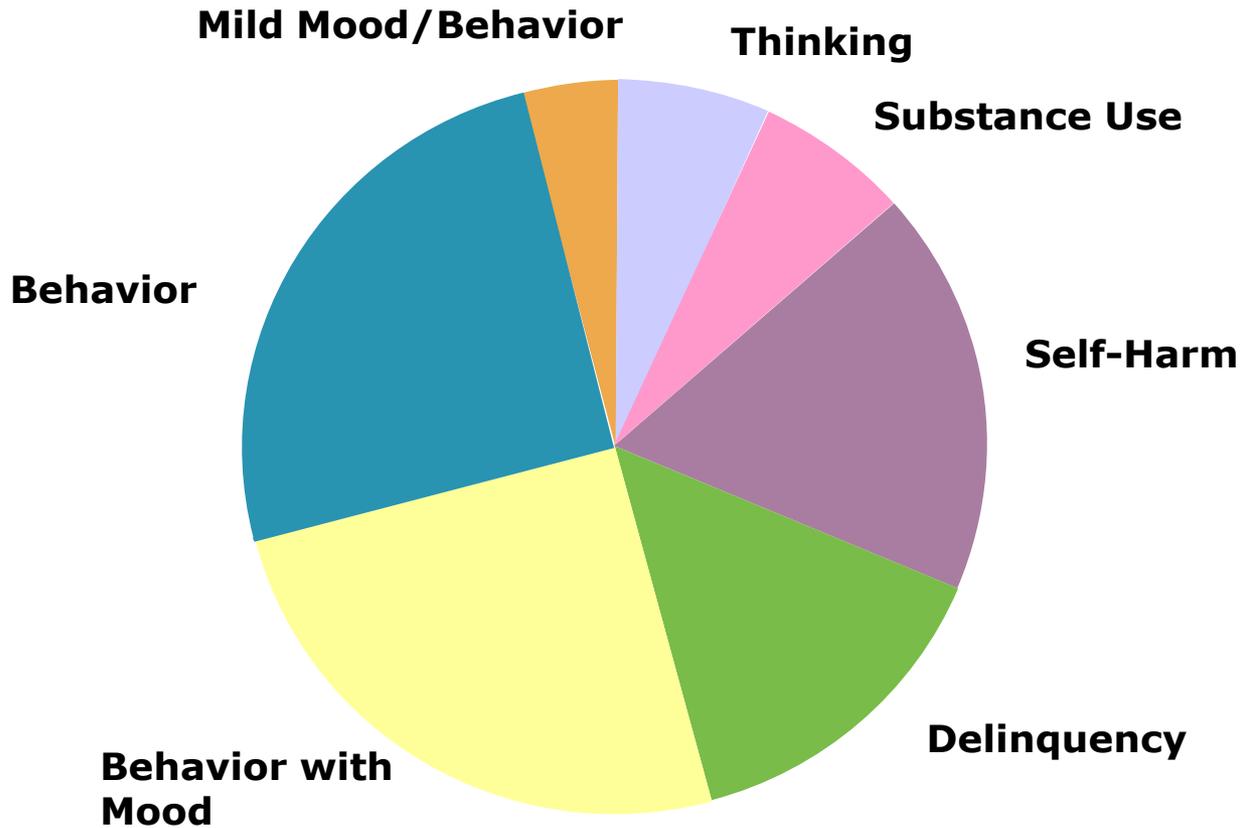
Aggregated Data to
Inform Policy and
Practice

Example of Aggregated Data

Youths Improved by 20 Points or More

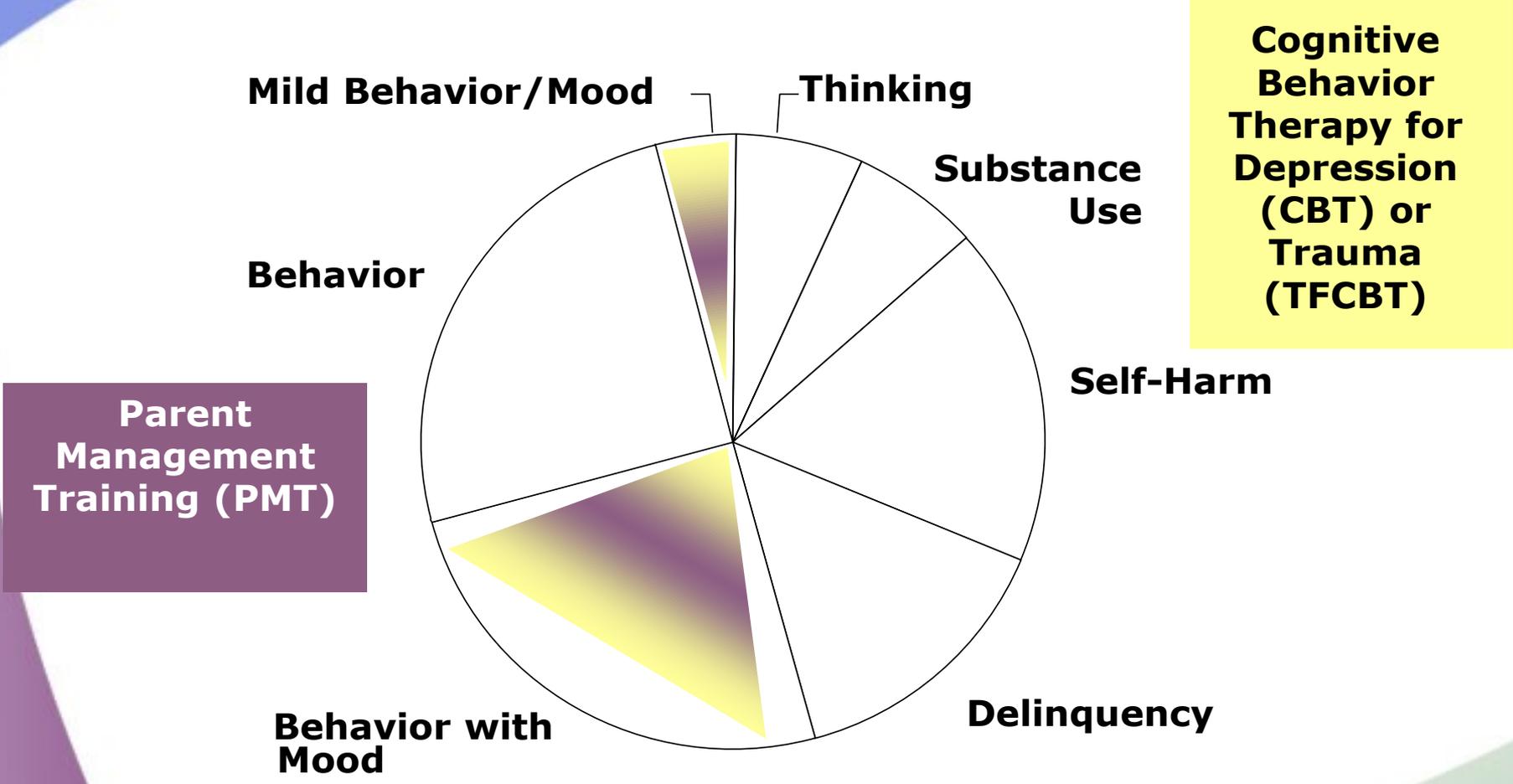


Who Do We Serve?



Percentage of Youths in Client Type

System Level Data: Which EBTs Could Help the Most Youths?



Providers Agreed on Dashboard Outcome Indicators



Outcome Indicators	Individual Data for Each	Aggregated Data for Agency/Program
Meaningful & Reliable Improvement (Total reduced by 20 points)		_____ %
No severe impairments at exit on CAFAS		_____ %
Not pervasively behaviorally impaired (across settings) at exit		_____ %

Leading Before and After Implementation of an Outcomes Management System

Before

Opinions
Anecdotal information
Strident Voices
Data
Often unavailable
No client-level data
No outcomes



Outcomes Management System (OMS)

After

Data
• **Always available**
• **Data on each client**
• **Outcomes**
• **Meaningful**
Opinions
• **Share with stakeholders**
• **Obtain input**
Results
• **Transparency**
• **Accountability**

CAFAS Link to FAS Outcomes For Pricing

**[http://www2.fasoutcomes.com/Content.aspx
?ContentID=12](http://www2.fasoutcomes.com/Content.aspx?ContentID=12)**